## Thank you for your purchase of Granny J's oils and salve.

I provide you with the best I know in this unregulated industry and appreciate your trust and confidence. Being a retired office nurse, aesthetician and "mad scientist", I've created skin care lotions/salves/creams for the past 20+years. The CBD products are a step-up in that direction, but I had some real studying to do before I got them right.

Here's the backstory: In November, 2017, I tore the meniscus in my knee and the surgeon's recommendation was 800mg Ibuprofen 3 times daily for the inflammation and pain. I was 73 years old...no way was I going to assault my liver, kidneys and bones with that regimen. So I asked a friend for some full spectrum salve (with THC)..it worked great but I did not like the effect of being "high", so **Granny J's** products were born. With use of the fully legal salve and oil, I avoided surgery on my knee and also felt better than ever!

It's important to note that all oils are not alike! Granny's is mixed at 1000mg (a full gram) per ounce (**high content of CBD**) and comes in two sizes. I also have salve, massage oil, pet drops, magnesium spray and headache balm. Needless to say, I'm always thinking of new products to make your life better and healthier.

I sterilize my jars and bottles even though they are new, and I utilize my knowledge of surgical procedures in the mixing.

The oil is normally used by the drop under the tongue, so it goes directly into the bloodstream, 4-6 drops twice daily is sufficient for most but if you are a larger person or have serious issues, more can be added slowly. Do not take with other meds, wait at least two hours before or after ingesting them. It can take a while to balance out your own body's needs, so please take the entire bottle on a regular basis before you judge the effect on your health. You may feel slightly sleepy at first, but that will pass. The oil can also be used as a facial/hair oil, for localized pain, bruising and on wounds, psoriasis, etc.

Don't forget your pets, especially older cats and dogs who may be experiencing joint pain. The drops are simply put into their water bowl and will aid in pain, indigestion, aggression, brain function and a new shiny coat.

The salve is not just for pain; I have had reports of it helping acne, and most **all skin conditions.** I use it in every skin care treatment I perform, especially with chemical peels. It calms and stops the healing itch that sometimes happens.

As you can see, I am a firm believer in CBD. In the near future, you will be able to obtain products across the counter that will be regulated and tested for purity, but for right now you have my word that Granny J's is the best and purest I can make. I hope, pray and count on my products to give you a healthier life!

Join me in my Facebook group: **Granny J's CBD** or my website **GrannyjsCBD.com** and Instagram **Grannyjs44** for additional information and tips on usage! Granny's accepts Zelle(623 297-8822), Venmo (@Jane-Stapp), Facebook pay, cash, personal checks, and most credit cards.

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