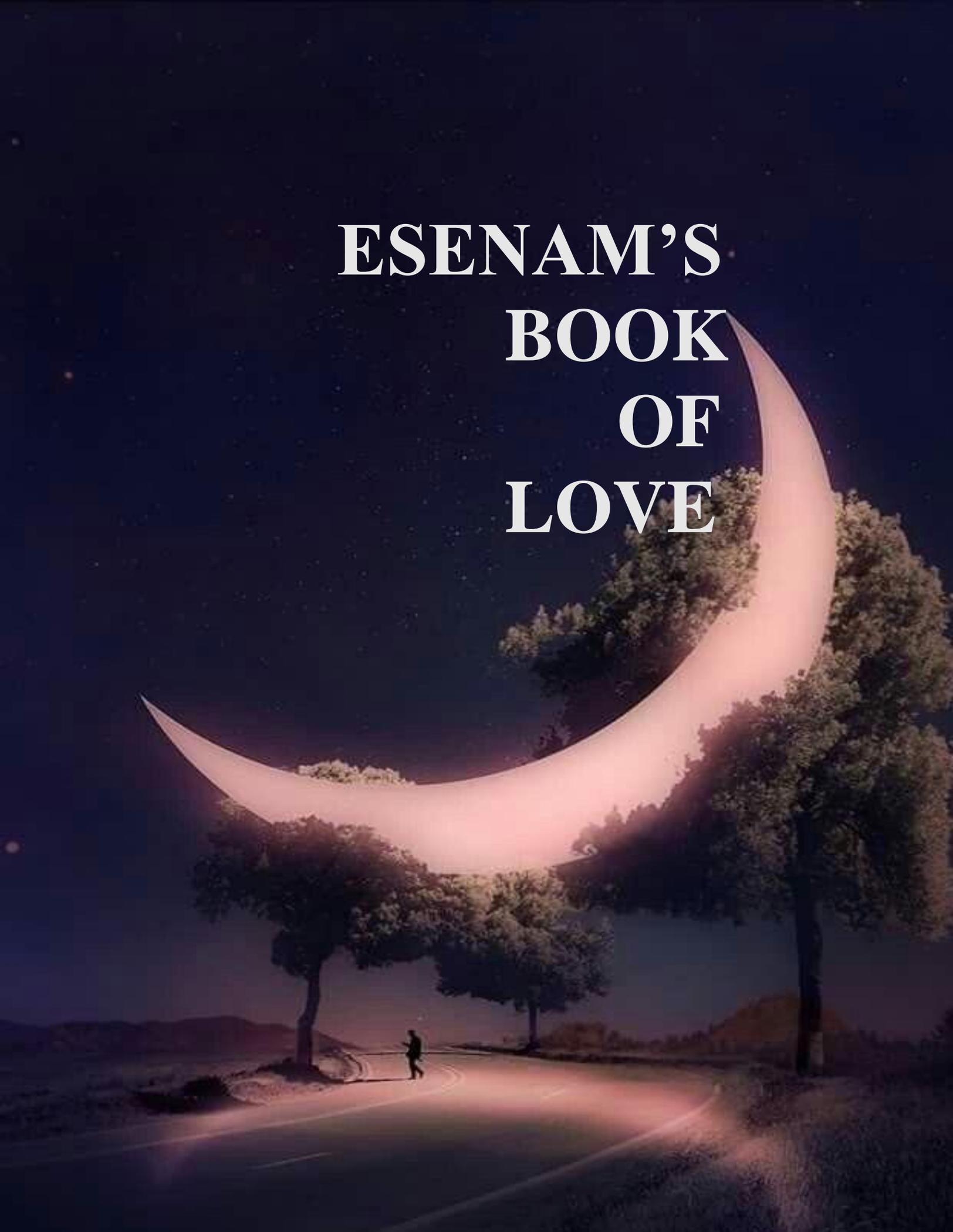


**ESENAM'S
BOOK
OF
LOVE**



ESENAM'S BOOK OF LOVE



Compiled by,

Volunteers for Amelioration of Rural Areas
(VARAS) Community.

Foreword

Volunteers for Amelioration of Rural Areas (VARAS) is a registered nonprofit charity volunteer organization in Ghana. VARAS' aim is to bridge the developmental gap in rural Ghana through carefully designed community programmes and projects which again form part of our missions, namely, promotion of quality education and health care, empowerment of women and revamping of local industries and enterprises. (<https://varas.org/>)

Esenam's Book of Love was necessitated in our effort to continue putting smile on her face and to keep her motivated and strong as she awaits her third consecutive surgery.

