February

Noon Magick Workho

@ModernMagickalFamily

Moon Magick Workbook

Welcome to your Moon Ritual Workbook, a guide to connecting with the moon's energy and aligning your intentions with its natural cycles. This workbook is designed for families to use together, creating meaningful rituals and fostering connection with each other and the world around you.

This workbook is a tool for creating intentional, magical moments as a family. There's no right or wrong way to use it—what matters most is the time you spend together, the connections you build, and the joy of aligning with the moon's natural rhythm.



What's Included:

Understanding the Moons

February Moon Overview

Activities & Rituals (Family & Personal)

Working with the New Moon

Moon Phase Planner

2025 Moon Calendars



February Moon Pates Below are the different moons for February combined with their times.

astological signs and energies.

First Quarter	Date & Time	Astrological Sign	Energies
	Wednesday, February 5 3:02 AM EST	Taurus	Abundance & Prosperity Self-Care Earth Magick
Full Moon	Date & Time	Astrological Sign	Energies
	Wednesday, February 12 8:53 AM EST	Leo	Creative Expression Confidence & Leadership Celebration & Joy
Third Quarter	Date & Time	Astrological Sign	Energies
	Thursday, February 20 12:33 PM EST	Scorpio	Shadow Work & Transformation Protection & Banishing Emotional Healing
Dark Moon	Date & Time	Astrological Sign	Energies
	Thursday, February 27 7:45 PM EST	Aquarius	Innovation & Creativity Freedom & Rebellion Humanitarianism
New Moon	Date & Time	Astrological Sign	Energies
	Friday, February 28 7:45 PM EST	Pisces	Dream Work & Intuition Spiritual Connection Healing & Compassion

The Snow Moon

The February Full Moon, also known as the Snow Moon, graces the skies during the coldest part of winter. Its name reflects the heavy snowfall typically associated with this month, symbolizing, stillness, resilience, and renewal. This moon is a powerful time to reflect on the challenges you've weathered and to prepare for the upcoming, spring, a season of growth and renewal.

Key Themes of the Snow Moon:

- · Resilience: Embrace your inner strength to endure challenges.
 - · Clarity: Use the quiet energy of winter to gain insight and focus.
 - · Renewal: Release what no longer serves you and make space for growth.



For families, the Snow Moon offers a chance to come together and reflect on collective resilience and growth. It's a time to create meaningful moments through shared activities, fostering deeper connections. Families can use this period to set intentions as a unit, celebrate their strengths, and nurture each other's dreams for the future.

The Full Moon in Leo

The February Full Moon occurs in Leo, a sign of confidence, creativity, and passion. This fiery energy contrasts beautifully with the stillness of the Snow Moon, encouraging bold self-expression and vibrant action.

Key Energies of the Leo Moon:

- Creativity: Tap into your unique talents and express yourself authentically.
- Confidence: Step into your power and let your light shine.
- Courage: Release fear and embrace the courage to pursue your dreams.

Leo's energy invites you to balance self-expression with reflection, using the Snow Moon's stillness as a foundation for bold action.



For families, the Moon in Leo inspires togetherness through shared creativity and joy. It's an ideal time to celebrate each family member's unique strengths and talents. Encourage your loved ones to express themselves through art, storytelling or performance, fostering a sense of pride and confidence. This lunar energy also invites families to come together with boldness and warmth, strengthening bonds through collective activities and support.



The Snow Moon Family Activities

I. Snow Moon Storytelling

Gather as a family and share stories that highlight moments of resilience and growth. Encourage each member to reflect on challenges they've overcome and colebrate their strength.





2.Creative Expression Night Channel Loo's creative energy with a family art or craft session. Paint. draw. or create something symbolic of your intentions for the rest of the year.

Family Gratitude Circle
 Sit together under the moonlight (or by candlelight indoors) and share what each member is grateful for. Use this time to strengthen family bonds and express appreciation.





4. Moonlit Walk or Stargazing, Take a quiet walk or stargaze as a family. Use this time to connect with nature. reflect on the season, and set intentions for the coming months.

Family Kitual: Snow Moon in Leo

THEME: SHINING BRIGHT TOGETHER

The Snow Moon, occurring in February, invites reflection, renewal, and endurance. Paired with the fiery, bold energy of Leo, this is the perfect time for a family ritual focused on celebrating individuality, expressing, gratitude, and building confidence together. This ritual brings warmth, joy, and renewed confidence to your family while honoring the Snow Moon's reflective energy and Leo's boldness.



