



## **Cursillo Apostolic Plan Development Guide**

The Cursillo Apostolic Plan (CAP) is a helpful guide for Cursillo Leaders to ensure the three phases and operational structures of the Movement are functioning correctly and in accordance with its purpose. It's not intended to create additional work for the Secretariat or the School of Leaders. Rather, the CAP serves as a tool to ensure the essentials of Cursillo are applied in a way that reflects the Charism. By following the CAP, the Diocesan Movement can progress towards its goals as a Movement and an evangelizing community of friends.

A carefully planned and properly implemented CAP is essential for Cursillo leaders to successfully guide the movement through Precursillo, Three Day Cursillo, and Postcursillo. This plan ensures that the Cursillo Movement in the diocese stays on the right path. By creating and following a well-crafted CAP, Cursillo leaders can become more efficacious. It takes dedicated and prayerful work to prepare and apply the CAP.

To develop a successful plan, it's essential to consider the purpose of Precursillo, Three Day Cursillo, Postcursillo, Secretariat, and School of Leaders. The purpose for each phase has already been established, so there's no need to develop new ones. It's recommended to refer to the Founder, the Charism of Cursillo, its History, and the official Cursillo literature to guide the plan.

### **Preparing the Cursillo Apostolic Plan**

To develop a plan, it's important to address the following inquiries for the Precursillo, Three Day Cursillo, Postcursillo, Secretariat, and School of Leaders.

1. What is the purpose of the Precursillo, Three Day Cursillo, Postcursillo, Secretariat, and School?
2. What are the specific goals, objectives, recommendations, or action items needed to be considered in each area to help the Movement transition closer to its intended purpose/charism?
3. Will a meeting or workshop be necessary, and if so, where will it be held?
4. Who will implement these goals, objectives, recommendations, or action items?
5. What are the target dates for completing the objectives, action items, etc.?

### **Setting Up Teams or Work Groups**

Form teams or work groups for each section of the Cursillo Apostolic Plan to develop it effectively. Each team will have the opportunity to present their work to the group and should record their section's information on a chart pad that will be displayed on an easel or wall for everyone to read. This will give everyone an overview of the entire plan and serve as a roadmap to guide the Movement toward the Foundational Charism of Cursillo.

This document contains a work schedule and format that the Secretariat and School of Leaders can utilize to prepare the CAP. To finalize the plan, it is recommended to use the provided Cursillo Apostolic Plan Template.

**Tasks to be accomplished by the teams:**

- The Vision Statement defines the Desired End-State.
- The Mission Statement defines Why Cursillo Exists.
- The Objectives define the goals to effectively implement and transition towards the purpose, mentality, method, and charism of the Cursillo Movement.
- The Recommendations define the who, what, where, when, how, and why.
- The Assignments define Who will be responsible for carrying out the recommendations?
- Target Date defines When do the recommendations need to be completed?

**Setup Work Teams & Assign Tasks**

Team 1 – Work on the Mission and Vision Statements Section

Team 2 – Work on the Precursillo Section

Team 3 – Work on the Three-Day Cursillo Section

Team 4 – Work on the Postcursillo Section

Team 5 – Work on the Secretariat Section

Team 6 – Work on the School of Leaders Section

**Time Allotted to Work on Plan**

- 30 minutes to prepare and develop each section.
- 15-minute break
- 30 minutes to present the work of each section.
- 15-minute Q&A
- Collect information from each team and compile it into one document.

**Communicate and Distribute the Cursillo Apostolic Plan**

The Diocesan Secretariat should distribute a copy of the Cursillo Apostolic Plan to the School of Leaders, the local Bishop, the Regional Coordinator, and the National Cursillo Center.

**Implement/Apply the Cursillo Apostolic Plan**

- An implementation plan, alternatively referred to as an action plan, details the necessary actions to reach the goals, objectives, recommendations, or action items. It should include a timeframe for completing each step.
- To ensure the successful achievement of goals, assigning each objective or recommendation to a particular individual or team who will take charge of its implementation is crucial.