Quotes in Esenam' Book of Love are written by well-wishers around the world who heard of her journey to recovery and the compilation of this book and are touched to contribute to this cause of LOVE.



Background

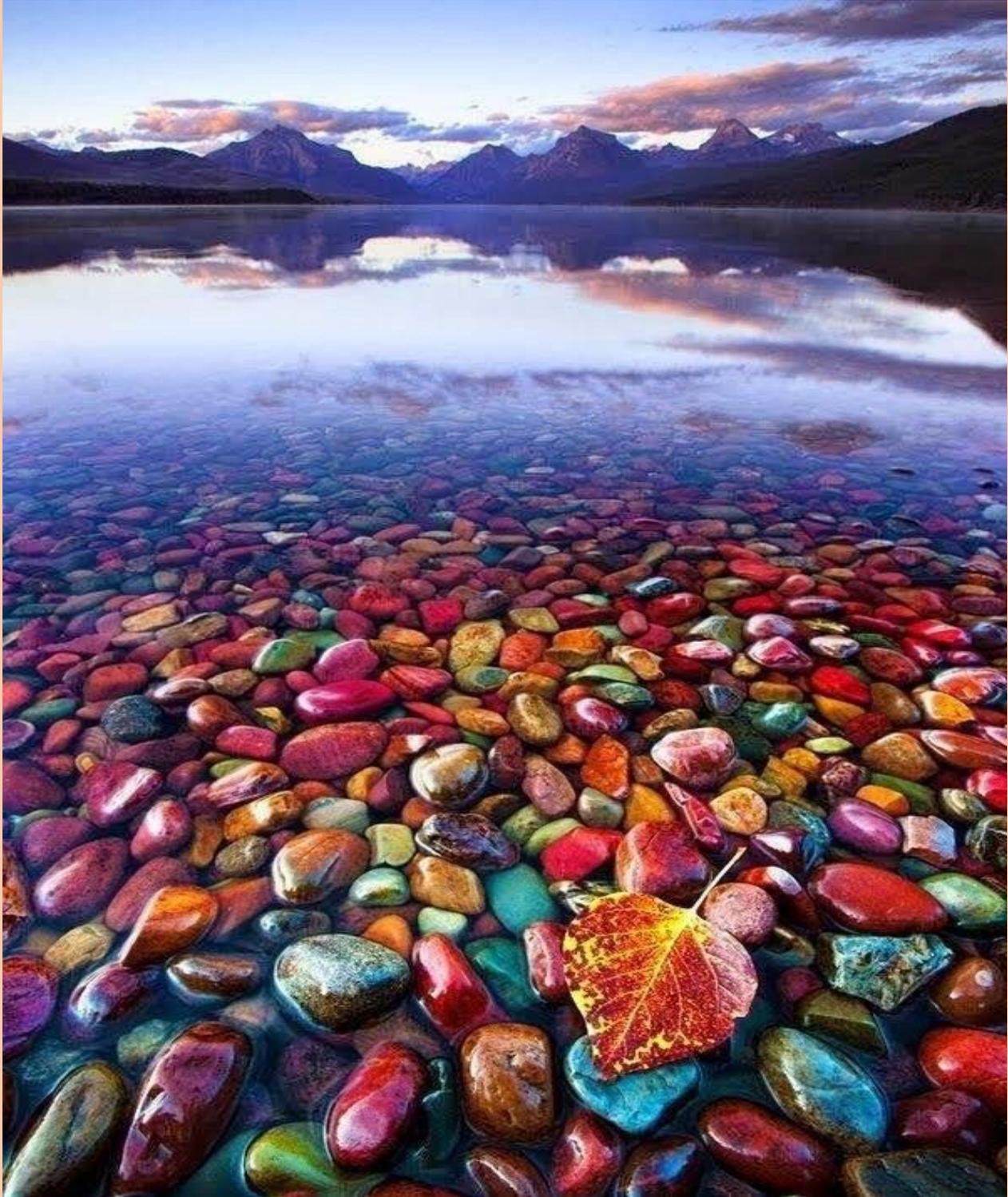
Esenam is one of the many children sponsored under VARAS Health for All Programme (HAP). HAP is an initiative aim to sponsor children who need specialist surgery but due to poverty and misconceptions were not able to.