What You'll Need:

- · A cozy, warm space for the ritual.
 - A white or silver candle (symbolizing the Snow Moon) and a gold or yellow candle (symbolizing Leo energy).
 - A mirror (small enough for each family member to hold).
 - A list of affirmations or prompts to inspire confidence (see at the end for examples)
 - Paper snowflakes or plain paper and scissors to create them.



Family Ritual: Shiving Bright Together

I. Create the Sacred Space: Dim the lights to create a cozy, sacred atmosphere and gather in a circle.

- · Light the white candle, saying: We welcome the Snow Moon to bring us clarity and peace."
- · Light the gold/yellow candle, saying: We honor the Leo energy of





- 2. Individual Reflection with the Mirror:
 - · Pass the mirror around. Each family member looks into it and shares one quality they love about themselves. such as, 'I love my creativity,' or 'I am proud of my kindness."
 - · Encourage younger participants by helping them identify a positive trait.

3. Create Snowflake Affirmations:

- · Provide each family member with a pre-made snowflake (or guide them in cutting their own).
- · On each snowflake, write or draw an intention or affirmation that celebrates individuality, such as:
- · 1 will embrace my uniqueness, or 1 shine bright like the stars."
- · Once complete, share the affirmations aloud and display the snowflakes somewhere visible at home.



Family Ritual: Shining Bright Jogether

- 4. Family Gratitude Circle:
 - Go around the circle and share one thing you appreciate about each other.
 For example. 'Im grateful for the way you make me laugh,' or 'I admire your courage to try new things.'
 - Allow this to foster deeper connections and positive energy.





5. Close with a Roaring Release:

- As Leo's energy aligns with the lion, stand together and let out a collective 'roar' to release any fears or doubts holding you back.
- Blow out the candles together, saying: "We release what no longer serves us and embrace our inner light."
- End with a family dance party to a favorite song to embody Leo's playful energy. (Optional)

Example Affirmations for Confidence:

'I am brave, and I can try new things.'
I am proud of who I am and what I can do.'
I believe in myself, even when things are hard.'
I am unique, and the world needs my special gifts.'
I can make mistakes and still be awesome.'

I am kind, smart, and important.
I can do anything I put my mind to.
My ideas and feelings are important.





The Snow Moon Solitary Activities

1. Leo-Inspired Journaling

Write about what makes you unique and how you can share your gifts with the world. Reflect on your inner courage and how you can let it shine.





2. Candle Meditation
Light a gold or yellow candle to symbolize
Leo's energy. Meditate on your intentions
for self-expression and renewal, visualizing,
the flame igniting your inner power.

3. Snow Moon Release Ritual Write down habits, fears, or patterns you wish to release. Burn the paper under the Full Moon as a symbolic gesture of letting go.





4. Creative Project
Dedicate time to a solo creative activity,
such as writing, painting, or crafting, that
embodies your current goals or dreams.
Let your creativity flow freely.

Personal Ritual: Snow Moon in Leo

THEME: IGNITING YOUR INNER FLAME

The Snow Moon invites clarity and renewal, while the bold energy of Leo encourages self-expression, confidence, and embracing your inner light. This ritual will help you reflect on your personal growth, release self-doubt, and step into your authentic power. This ritual is a powerful way to connect with the Snow Moon and Leo energy, helping, you release limitations and embrace your most confident, authentic self.



Personal Ritual: Igniting Your Inner Flame

1. Create the Sacred Space:

- Choose a quiet, comfortable space where you won't be disturbed. Arrange your candles, journal, and crystals (if using).
- Light the white candle, saying: "I welcome the clarity and renewal of the Snow Moon."
- Light the gold/yellow candle, saying 'I honor the strength, confidence, and warmth of Leo's energy.





2. Mirror Reflection

- Sit comfortably and hold the mirror. Look into your own eyes and say three affirmations aloud, such as: I am worthy. I am strong and capable. I radiate confidence and love.
- Reflect on the qualities you admire about yourself and any ways you've grown recently.

3. Journal Your Thoughts:

- Write responses to the following prompts:
 - What makes me unique and special?
 - What fears or self-doubts am I ready to release?
 - How can I express my true self more fully in the world?



Personal Ritual: Igniting Your Inner Flame

4. Release Self-Doubt:

- On the small piece of paper, write down any doubts, fears, or habits that hold you back.
- Hold the paper near the gold candle and say: I release these doubts into the light. They no longer serve me.
- Safely burn the paper or tear it up. visualizing the energy of those doubts dissolving into the flame or into the air.





6. Close the Ritual:

- Thank the Snow Moon and Leo energy for their guidance, saying: Thank you for illuminating my path and strengthening my inner flame.
- Blow out the candles, imagining your intentions carried forward by their light.
- Meditate with your chosen crystals to amplify the energy of your intentions.

