

WITCH PLANNERS & TOOLKIT

PLANNERS

JOURNALING PROMPTS

AFFIRMATIONS & MANTAS

MAGICKAL CHEAT SHEETS

MOON PHASE TRACKER

TAROT TRACKER

DREAM JOURNAL



PLANNERS



DAILY PLANNER

DATE))))(((
TODAY'S INTENTION	ENERGY CHECK IN
	ENERGI CHECK IN
TODAY'S WORD	_
TODAY'S AFFIRMATION:	
TOP THREE THINGS TO ACCOMPLISH TO	ODAY
PLAN FOR SELF-CARE	MAGICKAL PRIORITIES
THREE THINGS I AM THANKFUL FOR:	
MOVE TO TOMORROW	OTHER NOTES
	_

DAILY REFLECTION

IODAYSINIENTION	DATE
WHAT AM I GRATEFUL FOR	
TODAY'S TOP WINS	
WHAT WENT WELL	RANDOM ACT OF KINDNESS
ENERGY & EMOTIONAL CHECK IN	WHAT I WANT TO RELEASE

MORNING RITUAL PLANNER

DATE		
TODAYS INTENTION		
GROUNDING		
MOVEMENT		
MEDITATION		
BREATHWORK		
GRATITUDE		
JOURNALING		
SETTING INTENTIONS		
MORNING BEVERAGEE		
ENERGY CLEARING		
DIVINATION		
AFFIRMATIONS		
CONNECTING WITH SPIRIT		
NOTES		

WEEKLY REFLECTION

DATE	
WHAT AM I GRATEFUL FOR	
HOW AM I FEELING ABOUT TH	IS WEEK
WHAT WENT WELL	I NEED TO LET GO OF
I AM PROUD OF	I NEED TO DO MORE OF



PROMPTS



MORNING REFLECTIONS FOR THE PROFESSIONAL

Use these to start your day with clarity, alignment, and energetic intention.

What do I want to feel and embody today—and what intention can guide me chere? (Set your energetic tone before you start your workday.)		
What tasks or conversations today require my full presence, and how can I show up for them with intention?(Identify where your focus and energy are most needed.)		
Which element (Earth, Air, Fire, Water, Spirit) do I want to work with today, and why?(Choose an elemental ally to support your energy at work.)		
What affirmation will anchor and empower me throughout the day? Create or pull an affirmation and write how it supports you.)		

EVENING REFLECTIONS FOR THE PROFESSIONAL

These reflections help you decompress, release, and integrate the lessons of the day.

What part of my energy felt most activated today—was it productive, draining, or balanced?(Check in with your emotional and spiritual state after the workday.)		
Where did I honor my boundaries today—and where can I improve tomorrow? (Celebrate wins and gently acknowledge areas for growth.)		
_		
What is one thing I'm grateful for from my workday, and one thing I am ready to release? (Gratitude and release are the perfect closeout combo.)		
How did I express my magick today, and how did it support me? (Reflect on the subtle ways your energy, intention, or tools helped guide your day.)		

MORNING REFLECTIONS

Start your day with soulful alignment and inner magick:

What does my body, mind, or spirit need most today—and how can I honor that? (Tune into your whole self before the world begins to pull at you.)
What am I calling in today—energetically, emotionally, or spiritually? (Set a clear desire for your day rooted in personal growth or wellbeing.)
Which part of me is ready to shine today, and how can I give it space to lead? (Celebrate a facet of your identity—intuition, joy, creativity, etc.)
How can I connect with something sacred today, even in a small way? (Think nature, ritual, stillness, or creative expression.)

EVENING REFLECTIONS

Wind down with reflection, self-care, and spiritual release.

What did I learn about myself today-through feelings, choices, or

synchronicities? (Your day always has wisdom to offer.)
What emotions do I want to carry with me into rest—and which ones can I release into the night? (Create space for peace and intentional dreaming.)
Did I experience any signs, intuitive nudges, or magical moments today? What might they be telling me?(Honor your spiritual journey and deepen trust in your inner knowing.)
What part of me deserves extra care, love, or attention tonight—and how will I offer it? (End your day with compassion and nourishment.)