Esenam was scheduled to have her third consecutive surgery last year but due to reasons beyond our control, her surgery was postponed to this year, 2020 and with the coming of the novel Coronavirus, that certainty has become uncertainty.

To keep Ese smiling despite the delay to her recovery, VARAS is compiled this book to be presented to her and with assorted items to support her and her family during this difficult time of COVID-19.

We are grateful to all who contributed in diverse ways to this realization.

You can read more about Esenam and other cases treated here <https://varas.org/patients-stories>.



Dedication

For Esenam Amedzo, who is a better person even in her ordeals.



Ese,

We, at VARAS, love you from the very day we saw you. Your inner love, patience, assurance and smile gave us hope and increases our passion and zeal to extend assistance to children who are sick and need specialist surgery.

With God, all things are possible, so we wait on the Lord to make way since His ways are always the perfect one. We shall continue to serve you and journey with you on your road to recovery.

Stay strong to keep us strong.

From the VARAS' team.

Dear Esenam

I read your post on VARAS Instagram. I will be praying for you and send you much love. I pray that you feel God's strength & patience in waiting for your operation. That God helps you to not worry. That He fills your mind & heart with peace, reassurance and joy each day until it is time for the next successful operation and beyond.

I live in Australia and have attached photos of flowers to brighten your day. Also a photo of bike that is no longer in use & has been painted in bright pink with flowers.

God Bless you. Love & prayers, **Lisa**



Hi! My name is Julia and I'm originally from Colombia!
I hope this message finds you well and that you always look at each day as an opportunity to love and be loved. I think it is hard for everyone the change that this pandemic brought, I know I feel like my plans have derailed and I am out of luck. But I always think of a quote said by a great man: "We did not come this far to only have come this far."
You can do it. It's not easy but one day you will look back at this day and say: "I came that far and now I am better"

**Best regards,
Julia**



Dear Ese,

Please be encouraged sweet one! I know you have been going through much disappointment that your 3rd surgery will be delayed indefinitely, but don't fear! Despite all the turmoil worldwide, God has all of the details of your situation figured out. Rest assured that your presence on the earth is divinely appointed! VARAS has told many people about your situation all over the world, and we are all rooting for you and with you every step of the way. Sending you love from the United States, and a big, warm hug of care. Stay strong! It's hard to wait, but God has given you His strength.

Sincerely,

Leslie Walters, USA



You are BRAVER than you believe, STRONGER than you seem, SMARTER than you think and LOVED more than you'll ever know.

-Winnie the Pooh

This is the day the Lord has made, let us rejoice and be glad in it. The Lord has perfect timing and a perfect story for you. He sees you and hears you and never leaves your side. Through him you will do great things. Never give up hope for we are all praying for you!

Be still and know that I am with you.

Psalms 46:10

Stefanie

United States



Dear Ese - stay strong and brave. Your beauty has been inside of you all along. I am sending you strength, love and a big hug from the United States of America! Best,

Tina Sciabica



E la va nyo, kokoko

He hears you crying out,
Sooner than you expect, it will all take place.
It will be as if time vanished.

In the calmness of your thoughts,
Focus always on yourself winning the race.
Promises are to be established.

Express gratitude, you are blessed.
Strong till the finish line, you are victorious.
Empowered with love, you are loved.
Nature hope, life is full of solutions.
Achiever of all things, you are favoured.
Motivated by purpose, you are unique, unstoppable.

E la va nyo kokoko ❤️

Nina Lydie Mawoulawé GBAHY



Dear Ese,

I'm so sorry to hear of the delay in your surgery. In my life I've learnt that what we see as our greatest setbacks are often God's incredible set-ups for the miraculous to occur. Even in setbacks, uncertainty and the gap between your current situation and all that you hope for, God is **STILL** working. Even when you can't see it and when you can't feel it, He is working all things out for your good. Remember who you are. You are the daughter of the King! And He is a good good Father.

God gave you this life because He knew you were strong enough to live it. He gives the hardest battles to the strongest soldiers. But please find comfort in knowing that the pain you've been feeling can't compare to the joy that's coming. God is at work in your situation. Heaven is preparing your miracle.

When it comes, you will understand the delay.

You are such an inspiration to me and so many others. Continue to stand steadfast in faith. Continue to be brave and continue to be strong. You are not just waiting in vain - there is purpose behind your delay.

Know that I am praying for you and sending you so much love.

Ams

“And we know that God causes **EVERYTHING** to work together for the good of those who love God and are called according to his purpose for them.” – Romans





