

Spiritual Care Circle Overview

Week One - May 13, 2020

Welcome!

Introduction to Circle Process and how we will do it in a virtual circle

Nuts & Bolts

Topic: Identity

Week Two - May 20, 2020

Topic: Tradition

Spiritual Practice

Week Three - May 27, 2020

Topic: The Art of Wabi Sabi - Perfect Imperfections and Spiritual Resilience

Week Four - June 3, 2020

Topic: Spiritual RX

Week Five - June 10, 2020

Topic: Self Care/Soul Care

Week Six June 17, 2020

Topic: Ritual as Healing

Week Seven - June 24, 2020

Topic: Who am I? Closing