- The person or team in charge of a task should take the responsibility of obtaining any extra resources necessary, like a committee, to ensure successful completion.
- Those who oversee completing the tasks outlined in the plan need to keep the Secretariat and School of Leaders informed about their progress.

### **Evaluate the Cursillo Apostolic Plan**

Continuously reviewing and adjusting the Cursillo Apostolic Plan is crucial to sustaining the necessary focus and momentum in achieving the goals. During the evaluation process, it is essential to ask relevant questions to help determine the progress made.

- Is it still possible to attain the goals or objectives?
- Have all the required resources been allocated to the plan to successfully implement goals?
- What is the status of the progress of each aspect of the plan?
- Is everything being completed according to schedule?
- Is there a need for additional objectives or tasks to be included in the plan?
- Ensure that any required modifications are made to the CAP, and distributed appropriately, and proceed to work on the action items as per the revised plan.
- It is advisable to regularly review the Cursillo Apostolic Plan.

## Cursillo Apostolic Plan Template

Cursillo Apostolic Plan for the Archdiocese/Diocese of \_\_\_\_\_

### **Mission Statement**

To communicate the best news of the best reality: that God, in Jesus Christ, loves us; communicated by the best means, which is friendship; and directed towards the best of each one; which is the person, and his capacity of conviction, decision, and constancy. (Articles of Operation, November 2019)

### **Vision Statement**

To facilitate the living and sharing of what is fundamental to being Christian through the discovery of three fundamental encounters: with oneself, Christ, and others. (Articles of Operation, November 2019)

### **Precursillo**

Purpose: The Precursillo phase is vital for the evangelizing effectiveness of the method. It is an essential phase that encourages and prepares the person through an offer of friendship for an encounter with self, Christ, and others in the Cursillo Weekend experience so that the person might live a new life according to this triple encounter which continues in the Postcursillo. (Articles of Operation, November 2019)

Objectives:

Recommendations/Action Items:

Assigned to:

Due Date:

### **Three Day Cursillo**

Purpose: The Three-Day Cursillo Weekend is a specific and concrete form of kerygmatic evangelizing activity, described as the “jubilant communication of being Christian,” in which the living and sharing of what is fundamental to being Christian is encouraged, a profound personal experience that can determine a new orientation of the life of the person. (Articles of Operation, November 2019)

Objectives:

Recommendations/Action Items:

Assigned to:

Due Date:

### **Postcursillo**

Purpose: The Postcursillo is an essential phase to enable each person to live constantly what they have experienced during the Three Day Cursillo (what is fundamental to being Christian), by means of a process of a conscious, growing, and shared conversion. By being Christian and Church in the world, the person transforms and renews this world from within according to God’s plan. (Articles of Operation, November 2019)

Objectives:  
Recommendations/Action Items:  
Assigned to:  
Due Date:

### **Secretariat**

Purpose: The Diocesan Secretariat is a group of leaders who are responsible for the proper functioning of the School of Leaders and the whole Movement in a diocese. It ensures that the school fulfills what it is commissioned to in each of its essential phases of the Movement; the Precursillo, Cursillo Weekend, and Postcursillo. It ensures unity in the message and the freedom of the Cursillistas. (Leaders' Manual)

Objectives:  
Recommendations/Action Items:  
Assigned to:  
Due Date:

### **School of Leaders**

Purpose: "It [School of Leaders] is the gathering or reunion of leaders, that illuminates, encourages, and relieves our restlessness with the best means possible: friendship. It is the place where leaders are in tune with the same spirit, following a common criterion, and where our apostolic nature is spontaneous. It is not preached but lived together, and it is where the truth is foremost because we all desire it, and we all live it." (Structure of Ideas)

Objectives:  
Recommendations/Action Items:  
Assigned to:  
Due Date: