

## **Class Leader Virtual Training**

Become a licensed class leader and help caregivers focus on their own self-care. This five-day training (three (3) hours per day) prepares individuals to successfully teach the six-week Powerful Tools for Caregivers class series. To participate in the virtual training, participants must have their own computer with webcam, microphone, internet access, and MS PowerPoint.

Dates / Times: May 6 - 10, 2024 / 1:00 PM - 4:00 PM EST

Registration: <u>CLT@myattprofessionalservices.com</u>

Deadline to Apply: April 5, 2024

Contact: P. Renee Myatt

919-812-4483

## Help caregivers:

- Reduce stress
- · Improve self-confidence
- · Balance their life
- Better communicate their feelings
- Make tough decisions
- Locate helpful resources



"It never ceases to amaze me how transforming this course is—the dramatic change in the demeanor of the participants from the first to the sixth class." —PTC Class Leader

## **Training program includes:**

- Scripted curriculum, video, and audio resources
- The Caregiver Helpbook
- Class Leader license fee
- Networking connections with other Class Leaders
- Intensive and interactive training provided by a team of PTC trainers

## Please share with your network.

Myatt Professional Services (MPS) programs are available to all without regard to race, color, age, religion, national origin, sexual orientation, gender identity, genetic information, sex, marital status, disability, or status as a U.S. veteran.