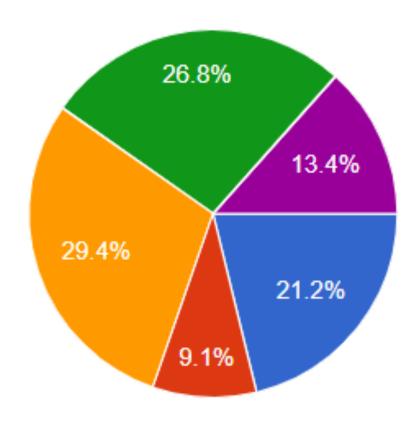
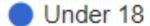


Please provide your age range

231 responses

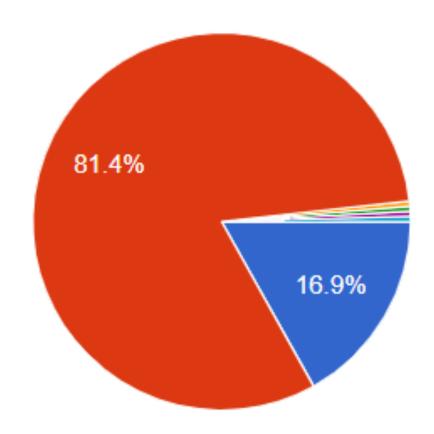






60 and above

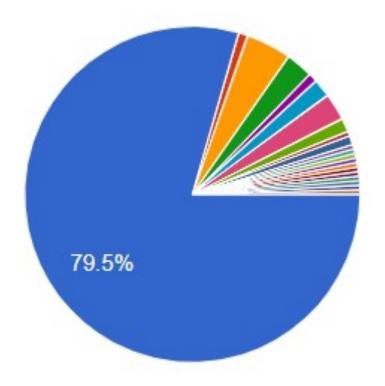
Please provide your gender



- Male
- Female
- Prefer not to
- NonBinary
- Atomic Boml
- Dog

What county best represents where you reside?

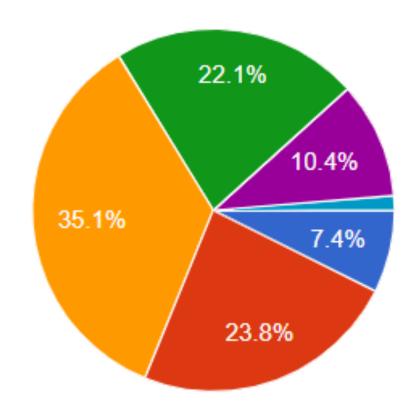
229 responses



- Clayton County, IA
- Winneshiek County, IA
- Allamakee County, IA
- Fayette County, IA
- Crawford County, WI
- Delaware County, IA
- Delaware

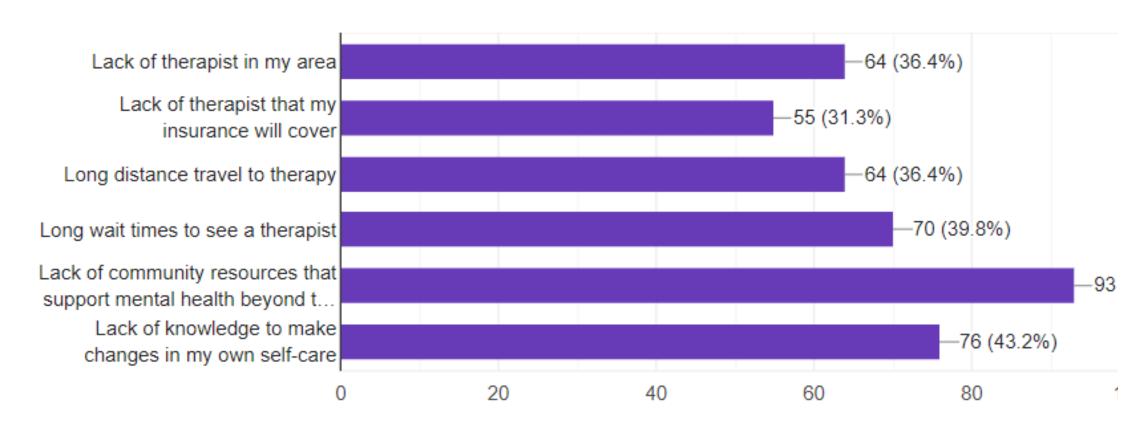
▲ 1/3 **▼**

Overall how would you rate your mental health?

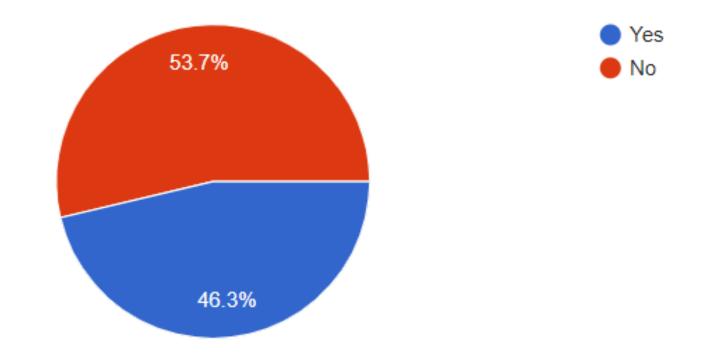


- Excellent
- Very good
- Average
- Fair
- Poor
- Not sure

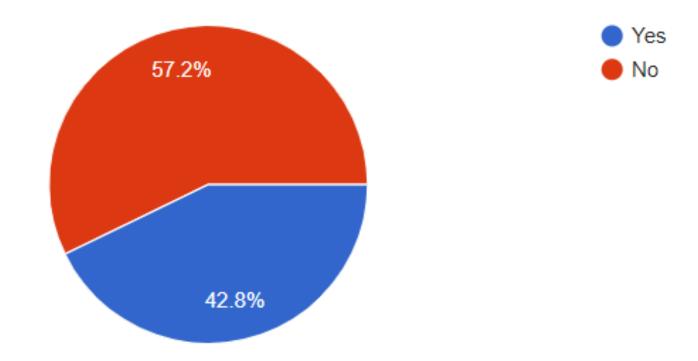
What barriers have you experienced in regards to seeking mental health care and therapy? (check all that apply)



Do you feel you have a good understanding of existing mental health resources in your community?

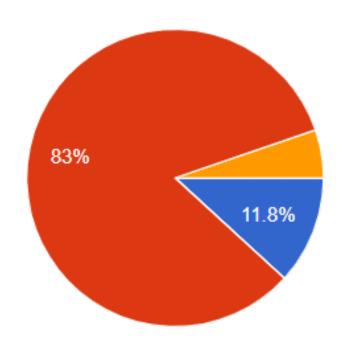


Do you feel you have a good understanding of mental health services covered by your insurance?





229 responses



Yes

● No

Yes, but I intentionally took a mental health day

Comments

- Would like to see Clayton County tax dollars that are allotted for mental health benefit people in Clayton County instead of sending them to shelters nor the Crisis Center in Blackhawk County.
- This community needs something like this if it hopes to keep growing in a positive way rather than lose people.
- Lack of mental health care options is a large part of why I am searching for housing and living outside of this county and plan to move within the next few months.



Take aways

Lack of knowledge to make changes in own self-care

Lack of community resources beyond traditional clinic setting

Long wait times, travel, lack of therapists and affordability

Education around existing mental health services available

Education around mental health services covered by insurance