



COURSE CATALOGUE

NGO/Humanitarian Organization Training

Chapters

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**Reality Based
Training**

**Experienced
Instructors**

**Adaptive Training
for Adaptive
Threats**

Custom Courses

**Realistic Training
Aids and
Equipment**

**SPECIALIZED THREAT
AWARENESS TRAINING
(STAT) INC.**

Ottawa, ON

www.statsurvivability.com

Introduction

Thank you for considering Specialized Threat Awareness Training (STAT) Inc. as an option to meet your training requirements. This catalogue is designed to give a broad overview of the courses we offer, with more details available upon request.

Why should I take one of these courses?

Working in high threat or unstable environments can present unique challenges, in the form of hazards to personal and organizational security. This ranges from criminal acts, such as robbery, kidnapping and assault – through to small arms attacks and explosive threats by more organized armed individuals.

Recognition and avoidance of threats are at the core of our training philosophy. Despite this, there is still the potential for life-threatening critical stress situations to develop.

The worst part of a life-threatening critical stress situation, is not knowing what to do. In these hazardous situations, denial often leads to fear, followed quickly by a state of helplessness.

What makes our courses different?

The majority of our instructors have extensive military and/or law enforcement experience, with time spent working in several hostile environments. Beyond this, they have all spent time teaching related subjects at a national level.

Our courses involve class time in addition to a significant amount of hands on practical exercises. The training is progressive, starting with class-based hands on - and culminating in dynamic training scenarios.

These training scenarios allow participants to experience elevated levels of stress, while employing skills that they have learned throughout the course. By experiencing elevated levels of stress in a dynamic training setting, participants are able to more effectively mitigate stress in the future.

We follow scientifically proven stress exposure training (SET) protocols, to ensure that our training is as relevant and firmly rooted in reality as possible.

We want to provide you with the best training experience possible, where you emerge with a diverse and highly applicable skill set.

“We do not rise to the level of our expectations. We fall to the level of our training.”

- Archilochus

Hostile Environment Awareness Training (HEAT) Level 1

2 Day Duration – Classroom

HEAT Level 1 is designed for anyone who may be exposed to criminal acts, weapon threats and/or explosive hazards in the course of their travels in high risk countries. It is an abbreviated Hostile Environment Awareness Training (HEAT) Course, focusing on the primary threats to safety which exist worldwide.

This course is perfect for those who have taken other HET/HEAT courses in the past, as a refresher. It is similarly beneficial for those who do not need a 5 day training course, or simply those who are looking for current threat awareness information.

COURSE OBJECTIVES

By the end of this course, participants will be able to:

- Understand security risks during travel and/or residence in high risk countries, and how to employ risk mitigation strategies in high threat environments.
- Understand basic anti-surveillance tactics.
- Identify small arms threats, and general capabilities.
- Differentiate between firearm myths and realities.
- Understand the survival strategy framework, in an active shooter situation.
- Recognize landmine and Unexploded Ordnance (UXO) threats.
- Recognize Improvised Explosive Device (IED) threats, and common tactics employed by attackers.

The course content can be adjusted as required to meet the specific training needs of humanitarian organizations, as well as private companies and journalists. It can also be tailored to the unique security considerations in specific countries.

Hostile Environment Awareness Training (HEAT) Level 2

5 Day Duration – Classroom/Field Work

HEAT Level 2 is designed for anyone who may be exposed to criminal acts, weapon threats and/or explosive hazards in the course of their travels in high risk countries.

This course includes the content of HEAT Level 1, building on it with three additional days of training events and scenarios. This course is ideal for individuals who plan on travelling to high risk countries.

This is a more advanced course than HEAT Level 1, and is recommended for those who are planning on spending an extended period of time in a high threat environment.

The first three days of training are carried out in Ottawa, in a classroom setting. The last two are conducted at a rural site, where the majority of the practical/scenario training will occur. This includes camping overnight, in an austere environment.

Training Day 1

- Security concepts and overview
- Security strategy framework
- Stress management skills
- Acceptance as a security measure
- Cultural awareness
- Gender based violence
- Travel security
- Residential security considerations
- Field communications/navigation
- Go bag planning/packing



Specialized Threat Awareness Training

Training Day 2

- Understand basic anti-surveillance tactics
- Identify small arms threats, and general capabilities
- Differentiate between firearm myths and realities
- Understand the survival strategy framework, in an active shooter situation
- Recognize landmine and Unexploded Ordnance (UXO) threats
- Recognize Improvised Explosive Device (IED) threats, and common tactics employed by attackers
- Understand likely Chemical, Biological, Radiological, and Nuclear threats, as well as mitigation strategies

Training Day 3

Combat Trauma Management

- How to treat casualties in high threat environments, while staying safe
- The difference between the primary cause of trauma in a peaceful environment vs. a combat environment
- Proven methods to treat preventable causes of death in combat trauma casualties
- Mass Casualty Incident (MCI) response framework
- Practical exercises and demonstrations to reinforce the learning, and to introduce unfamiliar medical techniques

Training Day 4

Hostage Survival Training

- How to decrease individual vulnerability
- Techniques to survive captivity before, during, and after
- Restraint defeat techniques, to enable escape and evasion
- Escape and evasion
- How to react during a rescue

Training Day 5

- Scenarios designed to prepare participants for operations in high threat environments.
- These training scenarios involve role players, who provide participants with realistic interactions across a broad variety of situations.
- These scenarios can involve the use of blank firing firearms, as well as IED simulators and pyrotechnics. The use of these training aids is only carried out by highly skilled professionals.



Explosive Threat Specialist

5 Day Duration – Classroom/Field Work

Explosive Threat Specialist is an advanced course for members of NGO's or humanitarian organizations. This course is designed to provide a sound understanding of explosives theory and explosive threats.

This course is perfect for individuals who want to gain a greater understanding of explosive threats/hazards, and includes instructor development training in emergency minefield extrication.

Training Day 1

- Course Introduction
- Worldwide explosive threat briefing
- Understand explosives theory
- Understand explosive hazards

Training Day 2

Landmines and Unexploded Ordnance (UXO)/Explosive Remnants of War (ERW)

- History of landmines and ordnance
- Identify common landmines by type
- Recognize likely minefield locations
- Understand common minefield types and layout
- Recognize official and unofficial minefield markings
- Recognize common UXO/ERW by type
- Understand safety and evacuation distances



Specialized Threat Awareness Training

Training Day 3

Improvised Explosive Devices

- Improvised Explosive Devices (IED's)
- History of IED's
- Identify IED components
- Recognize likely IED attack locations
- Recognize potential homemade explosive (HME) labs
- Understand IED risk mitigation strategies

Training Day 4

- Emergency minefield extrication techniques
- IED Search techniques
- High risk search techniques
- Scenario work

Training Day 5

Instructor Development Training (IDT) / Scenarios

- Understand how to teach emergency minefield extrication techniques
- Scenario training related to IED recognition and high risk search

