



DR. KATHERINE Y. BROWN

Do you need your audience empowered, refocused and re-energized to perform at the highest levels? Hire a visionary leader & content expert to provide a transformational experience at your event.

EXPERT ON

- Coaching - Executive
- Leadership Game (MLCT)
- Community Relations
- Leadership - Executive Level
- Coaching - Family
- DISC Behavioral Analysis

EXPERIENCE IN

- Civic Organizations
- Colleges and Universities

ABOUT DR. KATHERINE Y. BROWN

Dr. Katherine Y. Brown is a highly sought after international speaker and consultant with over 28 years experience helping organizations move from idea to implementation. Founder of Learn CPR America, LLC, her CPR journey began in Chicago. She's trained over 300,000 people for free in CPR and has appeared in print, radio, television and other media outlets increasing awareness of CPR.

She founded The Dr. Katherine Y. Brown (KYB Leadership Academy) for middle, high school and college students. In five years she established 20 cohorts, hosting KYB Leadership Academy Conferences in Colombia, South America; Johannesburg, South Africa; Dubai, United Arab Emirates; and San Jose, Costa Rica.

An accomplished TedX speaker, who's appeared in Forbes.com, she successfully guides national organizations in the implementation of CPR, mentorship and leadership initiatives. Dr. Katherine made Nashville Athena History as the first person to receive both traditional Athena Leadership Award (2021) and Athena Young Professional Award (2015).

She serves on the teaching faculty for the John Maxwell Team (JMT) where she is an Executive Director, DISC Consultant, Committee Chair of the JMT Parenting and Family Committee and she helped to launch the inaugural JMT International Youth Leadership Conference.

PROGRAM INFORMATION

It's All About Heart Work-Life Balance: Strategies For Success

Format: **All programs can be modified to meet your needs.**

i.e. 45-60 minute keynote, two hour breakout, half day workshop.

This program is perfect for:

- Senior Management
- Entry Level Professionals
- Conferences with Diverse Audiences
- Faith Based Organizations and Leadership
- Individuals

The audience will leave with:

- The ability to identify 2-3 strategies that can be implemented for work-life-balance.
- The ability to define mentorship and identify 2 strategies required for successful mentorship.
- The ability to identify the 5 components of a well-written goal.
- The ability to write 1-3 measurable goal related to work-life-balance that can be implemented today.

I've performed this training for over 1000 people nationally and it's always a crowd pleaser. If you or your team is struggling with work, life, balance this is the one program to choose.

When seconds count: CPR Can Help Save Lives

Format:

- **30 - 60 minute online workshop**
- **60 minute or 2 hour in-person**
- **30 minute keynote**
- **45 minute breakout**
- **60 minute or 2 hour workshop**

This program is perfect for:

- Senior Management
- Teams
- Managers
- Individuals
- Education
- Childcare Providers
- Lay persons

The audience will leave with:

- Equipped with knowledge and skills to help save a life.
- Evidence based knowledge
- Inspired to understand the importance of CPR Awareness

I've trained over 300,000 people in CPR. This workshop can be a skills based class and also an interactive demonstration.

Propelling Your Team and Dream to Victory: Put Your Dream to the Test

Format:

- **45-60 minute keynote**
- **Multi session training**
- **30 minute inspiration keynote**
- **60 minute or 2 hour workshop**

This program is perfect for:

- Senior Management
- Entry Level Management
- Teams struggling with momentum
- Managers of underperforming sales groups

The audience will leave with:

- Participants will understand how to accelerate actionable change in the most challenging environments.
- Leaders will be able to identify at least 3 measurable strategies to achieve their dreams.
- Team members will come away with tangible knowledge to turn goals from ethereal to achievable.

I've performed this program multiple times and adapted the content for workshops, masterminds, webinars that have been facilitated for aspiring leaders, presidents of national organizations, and those from corporate America. Based on the book by Dr. John C. Maxwell, "Put Your Dreams To The Test" you will learn how to do the things needed to make your dream come true.

Equipped and Empowered: Parenting and Family

Format:

- **45-60 minute keynote**
- **1.5 day workshop**
- **2 hour breakout**
- **webinar and in-person**
- **60 minute coaching sessions**

This program is perfect for:

- School administrators, teachers, and staff
- Parents and families
- Faith based leaders
- Camp counselors
- Employee Assistance Program Workshops
- Civic Organizations

The audience will leave with:

- Participants will leave this workshop with a solid foundation on how to become the best and highest version of themselves as they learn the foundational principles of the developed by Dr. John C. Maxwell's Parenting and Family Certification Program.
- Participants will learn techniques to demonstrates strategies to encourage and empower children toward success.
- Participants will learn 10 Practices of Parenting to build strong relationships

I've performed this program as a workshop, keynote, and as a consultant. If you are working with teams or families that are struggling when it comes to healthy parenting and families, this is the one program to choose.

Let's Debrief...Understanding Your DISC Profile

Format:

- **45-60 minute (group setting)**
- **45-60 minute (individual)**
- **2-3 Coaching sessions**

This program is perfect for:

- Senior management
- Entry level management
- Mid-level management
- Teams struggling with effective communication and productivity

- Civic organization staff and administrators
- Teacher and students
- Faith based organizations
- Community based organizations

The audience will leave with:

- Leaders will understand how to effectively communicate to achieve organizational goals.
- Team members will come away with a sense of the strengths and areas of growth in their communication and leadership style.

I've performed the program for organizations, individual coaching clients, middle school, high school, and college students and it is participants report being inspired by how much knowledge they are equipped with during the session. If you are dealing with teams that are not functioning to their maximal potential or if you are a leader seeking to work with a consultant in a confidential setting, this is the program to choose.