



The Christian Coach Toolbox Online
A Deep Foundation in Christian faith-based Coaching

*For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do."
Ephesians 2:10 (NIV)*

Aim

To equip with a scripturally rooted, explicitly Christian faith-based approach to coaching and coaching conversations as a foundation for all settings - ministry, professional life or independent practice.

Outcomes

At the end of the programme you will have

1. A biblically rooted methodology, tools and techniques from ancient as well as contemporary Christian spiritual traditions to help others find and follow God's leading for their lives
2. Experience using a scripturally grounded conversational approach to helping others move forward with life challenges and choices in alignment with their personal walk with God
3. Deepened your personal authenticity and impact for God; this is a formational course that will develop your own journey with Jesus as the bedrock of your approach to coaching others
4. A faith-based lens through which to approach future development as a coach in whatever sphere of life and influence you operate — sacred or secular
5. A framework for reflective practice to guide your future development as a coach in Christ

6. Connection with a growing network of Christian faith-based coaches releasing Christian impact—their own and that of others across all sectors
7. Certification as a KingsCompass Accredited Coach to validate your training, with electronic logo to badge your practice

Designed For

- Coaches who are Christians wishing to deepen personal authenticity and ground their approach scripturally, whilst adding a faith-based approach as new strand of practice
- Christians considering or developing a career in coaching —the programme will give you a firm scriptural foundation for practice in secular settings and from which to integrate secular coaching methodologies
- Those wishing to grow the range of their coaching skills as a tool for ministry or discipleship—the programme will give you a rich array of scripturally rooted tools on which to draw whilst deepening and extending your knowledge and practical experience in Christ centred Coaching
- Workplace trained coaches, using coaching as a style of management or in leadership seeking to coach in greater alignment with their faith as well as develop faith referencing conversational skills
- Christians wishing to grow personally in their walk with God through the exploration of the nature and impact of Christian faith-based Coaching

Session 1 & 2:

“And let us consider how we might spur each other on towards love and good deeds.... let us encourage one another....” Hebrews 10:24-25(NIV)

- What is coaching and how scriptural is coaching?
- The KingsCompass 5D's[©] of discipleship
- CROSS[©] coaching methodology
- 3 parts of man & rapport; spiritual temperament
- Mindset of Christian coach; preparing to coach
- Depths of Listening; Silence

Session 3 & 4:

“So I run straight to the goal with purpose in every step.....” I Cor. 9:26(TLB)

- Vision, desire & Goal setting ‘In Christ’
- The land of God’s promises
- Illuminating Questions
- How do we ‘hear’ God?

- Spiritual Gifting

Session 5 & 6:

“However, when he the spirit of truth, has come, he will guide you into all truth,” John 16:13(WEB)

- Strengthening alignment
- Overcoming 'Giants' - Strongholds, Lies, Beliefs, Renewing the Mind
- Spiritual warfare
- Word of God and beyond the Why of action
- Identity in Christ

Session 7 & 8:

“Come now and let us reason together, says Yahweh.” Isaiah 1:18 (WEB)

- Using biblical stories, characters, and wisdom
- Promoting action - Motivation & Accountability
- Prayer & Blessing
- Spiritual Protection
- Boundaries - when is coaching the right and wrong approach?

Session 9 & 10

“For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.” Ephesians 2:10 (NIV)

- The KingsCompass - A Wheel of Christian Life©
- Whole life discipleship
- Discernment & decision making
- Unique role, potential and your specific calling as a Christ centred Coach

Session 11 & 12:

“As a prisoner for the Lord, I urge you to live a life worthy of the calling you have received.” Ephesians 4:1(NIV)

- Application of learning in sacred and secular contexts

- Preparing to coach others: Conversational openings, 1-2-1 Contracting
- Safeguarding your journey and ongoing development as a Coach in Christ:
- Rule of Practice; Gatekeepers; Reflective practice and Supervision
- Review and Action Planning

Participants are offered the following learning and development opportunity through the programme:

Learning Experience	Duration per session	Total
1x Orientation (introductory) session 12 x live on-line learning sessions Saturdays 2-5pm	1 x 1 hour 12 x 3 hours	37 hours
Personal study/exercises in between sessions. <i>including reflection and recording of learning.</i>	12x 2 hours per topic personal	24 hours
Co-coaching for 4-6 sessions of tracked co-coaching towards 1 goal <i>Including reflection and recording of learning</i>	6 x 2 hours coaching + 6 x 2 hours as coachee.	24 hours
TOTAL COACH LEARNING AND DEVELOPMENT HOURS.		85 hours

Submission and peer review of a final programme reflection with evidence of learning across the programme content drawn from your journaling and your learning log, confers the status of KingsCompass Accredited Coach (internal accreditation).

Fees

- *KingsCompass Members receive a further 10% discount*
- *Non-Members receive Community Membership for duration of the course - <https://kingscompasschristiancoachacademy.org/membership>*

Course Setting	Fee	Early Bird
Organisation £5m+ turnover/gross income	£1068 (£89 per session)	£948 (£79 per module)
Organisation £1m-£5m	£948 (£79 per module)	£828 (£69 per module)
Organisation under £1m Or Open course - self-funding individuals	£828 (£69 per module)	£708 (£59 per module)

Fees are invoiced and payable by bank transfer

Fees can be split into two payments

Early bird rate applies to full or first part payment 6 weeks prior to course start (Introductory session).

We are committed to providing high quality training at an affordable cost. Further bursary support may be possible for self-funding individuals should fees be too stretching and there is good reason for participation.

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Registration

1. Complete the Joining form (downloadable from website) and return this to training@kingscompasschristiancoachacademy.org
2. The course leader will be in touch to arrange a 45-minute Zoom call to discuss needs, fit and course practicalities.
3. Once accepted you will be invoiced, and preparatory course material forwarded 4 weeks prior to the course start date.

Testimonials:

“This course has been exceptional in delivery, value for money and course content. I wanted to obtain a deeper authenticity in my coaching delivery, and this course provided the tools and approach. My confidence has been heightened. My God given gift of coaching has been strengthened. Carole is very approachable. She has enthusiasm in her delivery, God minded and willing to share her experience of growing in Christ and ensuring her approach as well as her coachees (course attendees) experience of Christ is deepened in their coaching practise. A thoroughly enjoyable course, that also opens coach networking opportunities.” Janice Gentry

“This is an excellent course that far exceeded my expectations! It was thorough and included a lot of coach practice. The other participants were great and what I have learned is invaluable. The fundamentals of secular coaching are included, however, the fact that it’s scripturally rooted with Christ at the centre adds another dimension. Carole is an experienced and gifted teacher with a real heart for Christian coaching. She is very supporting and approachable.” Sonia Blackett.

“I loved the interweaving of coaching principles with Scripture. For me, it really brought the Word of God to life in my own life as well as providing inspiring ideas for coaching others. It was more than worth the money!” Pat McCarry, Independent Professional Coach, Former Director of Professional Development, UK Elite

“What the Toolbox adds is the dimension I have always felt is missing from secular coaching, that is spiritual insight grounded in scripture.....there has been an enrichment of my secular coaching practice. I will be recommending this five-session course as a personal development tool, or a tool to use in discipleship. I believe that anyone involved in leadership in a Christian context would find these five of the best-spent days of their lives.”

Colin Briffa, Probation Service, Knights Meadow Church.

“Helped my relationship with God and gained a new skill set. The days have been quality time with God..... the course is a real blessing.”

Caroline

More information

Carole Rutherford Milligan



coaching academy
licenced trainer

KingsCompass The Christian Coach Academy™

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