Set Your Intentions:

- Close your eyes, place your hands over your heart, and focus on the warmth of the Leo energy.
- Say your intentions aloud, such as:
 - I step into my power with courage and authenticity.
 - I shine my light for myself and others.
- Visualize yourself embodying your intentions with confidence and joy.





How to Work with the New Moon

The New Moon marks the beginning of the lunar cycle. Contrary to popular belief, it is actually when the moon is 1% luminated in the sky (not when it is completely dark). So the New Moon is actually a day after it is stated in any astrological calendars, almanacs, or moon phase apps.

Each New Moon falls under a particular astrological sign, which is the same one as the Sun's zodiac sign for that month. As the moon travels through the zodiac, there are different and unique energies that impact the Moon along with us humans. It's important to consider the sign that the moon falls in when planning rituals, spells, and other magickal workings. With each of these placements, it provides a direction and focus for us in planning the best way to harness that energy for our intentions and manifestations.



The energy of the New Moon is all about new beginnings, setting intentions, and planting the seeds for the future. When you are setting your intentions for the New Moon and the accompanying lunar cycle, it is important to be as specific as possible about the goals you wish to achieve or what you desire to accomplish. The more details that you include, the easier it will be for the universe to manifest that specific intention or desire.

Working with the New Moon

Write your intentions in a journal or planner: Find a quiet space and list your goals and desires. Reflect on how you want to grow and evolve during this lunar cycle.





Create a new moon vision board:
Gather images, quotes, and symbols that represent your intentions. Arrange them on a board to serve as a visual reminder of your goals. You can also use a digital vision board (like Canva) to create a digital vision board.

Carve a word or intention into a candle: Choose a candle that aligns with your purpose, such as white for clarity or green for abundance. Carefully carve your intention into the wax before lighting it.





Write your intention on a bay leaf:
Use a pen or marker to inscribe your
goal onto a bay leaf. Hold it in your
hands, visualize your intention
manifesting, and then burn the leaf as a
symbolic release.

New Moon Ritual: Setting Intentions

1. Create the Sacred Space:

- Choose a quiet, comfortable space where you won't be disturbed. Light some incense to create cleanse the space.
- Place a piece of paper and pen near you.





2. Ground & Center Yourself

- Sit comfortably and take a few deep breaths
 - Envision roots going from your feet into the ground to connect you with the earth.

3. Reflect on Your Desires

- Spend a few minutes thinking about what you want to manifest in the upcoming lunar cycle.
- What are your goals? What do you want to achieve? What changes do you want to make?





4. Write Down Your Intention(s)

- Write down your intentions on the piece of paper. Be as specific and clear as possible. The more details, the better
- You can write a single intention or multiple, depending on what you want

New Moon Ritual: Setting Intentions

5. Visualize Your Intention

- Hold the paper in your hands and close your eyes. Visualize your intentions coming to reality. See yourself achieving your goals. How do you feel?
- Allow this vision to fill you with positive energy...





6. Seal Your Intention

- Once you have the image in your mind, fold the paper towards you three times.
- You can either (I) Burn it (2) place it under your pillow (3) Place it on your altar

7. State Your Intention Our Loud

- Say an affirmation out loud to commit to your intention.
- 1 commit to this intention(s) and trust in the universe to manifest them





8. Close the Ritual

- Thank the Moon for Her guidance and support
- Extinguish the candle and envision your intentions becoming a reality
- Journal about the steps you will be taking to help manifest your intention.

Moon Phases & Meaning

Meaning

How to Embrace It

New Moon

New moons are about new beginnings, planting new seeds, and envisioning new possibilities



- · Set intentions for the month.
- Write or draw your dreams.
- Meditate on what you want to manifest.

Waxing Crescent

A phase for building momentum and taking the first steps toward your goals.



- Create a vision board.
- Take small, meaningful actions toward your goals.
- Journal about your progress.

First Quarter

A time to face obstacles, make decisions, and stay committed to your intentions.



- Reevaluate your plans and adjust as needed.
- Practice perseverance.
 Use affirmations to start
- Use affirmations to stay motivated.
- Waxing Gibbuous

A phase for fine-tuning your efforts and preparing for success.



- Reflect on what's working and what isn't.
- Focus on aligning actions with your goals.
- Practice gratitude for progress.
- Full Moon

A time of illumination, peak energy, and manifesting results.



- Celebrate your achievements.
- Release what no longer serves you.
 - Perform gratitude and release rituals

Moon Phases & Meaning

Meaning

How to Embrace It

Waning Gibbous

A phase for appreciating blessings, sharing wisdom, and giving back.



