ACAI BOWL

16 oz \$12

V, GF

TOPPED WITH YOUR CHOICE

HONEY
BANANA
STRAWBERRIES
BLUEBERRIES
*GRANOLA
COCONUT
CANDIED PECANS
SLICED ALMONDS
WALNUTS
CHIA SEEDS
NUTELLA
ALMOND BUTTER

* ALMONDS, PECANS, WALNUTS, STEEL CUT OATS, BROWN SUGAR, CINNAMON, COCONUT OIL, CRANBERRIES, VANILLA EXTRACT.

BREAKFAST

BREAKFAST SANDWICH.....\$7

Two pasture-raised eggs, cheddar cheese, choice of bacon, ham or sausage on brioche

GARDEN OMELETTE VG......\$10

Three pasture-raised eggs, seasonal veggies, side of roasted potatoes *Add ons \$2 extra

PANCAKES VGO......\$10

Two pancakes serves with Pure N.Y. Maple Syrup, choice of bacon, sausage or fruit

AVOCADO TOAST V.....\$12

House-made guacamole, sprouts, everything bagel seasoning on toasted sourdough
*Add two eggs, egg salad or chicken salad \$2

SALAD

Seasonal greens, panko-fried chicken breast, tomato, red onion, kalamata olives, buffalo sauce and ranch dressing

PEAR/PECAN SALAD VG.....\$12

Seasonal greens, pear, dried cherries, goat cheese, candied pecans, balsamic vinaigrette

LUNCH

Our own grass-fed beef, cheddar, special sauce, pickle, lettuce, tomato, onion on brioche

Panko fried chicken breast, Asian slaw, pickles, sweet Thai chili sauce on brioche

BUFFALO CHICKEN WRAP......\$15

Crispy chicken strips, lettuce, tomato, red onion, buffalo sauce, ranch dressing

Panko-fried chicken breast, fresh mozzarella, roasted peppers, balsamic vinaigrette on ciabatta (option to sub. grilled chicken)

PULLED PORK......\$18

Pulled pork, BBQ sauce, American cheese, house-made coleslaw on brioche

SALEM CHEESESTEAK......\$16

Our own grass-fed steak, cheddar, local mushrooms, onions on sourdough

GRILLED GRUYERE VG......\$14

Melted gruyere cheese, slice granny smith apple, onion, hot pepper chutney on grilled sourdough

Grilled zucchini, eggplant, roasted peppers, pesto mayo, melted mozzarella on sourdough

Hummus, cucumber, tomato, onion, sprouts on toasted sourdough

SOUP OF THE DAY.....\$7

Made from scratch with farm-raised ingredients whenever possible *Inquire for flavors

ALL LUNCH ITEMS ARE SERVED WITH A SIDE

French fries, sweet potato wedges, salad or roasted potatoes

