



The Christian Coach Toolbox *On-Line Level 2* ***'Deepening Practice'***

Aim

To enable Christians with existing coach experience to develop or refine a scripturally grounded, explicitly Christian faith-based conversational approach to helping others make progress with life issues in alignment with their personal walk with God.

"And let us consider how we might spur each other on towards love and good deeds.... let us encourage one another...." Hebrews 10:24-25

Outcomes

At the end of the programme participants will:

1. Have a Biblically rooted approach to helping themselves and others find and follow God's purposes in the choices, challenges and opportunities of organisational and other life settings.
2. Have deepened their authenticity and impact for God in whatever spheres of professional life and influence they operate.
3. Be part of a growing network of coaches operating from a faith-based perspective, taking the approach into the settings in which they operate.

Designed for

Those with an existing understanding of coaching, for example qualified coaches or those who have acquired coaching/enablement skills in the workplace and are using them as a style of management and leadership.

Session 1, 2 & 3

'And let us consider how we might spur each other on towards love and good deeds....let us encourage one another....' Hebrews 10:24-25

- Just how scriptural is coaching? 5 D's of discipleship; What is different about a Christian Coach?
- Introduction to CROSS© methodology
- Building spiritual rapport
- Three parts of man
- How do we 'hear' God?
- Depths of listening and listening in the spirit

- Silence
- Mind of Christ
- Personal Learning Log and buddying for reflective practice throughout the programme

Session 4:

‘So, I run straight to the goal with purpose in every step.....’ I Corinthians. 9:26

- Goal setting ‘In Christ’
- Explicit and Implicit Questions
- Spiritual Gifting
- The Word of God
- Presence and power of the Holy Spirit

Session 5 & 6:

“But when he, the spirit of truth comes, he will guide you into all truth.” ‘John 16:13

- Overcoming ‘giants’,
- Seeing in the spirit; Impressions and emergings
- Identity in Christ and its strengthening
- Impact and development of thought, words and language

Session 7 & 8:

“Come let us reason together, says the Lord.” ‘Isaiah 1:18

- Using biblical stories, characters, and wisdom
- Prayer
- Blessings
- Spiritual warfare

Session 9 & 10

‘For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.’ Ephesians 2:10

- The KingsCompass – working with a Wheel of Christian life
- Working with the Wheel for whole life discipleship

Session 11 & 12:

‘As a prisoner for the Lord, I urge you to live a life worthy of the calling you have received.’ Ephesians 4:19

- Application of learning in sacred and secular contexts,
- Preparing to coach others: Conversational openings, 1-2-1 Contracting
- KingsCompass Rule of Practice
- Review and Action Planning

Participants are offered the following learning and development opportunity through the programme:

Learning Experience	Duration per session	Total
12 x live on-line learning sessions Saturdays 2-5pm	12 x 3 hours	36 hours
Personal study/exercises in between sessions. <i>including reflection and recording of learning.</i>	12x 2 hours per topic personal	24 hours
Co-coaching for 4-6 sessions of tracked co-coaching, towards up to 3 goals. <i>Including reflection and recording of learning</i>	6 x 2 hours coaching + 6 x 2 hours as coachee.	24 hours
TOTAL COACH LEARNING AND DEVELOPMENT HOURS.		84 hours

Submission and peer review of a final programme reflection with evidence of learning across the programme content drawn from your journaling and your learning log, confers the status of KingsCompass Accredited Coach (internal accreditation).

Fees

Participant's funding source	Full Fee	Member Discounted Fee
Organisation £5m+ turnover/gross income	£1068 (£89 per session)	£948 (£79 per module)
Organisation £1m-£5m	£948 (£79 per module)	£828 (£69per module)
Organisation under £1m Or Self-funding	£828 (£69 per module)	£708 (£59 per module)
<i>£50 non-refundable deposit secures your place. Remainder of fee is payable in advance by bank transfer one month prior to date of first online session.</i>		

We are committed to providing high quality training at an affordable cost. Further bursary support may be possible for self-funding individuals should fees be too stretching and there is good reason for participation.

“For we are god’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.” Ephesians, 2:10

Testimonials:

"This course has been exceptional in delivery, value for money and course content. I wanted to obtain a deeper authenticity in my coaching delivery, and this course provided the tools and approach. My confidence has been heightened. My God given gift of coaching has been strengthened. Carole is very approachable. She has enthusiasm in her delivery, God minded and willing to share her experience of growing in Christ and ensuring her approach as well as her coachees (course attendees) experience of Christ is deepened in their coaching practise. A thoroughly enjoyable course, that also opens coach networking opportunities." *Janice Gentry*

"This is an excellent course that far exceeded my expectations! It was thorough and included a lot of coach practice. The other participants were great and what I have learned is invaluable. The fundamentals of secular coaching are included, however, the fact that it's scripturally rooted with Christ at the centre adds another dimension. Carole is an experienced and gifted teacher with a real heart for Christian coaching. She is very supporting and approachable." *Sonia Blackett.*

"I loved the interweaving of coaching principles with Scripture. For me, it really brought the Word of God to life in my own life as well as providing inspiring ideas for coaching others. It was more than worth the money!" *Pat McCarry, Independent Professional Coach, Former Director of Professional Development, UK Elite*

"What the Toolbox adds is the dimension I have always felt is missing from secular coaching, that is spiritual insight grounded in scripture.....there has been an enrichment of my secular coaching practice. I will be recommending this five-session course as a personal development tool, or a tool to use in discipleship. I believe that anyone involved in leadership in a Christian context would find these five of the best-spent days of their lives." *Colin Briffa, Probation Service, Knights Meadow Church.*

"Helped my relationship with God and gained a new skill set. The days have been quality time with God..... the course is a real blessing." *Caroline*

More information

Carole Rutherford Milligan



KingsCompass The Christian Coach Academy™

training@kingscompasschristiancoachacademy.org

07988 957 376