- · Practice acts of kindness.
- Reflect on lessons learned.
- Share your insights with others.

Last Ouarter

A time to let go of what's no longer needed and prepare for rest and renewal



- · Declutter your space or mind.
- · Perform a forgiveness ritual.
- · Focus on self-care and releasing stress

· Power down and practice self-

· Integrate lessons learned during

· Tie up any lingering loose ends.

the previous lunar cycle

Waning Crescent

A phase for deep rest. introspection, and surrendering to the flow of life.



Crvina Moon

A time for release of any negative energy, people, situations, or emotions that do not serve us.



- · Let go of negativity

care

- Practice shadow work
- Release things you don't want

Dark Moon

Dark Moons are best for resting, relaxation, and focusing on self-care.



- Dest and relay
- · Make plenty of time for self-care
- Prepare for the new lunar cycle ahead



New Moon Intentions



DATE:

SIGN:

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Write Your Intentions, Dreams, Wishes, Desires:

our Mantra:			

New Moon

Intentions

BIRAL



1/2 - 3 days after the dark moon.

ocus on your goals and manifestations for this unar cycle.

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What Do I Want to Manifest?	
What New Project Do I Want to Begin?	
What Seeds Am I Planning Right Now Towards My Bigger Goals?	



Waxing Phase	Uction Sign:
The waxing phase is a time to refine your goals and plans and take inspired action, toward your goals.	TY TO
DATE:	ℛ℩℔℮ℼ ℀≫℀℀
What Are My Next Steps? What Opportunities Are Speaking to Me?	
What Are My Intentions / Goals for These Next Steps?	
What Inspired Action Can I Take Towards My Goals?	

Full Moon Manifestation



15-18 days after the new moon.

he full moon is a time of illumination, peak energy, and manifesting results. Celebrate ourself and what you've accomplished so far

DATE:

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What Can I Celebrate Right Now?	
What Do I Want to Learn Into More or Right Now?	
What Am I Manifesting Right. Now?	

Waning Phase Release



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and practicing gratitude. It is a time to release control, cleanse your energy, and put faith in the Universe. Turn your attention inwards, reflect, and meditation.	& m <u>←</u> m		
DATE:	ℛℼᆂℼ ℊℴ℀		
What Am I Grateful For?			
What Habits No Longer Serve Me?			
What Do I Need To Release From my Life?			

Dark Moon Rest



15-18 days after the full moon.

	surrendering to the flow of life. Make plenty of time for self-care and prepare for the new lunar cycle ahead.	whene		
DATE:		ℋ℮ⅆ℧ ℀≫℀℀		
What Did I I	Learn During This Lunar Cycle?			
What Do I i	Need To Freshen Up In My Life?			
What Have I	Learned About Myself			
1				

Moon Manifesting Notes

NEW MOON FULL MOON WAXING CRESCENT WANING GIBBOUS FIRST QUARTER LAST QUARTER WAXING GIBBOUS WANING CRESCENT



Monthly Moons

Each month features a unique moon, often tied to seasonal themes and energies. These moons align with astrological signs as the moon moves through the zodiac, influencing how you connect with its power. The astrological sign the moon is in can enhance or shift its energy.

Month	Moon Name	Associated Energy	Astrological Sign Examples
January	Wolf Moon	Reflection, inner strength	Cancer, Leo
February	Snow Moon	Purity, renewal, endurance	Virgo, Libra
March	Worm Moon	Growth, transformation, new beginnings	Scorpio, Sagittarius
April	Pink Moon	Blooming, love, creativity	Capricorn, Aquarius
May	Flower Moon	Abundance, fertility, celebration	Pisces, Aries
June	Strawberry Moon	Gratitude, sweetness, fulfillment	Taurus, Gemini
July	Buck Moon	Strength, leadership, vitality	Cancer, Leo
August	Sturgeon Moon	Wisdom, intuition, perseverance	Virgo, Libra
September	Harvest Moon	Completion, gratitude, abundance	Scorpio, Sagittarius
October	Hunter's Moon	Preparation, focus, determination	Capricorn, Aquarius
November	Beaver Moon	Hard work, community, stability	Pisces, Aries
December	Cold Moon	Reflection, rest, spiritual depth	Taurus, Gemini

