

Harvest Moon CSA 2023

General Information

What is a CSA?

Community Supported Agriculture (CSA) programs provide consumers the opportunity to purchase fresh, local produce by providing the means to develop direct relationships with local farmers. CSAs are mutually beneficial for both parties. By paying in advance of the growing season, CSA programs support farmers by providing much-needed funds to cover the up-front costs associated with raising food. Consumers benefit by receiving a weeklybox of the freshest crops possible; produce is harvested at its peak, resulting in a diverse offering of food unparalleled in freshness and nutrition. Many consumers enjoy the surprise of new and never-before tasted foods, since it is not uncommon to receive fruits and vegetables one may never have cooked or encountered before, so joining a CSA requires a bit of adventure and creativity!

Benefits for you, benefits for the Farm!

By becoming a member of the Harvest Moon CSA, you are choosing nutritious, high-quality food for you and your family. As part of our CSA, you will not only receive a weekly box of fresh, local produce, you will directly support the efforts of our farm and other local farms. Here at Harvest Moon we survey our fields on a regular basis, and hand select *the best* of what's ready to put in your box. Our crops are harvested the same day or only one day before pick up, which guarantees the freshest possible produce. Our farm manager also partners with other local farms to secure their freshest produce harvests to supplement our offerings.

What will I receive each week?

As a Harvest Moon CSA member, you will receive a weekly bounty of farm fresh produce July through October. The offerings will vary week to week, depending upon availability, so some crops will be offered more frequently than others. We send a weekly email to members listing the probable contents of the share.



What's in a Harvest Moon CSA box?

Below is chart highlighting examples of fruits and vegetables you can expect to see in your share each month. For reference, a half bushel box will contain approximately seven to nine items weekly. We may occasionally include a carton of our farm fresh eggs or even fresh pressed cider in your share, based on season and availability.

July	August	September	October
Basil	Basil	Acorn Squash	Acorn Squash
Beets	Beets	Apple Cider	Apple Cider
Bok Choy	Carrots	Apples	Apples
Carrots	Celery	Beets	Beets
Celery	Corn	Broccoli	Bok Choy
Cucumbers	Cucumbers	Carnival Squash	Broccoli
Eggplant	Eggplant	Cauliflower	Carnival Squash
Garlic	Garlic	Corn	Cauliflower
Kale	Lettuce	Delicata Squash	Corn
Lettuce	Melons	Eggplant	Delicata Squash
Peppers	Nectarines	Garlic	Garlic
Radishes	Onions	Kale	Kale
Spinach	Peaches	Lettuce	Lettuce
Spring Onions	Peppers	Onions	Onions
String Beans	String Beans	Pears	Potatoes
Swiss Chard	Tomatoes	Peppers	Spaghetti Squash
Turnips	Turnips	Potatoes	Spinach
Zucchini	Zucchini	Spaghetti Squash	Swiss Chard
		Tomatoes	Tomatoes



Example of items in an early July, half share box: carrots, lettuce, spinach, bok choy, kale, radishes, garlic, eggs.

*Early season boxes contain more greens and as the season progresses, members can expect an increase in variety.



Harvest Moon 2023 CSA Add-On Shares

Flower Share

We are so pleased to be able to offer our members a *truly local* farm share, sourced from Wild Iris Flower Farm, a boutique flower farm based right here in North Salem, New York! Growers of specialty heirloom and seasonal cut flowers, the Wild Iris Flower Farm add-on includes a gorgeous bouquet crafted with an assortment of seasonal, locally-grown and hard to find flower varieties with your weekly share. All of their flowers are organically grown and harvested from their hand-tended fields, and we are delighted to offer these high-quality blooms to our CSA members! Christine Covino, owner and farmer-florist, also offers additional seasonal bouquet subscriptions, on-farm learning workshops and unique event work through her business. Visit her website to learn more about how you can subscribe for these exciting events: <u>www.wildirisflowertruck.com</u>.

Milk Share

Ronnybrook Dairy Farm provides Harvest Moon with fresh, weekly milk deliveries and we are pleased to offer a milk share program to go along with our CSA. Located in Ancramdale, New York, Ronnybrook Dairy boasts cows that are grass fed and hormone free, resulting in a very high-quality milk. Their milk is non-homogenized and is pasteurized at the lowest temperature allowed (170°), keeping it safe but at the same time, preventing over-processing.

Cheese Share

Our cheese share features cheeses that all hail from New York's Hudson Valley. Every week, members will receive a different type of cheese from one of several NYS farms, all offering a delicious assortment of soft, medium, and hard cheese textures, and crafted from cow, goat and sheep's milk. Cheeses are individually packaged and range from 4 to 8 ounces per package. Members can expect to receive one package per week.

Bread Share

Added in 2021, our fresh bread share has proven to be a success and will be available again this year! This share is offered to you via Bread Alone Bakery, a family-owned, values-driven organic bakery based upstate in Lake Katrine, New York. Bread Alone has been baking organic bread since 1983 and we're so pleased to be able to offer their delicious bread to our valued CSA members each week.



Harvest Moon 2023 CSA Add-On Shares (continued)

Beef/Turkey Share

We raise Red Devon cattle and Broad-breasted Bronze turkeys on our sister farm, located 60 miles upstate from Harvest Moon in Hillsdale, New York. Our cattle and turkeys are raised entirely outdoors and roam freely across 1000 acres of open pasture. Eating grass all their lives, our animals have access to a rich and bio-diverse diet that builds stronger, healthier, stress-free animals with superior immune systems. The result? Meat of unparalleled quality, taste and nutritional value. We are offering one pound packages of ground beef or turkey for the 13 and 18 week shares. Important note, due to spring harvesting schedules, we may find it necessary at the beginning of the season to substitute our beef with meat sourced from neighboring Hudson Valley farms that employ the same growing/pasturing/grazing practices that we do on our farm. If you would like to learn more about possible beef substitutes, please feel free to reach out to our CSA Manager, Farmer Todd Stevens at <u>harvestmooncsa@gmail.com</u>.

