



# KingsCompass™

THE CHRISTIAN COACH ACADEMY

## Ordinary Conversations on Our Discipleship Journey

Our walk with God, and our walk alongside others

This is a conversations 'course' with a goal to transform our ordinary, everyday interactions into an occasion for:

- Listening in Love
- Hearing Hope
- Footsteps of Faith

Imagine conversations that have the possibility of enabling others to respond to their faith in their life journey. This is the vision of this 'course'.

This is not a 'course' with lots of new knowledge or heaps of learning objectives.

It is simply a conversations 'course' that, using scripture, reminds us of some important God-given reflective skills and approaches that we can bring into our everyday conversations:

- Listening, deep listening
- Holding silence - what is that? ☐
- Inviting reflection on what is heard and asking questions
- Considering the whisper of Godly perspectives
- Making choices and taking action

This conversations 'course' is run as a series of interactive and practical online workshops. Each workshop offers you the opportunity to explore a coaching-style approach and practice reflective skills within enabling conversations with each other.

This course does not teach you how to sort out the specific problems of others. It acknowledges that on occasions we may be called to tell, to sort, to offer wisdom directly from our life journey with God. But **this course is about growing our confidence in our ability to have transforming conversations where we listen, listen in love, so that others can hear hope and take their own footsteps of faith.**

*And now these three remain: faith, hope and love. But the greatest of these is love  
1 Corinthians 13:13*

We could call this a Christ-Centred Coaching approach to conversations, as the workshops will introduce and integrate some coaching-style tools and competences for use in everyday conversations. However, we are choosing to call it an ordinary conversations 'course' – honouring our ordinary everyday conversations on our discipleship journey and choosing to elevate them into extraordinary ones.

This is what Jesus does!  
Come and join us!

## Who is this for?

Individuals and organisations who interact regularly with people and...

- Want to transform their everyday, ordinary conversations into extra-ordinary conversations
- Seek to enhance the impact of their support and enablement of other Christians
- Need to bolster and safeguard their own wellbeing as they minister to others
- Desires to explore the nature, value and fundamentals of Christian faith-based coaching (completion of this 'course' is a springboard to 'The Christian Coach Toolbox Online– Deepening Practice in Christian Faith-Based Coaching')

This 'course' can be tailored for a group or community who interact with people on specific journeys – examples:

- Fellowship group leaders – discipleship conversations
- Mothers – encouraging the next generation

This 'course' is explicitly Christ-centred: honouring the God of the bible - Father, Son and Holy Spirit. But we believe that this conversational approach can be used to enable thought-provoking reflection in everyday conversations with those people without faith in Christ. Jesus did!

## What will you leave with?

- Scripturally based knowledge of the nature of this reflective approach and an understanding of its enabling quality
- Ability to use this approach in *your own* conversations – with yourself and as you speak with God
- Ability to use this approach with *others* in your everyday conversations
- An understanding of the possible roles we adopt within conversations and an ability to communicate enabling boundaries
- A growing confidence and vision of God enabling you within your everyday conversations – using listening in love, hearing hope and footsteps in faith in your God given spheres of influence

During the workshops we expect to explore the following:

## COURSE CONTENT

### 1. INTRODUCING THE COACHING APPROACH

- The 5 discipleship approaches and where the coaching approach fits in this
- Introduction to the coaching approach - seeing how God uses this approach in Scripture
- Impact of mindset and the importance of developing the mind of Christ for enabling conversations
- Processes of the coaching approach - conversation frameworks that enable someone to move forward on their journey
  - Now → Next (ORSC)
  - GROW model
  - InChrist (KingsCompass)

### 2. COMPETENCIES OF THE COACHING APPROACH

Knowledge, development and practice of coaching competencies within everyday conversations:

- Creating a safe space for the conversation, honouring the other's own journey and walk with God
- Building connection and rapport
- Articulating enabling roles
- Listening deeply and intentionally
- Using silence and prayer
- Responding to what is heard – an explicit, faith-centred and implicit approach
- Inviting reflection of scriptural wisdom
- Creating resources and questions from scripture
- Acknowledging barriers and lifting “spiritual eyes” (gaining perspective)

### 3. PRACTICING USING COACHING APPROACH

- The sessions are interactive with plenty of space to practice using coaching-style approaches in conversations with one another, creating a safe space for conversation and honouring the other's own journey and walk with God
- Between sessions, participants are encouraged to continue practicing these, returning to the next session with experiences to share and to ask questions.

Over the course of 5 sessions we hope to have fun, encourage each other and build community on this journey together.

## COURSE FORMAT

- Online, interactive workshops (via Zoom)
- 5 x 2 ½ hour sessions - fortnightly meetings (plus, a 1-hour introductory session and a 1-hour final closing session)
- Between sessions - practice exercises, reading and reflection
- Small groups of 8 - 12 people
- Groups from the same church or same organization
- Or, mixed groups of individuals from different walks of life, but with a similar desire

## COURSE STRUCTURE

- Prep for each session - reading and reflection
- Interactive sessions - teaching, competency development and enabling conversation practice
- Between sessions - conversation practice

### Who will facilitate the workshops?



Julie, a Senior Associate at KingsCompass:

- Has had her own Christ-centred Journey - been following Him for 40 years
- Has lived and worked in a multicultural environment in the UAE for 29 years
- Active in the church community - particularly women's Ministry
- A highly qualified, professional teacher and coach (BA Hons (Oxon) CPCC ACC ORSCer)

*"Julie is a gifted coach and teacher. She journeys deeply with Jesus and creates inspirational learning experiences that unlock riches of scripture in a revelatory and highly practical way. Working with Julie is an enriching and blessed experience"*

*Carole Rutherford Milligan, KingsCompass the Christian Coach Academy™*

## Fees

### Ordinary Conversations for Discipleship

- 75-minute introductory session
- 5 x 2.5hr live online sessions with practice exercises, reading and reflection in between
- 75-minute final closing session

Course Setting or funding	Fee	Early Bird
Organisation £5m+ turnover/gross income	£570 (£114 per session)	£510 (102 per person)
Organisation £1m-£5m	£510 (£102 per session)	£450 (£90 per session)
Organisation under £1m Or Open Course (self-funding individuals)	£450 (90per session)	£390 (£78 per session)

*Minimum 8 participants per course*  
*Fees are invoiced and payable a month in advance by bank transfer*

*We are committed to providing high quality training at an affordable cost. Further bursary support may be possible for self-funding individuals should fees be too stretching and there is good reason for participation.*

### Registration of interest

1. Download and complete the Enquiry Form and return this to [training@kingscompasschristiancoachacademy.org](mailto:training@kingscompasschristiancoachacademy.org)
2. The course leader will be in touch to arrange a 30-minute Zoom call to discuss needs and course practicalities.
3. Following invoice payment, you will receive course preparation and joining instructions.