2025 Moon Phase Dates

January			February				
Frst Quarter fth Aries	Full Moon 13th Cancer	Last Quarter 19th Libra	Now Moon 29th Aquarius	First Quarter Seh Taurus	Ful Moon 12th Leo	Last Quarter 20th Scorpio	New Moon 27th Pisces
	Ma	rch		April			
First Quarter 6th Gemini	Full Moon 14th Virgo	Last Quarter 22nd Capricorn	Now Moon 29th Aries	First Quarter Sch Cancer	Full Moon 13th Libra	Last Quarter 2kh Aquarius	New Moon 27th Taurus
	M	ay		June			
Frst Quarter 4th Leo	Full Moon 12th Scorpio	Last Quarter 20th Aquarius	Now Moon 27th Gemini	First Quarter 3rd Virgo	Ful Moon hh Sagittarius	Last Quarter 18 h Pisces	Naw Moon 25th Cancer
	Ju	ıly			August		
First Quarter 2nd Libra	Full Moon 18th Capricorn	Last Quarter 19th Taurus	Now Moon 24 h Cancer	ke	9th 3	Quarter New Moo fith 23rd urus Virgo	First Quarter Bet Sagittarius
	Septe	ember		October			
Ful Moon 7th Pisces	Fast Quarter 9th Gemini	Now Moon 2ht Virgo	Last Quarter 29th Capricorn	Full Moon 7th Aries	First Quarter 13th Cancer	New Moon 2 lst Libra	Last Quarter 29th Aquarius
November			December				
Ful Moon 5th Taurus	Fast Quarter Sth Leo	Naw Moon 20th Scorpio	Last Quarter 29h Pisces	Full Moon 4th Germini	First Quarter IIth Vingo	New Moon 20th Sagittarius	Last Quarter 27th Pisces

2025 Astrological Dates

Planet Directs/Retrogrades

Mercury					
Direction	Date	Sign		Venus	;
Direct	Jan 01	Sagittarius	Direction	Date	Sign
Retrograde	Mar I5	Arios	Direct	Jen 01	Aquerius
Direct	Apr 7	Pisces	Retrograde	Mer 2	Aries
Retrograde	Jul IS	Leo	Direct	Apr 13	Pisces
Direct	Aug II	Leo			
Retrograde	Nov 09	Sagittarius			
Direct	Nov 29	Scorpio		Mars	
			Direction	Date	Sign

			Direction	Date	Sign	
Jupiter			Dtrect	Feb 24	Cancer	
Direction	Date	Sign				
Direct	Feb 4	Gemini				
		-		Saturn		

	**		Direct	Jen 01	Piscos	
Uranus			Retrograde	Jul 15	Aries	
Direction	Date	Sign	Dtrect	Nov 28	Pisces	
Direct	Jan 30	Taurus				

Retrograde Sep 6

				Reptune		
	Pluto	,	Direction	Date	Sign	
Direction	Date	Sign	Direct	Jen 01	Pisces	
Direct	Jan 01	Capricom	Retrogyade	Jul 04	Aries	
Rotrogrado	May 4	Aquerius	Direct	Dec 10	Pisces	
Dtreet	Oct H	Capricom				

Meteor Showers					
Quadrantids	03-Jan-2025				
Alpha Centauroids	08-Feb-2025				
Eta Virginias	14-Mar-2025				
Kappa Serpentis	05-Apr-2025				
Lyrids	22-Apr-2025				
Pi Puppis	23-Apr-2025				
Eta Aquariids	06-May-2025				
Eta Lyrids	09-May-2025				
Botiids	28-Jun-2025				
South. Delta Aquariids	30-Jul-2025				
Alpha Capricornids	30- Jul-2025				
South. Dolta Aquariids	04-Aug-2025				
Persads	t2-Aug-2025				
Kappa Cygnets	18-Aug-2025				
Alpha Aurigids	3l-Aug-2025				
Capricorn ds	03-Oct-2025				
Camolopardalis	06-Oct-2025				
Draconis	08-Oct-2025				
Orionids	21-Oct-2025				
Northern Taurids	06-Nov-2025				
Southern Taurids	06-Nov-2025				
Leonidas	17-Nov-2025				
Alpha Monocerotids	2l-Nov-2025				
Geminids	14-Dec-2025				
Ursids	22-Dec-2025				
Comae Berenicids	25-Dec-2025				

For More Magick



We hope you find joy, inspiration, and connection as you work through this magical workbook. It's designed to help you align with nature's rhythms, set powerful intentions, and infuse your daily life with meaning and enchantment. If you're looking to dive deeper into magickal practices, explore seasonal celebrations, or connect with more tools and guidance for intentional living, we invite you to visit our website. There, you'll find resources, curated products, and teachings to support your journey and help you embrace a truly magical lifestyle.

Learn more at www.modernmagickalfamily.com and let the magic unfold!