New York State Craft Beer Share

A recent and exciting addition is our New York State Craft Beer Share! We are so excited to offer this program to our CSA members a second year. Each week, members will receive a four pack of 16oz cans of craft beer from a growing number of excellent, small operation breweries located throughout New York and the Hudson Valley Region. Some examples are Dutchess Ales of Wassaic, Barrier Brewing Co. of Oceanside, Common Roots Brewing Co. of South Glens Falls, Interboro Spirits & Ales of Brooklyn and Sloop Brewery of Fishkill to name a notable few.



Harvest Moon CSA 2023 Application First CSA Pick Up Thursday, June 29, 2023

Please complete this form and drop off in person at our store. Please have payment ready at time of application drop-off (cash or credit card **ONLY**). If you have any questions, feel free to call us at (914) 485-1210, or email us at <u>harvestmooncsa@gmail.com</u>.

First Name:	Last Name:
Address:	
City:	State:
Zip Code:	
Home Phone:	Cell Phone:
Primary Email:	
Secondary Email:	

Check here if you were a member of our 2022 CSA



Harvest Moon CSA 2023 Application (Continued) **CSA** Agreement

_____would like to participate in the Harvest Moon Farm and Ι Orchard CSA program for the 2023 season. I understand there are both risks and rewards for each season: weather and factors beyond Harvest Moon Farm and Orchard's control may result in lighter harvests than previous harvests as well as the shortage or absence of some of the crops listed. I understand that after the first share pickup, my share is non-refundable. Completing this application does not guarantee membership, shares are given on a first-come, first-served basis.

Signature: Date:

Here at Harvest Moon, we use organic practices for vegetables grown on our Farm whenever possible, along with ecologically and environmentally conscious techniques for maintaining our fruit crops.

Seasonal Produce Shares: (Check one)

A half bushel box/share feeds a family of four, where a full bushel box/share feeds a family of 6+. It also depends on your love and use for produce!

13 Week Season June 29 – Sept 21 – Half Bushel Box \$384.00

13 Week Season June 29 – Sept 21 – Full Bushel Box \$683.00

18 Week Season June 29 – Oct 26 – Half Bushel Box \$525.00

18 Week Season June 29 – Oct 26 – Full Bushel Box \$945.00



Add-On Shares

Milk Share (Please circle type and indicate amount of share desired)

13 Week Season June 29 – Sept 21	18 Week Season June 29 – Oct 26	
One (1) quart* Whole/Low Fat - \$39.00	One (1) quart* Whole/Low Fat - \$54.00	
One (1) quart* Chocolate - \$52.00	One (1) quart* Chocolate - \$72.00	
REFUNDABLE bottle deposit \$26.00	REFUNDABLE bottle deposit \$36.00	
One (1) ½ gal Whole/Low Fat - \$59.00	One (1) ½ gal Whole/Low Fat - \$81.00	
One (1) ½ gal Chocolate - \$72.00	One (1) ½ gal Chocolate - \$99.00	

*The quart bottle deposit will be charged at signup. We will refund \$2 for each QUART bottle returned.

Cheese Share

13 or 18 Week (see dates above)

- ____13 Week \$170.00 (1 pkg cheese/wk)
- _____18 Week \$225.00 (1 pkg cheese/wk)

HM Farm-Raised Meat Share

13 or 18 Week (see dates above)

- ____13 Week \$100.00 (1 pkg ground/wk)
- _____18 Week \$135.00 (11b. pkg ground/wk)

NYS Craft Beer Share

13 or 18 Week (see dates above)

- ____13 Week \$210.00 (4 pack/wk)
- ____18 Week \$275.00 (4 pack/wk)

Flower Share 5 or 10 Week Seasonal Blooms _____Summer Blooms \$160.00 (July 6 – Aug 3) ____Fall Blooms \$160.00 (Aug 24 – Sept 21)

Bread Share (sliced only)

13 or 18 Week (see dates above)

Sourdough _____13wk \$84.50____18wk \$117.00

Whole Wheat Sourdough _____13Wk \$84.50____18wk \$117.00

Grand Total: \$_____

WE THANK YOU FOR YOUR SUPPORT!



Harvest Moon CSA Policies & Procedures

(Please initial each item)

_____ Picking up Your Share

Pick up day is every Thursday 9:00 am - 5:00 pm

Members agree to pick up their box each week at our Farm Store within the pickup time window. We guarantee freshness of boxes only during the pickup time. We are not responsible for freshness of boxes picked up after Thursday. The longest we will hold your box is until Saturday (3 days). After Saturday, freshness is compromised and your box will be donated.

____ Vacation/Absence Policy

If you are not available to pick up your CSA box for one reason or another, you can choose to have a friend, neighbor or family member come to the store to pick up your box in your place. If your share is not picked up by Saturday, your box will be donated.

_____ Substitution Policy

We strive to provide you with both versatility and staple items each week. Please note, we do not make any substitutions and apologize for any inconvenience.

____ Allergy Information

Please mark on your application and call to speak to the manager if you have a severe allergy concern. We will note your allergy and exclude the item from your box. There will be no substitutions.

Milk Share Information

Due to the nature of the way milk is received at our farm, if a minimum quantity is not reached for your specific type of milk to fulfill an order, you will be asked to change to a different type of milk or be refunded the total amount for your milk share if you wish.