AFFIRMATIONS & MANTRAS



Words hold power—and when spoken with intention, they become magick. This section is filled with inspiring affirmations and empowering mantras to help you shift your mindset, align your energy, and anchor your day in purpose. Whether you're seeking clarity, confidence, balance, or peace, these phrases act as energetic anchors to support your spiritual and emotional well-being.

We've provided a variety of examples to get you started, but we encourage you to write your own—crafted from your truth, your goals, and your unique magick. The most powerful affirmations are the ones that feel personal and aligned with your soul.

Say them aloud in the morning, whisper them before a big moment, or repeat them silently during a breathwork pause.

Write them on sticky notes, affirmation cards, or mirror clings—place them where you need to see and feel them most: your desk, planner, bathroom mirror, or tucked inside your phone case. Let them become daily spells of empowerment woven into your everyday life.





CONFIDENCE & SELF-WORTH

I trust my abilities and express myself with ease.

I lead with grace, clarity, and conviction.

I radiate quiet confidence in all I do.

I am worthy of success, support, and abundance.

I own my power and step into it fully.

My mind is sharp, my heart is calm, and I am prepared

for the day ahead.

COMMUNICATION & PRESENCE

I speak with intention, clarity, and kindness.

My presence is magnetic and authentic.

I listen deeply and respond with confidence.

I am seen, heard, and respected in all spaces I enter.

My words carry wisdom, truth, and impact.

CLARITY & FOCUS

My mind is clear, calm, and creative.

I focus with ease and follow through with purpose.

I prioritize what matters and release the rest.

My thoughts are aligned with action and intention.

I welcome clarity and let it guide my work.



I am in alignment with my highest potential.

Success flows to me when I move with intention.

i manifest results through grounded action and inner

trust.

Each task I complete brings me closer to my vision.

My work supports my growth and purpose.

BALANCE & BOUNDARIES

I create space for rest, renewal, and reflection.

It is safe for me to set boundaries that protect my energy.

I honor my limits and trust my rhythms.

I balance ambition with presence and peace.

I am al	lowed to pause, breathe, and return to
Q/	center
5	
	WRITE YOUR OWN

X	
WRITE	YOUR OWN

- I am clear, focused, and ready to accomplish my goals.
- I am capable, strong, and ready to shine in all that I do.
- I trust in my skills, my intuition, and the universe to guide me.
 - I carry calm within me and radiate it into the world.
 - I am grounded, centered, and aligned with my highest good.
- I attract success, abundance, and joy into my life with ease.
- I am grateful for this day and the opportunities it brings.
 - I release what no longer serves me and welcome new possibilities.
- I align with the flow of the universe and trust the magic of this day.





Crystal Guide (Top 6 Crystals)

Known as the "Master Healer," Clear Quartz enhances clarity of thought and intention. It amplifies the energy of other crystals and helps align your mind and spirit for a productive day.

Clear Quartz: Clarity, Focus, Amplification.





Amethyst soothes stress and promotes calm, making it ideal for starting your day with a clear mind. Its intuitive energy can help guide decision-making and protect against negativity.

<u>Citrine</u>: Positivity, Abundance, Motivation.
Citrine brings uplifting energy, encouraging confidence
and creativity. It's perfect for manifesting success and
approaching the day with optimism and focus.





Black Tourmaline: Grounding, Protection.
This powerful grounding stone helps shield you from negative energy and keeps you centered. Use it in your morning routine to feel protected and rooted in your intentions.

Rose Quartz: Compassion, Self-Love, Harmony.
Rose Quartz radiates gentle, loving energy, fostering
kindness toward yourself and others. Start your day
by connecting with this crystal to encourage harmony
in relationships and within yourself.





nd within yourself.

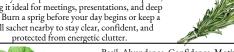
Fluorite: Focus, Clarity, Mental Balance.
Fluorite is a crystal of organization and calm, helping to

clear mental fog and enhance concentration. Its stabilizing energy supports decision-making and keeps you aligned with your goals. Keep Fluorite at your desk to stay focused and mentally balanced throughout your workday.

HERB GUIDE (TOP 6 HERBS)

Rosemary: Clarity, Memory, Protection. Rosemary is a staple for focus and mental sharpness,

making it ideal for meetings, presentations, and deep work. Burn a sprig before your day begins or keep a small sachet nearby to stay clear, confident, and





Basil: Abundance, Confidence, Motivation. Basil invites prosperity and personal powerperfect for manifesting success in your career. Keep a basil leaf in your wallet or near your computer to attract abundance and energize your productivity.

Peppermint: Energy, Communication, Fresh Thinking. Peppermint refreshes your mind and lifts your spirit, making it great for brainstorming sessions or quick midday resets. Inhale its scent or keep a peppermint oil roller at your desk for a burst of clarity and confident expression.





Lavender: Calm, Harmony, Stress Relief. Lavender soothes the nervous system and helps maintain balance in high-stress environments. Place dried lavender in a drawer or diffuser to encourage emotional stability, peaceful interactions, and calm focus throughout the day.

Cinnamon: Drive, Courage, Fast Action. Cinnamon carries fiery energy that boosts motivation and assertiveness. Sprinkle a pinch on your morning coffee or tea (with intention!) to light up your inner fire and power through your to-do list





Bay Leaf: Vision, Goal-Setting, Success. Bay is a powerful herb for intention and manifestation. Write a goal or affirmation on a bay leaf and keep it on your desk or in your planner as a subtle spell to stay aligned with your highest professional vision.

MOON PHASES & MEANINGS

Below are the different moon phases, its meaning, and how to embrace the energy in your spiritual practice

How to Embrace It Meaning

New Moon

New moons are about new beginnings, planting new seeds, and envisioning new possibilities



- Set intentions for the month. · Write or draw your dreams.
- · Meditate on what you want to manifest

Waxing Crescent

A phase for building momentum and taking the first steps toward your goals.



 Create a vision board. · Take small, meaningful actions toward your goals.

· Journal about your progress.

· Reevaluate your plans and

First Ouarter

A time to face obstacles. make decisions, and stay committed to your intentions



adjust as needed. Practice perseverance. Use affirmations to stay motivated

Waxing Gibbuous

A phase for fine-tuning your efforts and preparing for success.



- · Reflect on what's working and what isn't
- · Focus on aligning actions with your goals.
- · Practice gratitude for progress.
- Full Moon

A time of illumination, peak energy, and manifesting results



- · Celebrate your achievements.
- · Release what no longer serves
- · Perform gratitude and release

rituals.

MOON PHASES & MEANINGS

Below are the different moon phases, its meaning, and how to embrace the energy in your spiritual practice

How to Embrace It

· Prepare for the new lunar cycle

ahead.

Meaning

focusing on self-care.

	Waning Gibbous	
A phase for appreciating blessings, sharing wisdom, and giving back.		Practice acts of kindness. Reflect on lessons learned. Share your insights with others.
	Last Quarter	
A time to let go of what's no longer needed and prepare for rest and renewal.		Declutter your space or mind. Perform a forgiveness ritual. Focus on self-care and releasing stress.
	Waning Crescent	
	waning crescent	
A phase for deep rest, introspection, and surrendering to the flow of life.		Power down and practice self-care Integrate lessons learned during the previous lunar cycle Tie up any lingering loose ends.
	Crying Moon	
A time for release of any negative energy, people, situations, or emotions that do not serve us.		Let go of negativity Practice shadow work Release things you don't want
	Dark Moon	
Dark Moons are best for resting, relaxation, and		Rest and relax. Make plenty of time for self-care Prepare for the new lunar cycle.



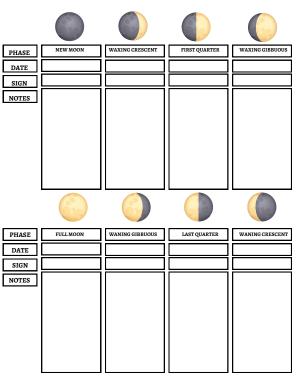
TRACKER



MOON CYCLE PLANNER

START DATE:	MONTH:
MONTHLY ENERGIES:	ASTROLOGICAL EVENTS
MOON CYCLE INTENTION:	_
	LANNING NOTES:

MOON CYCLE BRAINSTORMING



NEW MOON PLANNER

DATE:	SIGN:	
New moons are about new beginnings, planting new seeds, and envisioning new possibilities		
WHAT DO I WANT TO MANIFEST? A NEW PROJECT? A GOAL? A DESIRE?		
WRITE YOUR INTENTIO	N FOR THIS CYCLE. BE AS SPECIFIC AS POSSIBLE	
RITUAL OR ACTIVITY PLA	ANNER:	

WAXING MOON PLANNER

DATE:	SIGN:	
The waxing phase is a time to refine your goals and plans and take inspired action. toward your goals. It is about Growth & Action.		
WHAT ACTIONS ARE	YOUR TAKING TO MANIFEST YOUR INTENTIONS?	
WHAT MANTRA OR A	AFFIRMATIONS WILL KEEP YOU ON TRACK?	
ITUAL OR ACTIVITY	PLANNER:	

FULL MOON PLANNER

DATE:	SIGN:
	time of illumination, peak energy, and manifesting results.
Celebra	te yourself and what you've accomplished so far.
WHAT ARE YOU MANIF	ESTING RIGHT NOW
WHAT ACCOMPLISHM	ENTS HAVE YOU MADE? CELEBRATE ANY WINS AND PROGRESS.
ITUAL OR ACTIVITY PL	ANNED.
ITOALORACIIVIIIIFL	ANIMER:

WANING MOON PLANNER

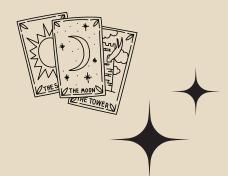
DATE:	SIGN:
The waning is a time for appreciating blessings, sharing wisdom, and practicing gratitude. It is a time to release control, cleanse your energy, and put faith in the Universe. Turn your attention inwards, reflect, and meditation.	
WHAT ARE YOU THAN	KFUL FOR RIGHT NOW?
WHAT HABITS OR PAT	TERNS DO YOU NEED TO RELEASE FROM YOUR LIFE?
RITUAL OR ACTIVITY P	LANNER:
l	

DARK MOON PLANNER

DATE:	SIGN:	
A phase for deep rest, introspection, and surrendering to the flow of life. Make plenty of time for self-care and prepare for the new lunar cycle ahead.		
WHAT DID YOU LEARN DURING	THIS LUNAR CYCLE?	
HOW WILL YOU PRACTICE SEL	F-CARE?	
RITUAL OR ACTIVITY PLANNER		



TAROT TRACKER



TAROT GUIDANCE FOR THIS MONTH

Month:	-	
Past		Future
	Present	
	Interpretation	

TAROT WORKSHEET

	DATE:
	DECK USED:
	CARD:
WHAT THIS CARD MEANS	
ELEMENT:	
PLANETARY ATTRIBUTE:	
DIVINATORY MEANING:	
REVERSED:	

TRIPLE TAROT DRAWS

DATE:	TIME:
DECK USED:	
NOTES:	
DATE: DECK USED:	TIME:
NOTES:	

TAROT JOURNAL

MTWTFSS	DATE
What cards did I draw?	My interpretations
What do they mean?	What actions do I need to take with this?

M T W T F S S DATE

What cards did I draw?	My interpretations
What do they mean?	What actions do I need to take with this?



Dream Journal

What happened? (Was it a n	ightmare or fantasy etc.)
SKETCH	My Emotions People In The Dream
	Quality of Sleep
My Interpretation	

Dream Journal

Date:	Dream Title:
Where Was Is:	With Who:
How I Feel In My Dream:	How I Feel Now:
Dream Symbols:	Interpretation:
Dre	am It

FOR MORE MAGICK



We hope you find joy, inspiration, and connection as you work through this magical workbook. It's designed to help you align with nature's rhythms, set powerful intentions, and infuse your daily life with meaning and enchantment. If you're looking to dive deeper into magickal practices, explore seasonal celebrations, or connect with more tools and guidance for intentional living, we invite you to visit our website. There, you'll find resources, curated products, and teachings to support your journey and help you embrace a truly magical lifestyle.

Learn more at www.modernmagickalfamily.com and let the magic unfold!

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