



The Christian Coach Toolbox Online
A Deep Foundation in Christian faith-based Coaching

For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.'
Ephesians 2:10 (NIV)

Aim

To equip with a scripturally rooted, explicitly Christian faith-based approach to coaching and coaching conversations as a foundation for all settings – ministry, professional life and independent practice.

Outcomes

At the end of the programme you will have:

1. A biblically rooted methodology, tools and techniques from ancient as well as contemporary Christian spiritual traditions to help others find and follow God's leading for their lives
2. Experience using a scripturally grounded conversational approach to helping others move forward with life challenges and choices in alignment with their personal walk with God
3. Deepened your personal authenticity and impact for God; this is a formational course that will develop your own journey with Jesus as the bedrock of your approach to coaching others
4. A faith-based lens through which to approach future development as a coach in whatever sphere of life and influence you operate— sacred or secular
5. A framework for reflective practice to guide your future development as a coach in Christ

6. Connection with a growing network of Christian faith-based coaches releasing Christian impact—their own and that of others across all sectors
7. Certification as a KingsCompass Accredited Coach to validate your training, with electronic logo to badge your practice

Designed for Christians with previous coach training and practical experience of coaching others:

- Christians who are coaches wishing to ground their approach scripturally
- Those wishing to add a Christian faith-based approach as a new strand of practice or enhance an existing approach
- Christians developing a career in coaching - the programme will give you a firm scriptural foundation for authentic practice in secular settings and from which to integrate secular coaching methodologies
- Those wishing to grow the range of their coaching skills as a tool for ministry or discipleship - the programme will give you a rich array of scripturally rooted tools on which to draw whilst deepening and extending your knowledge and practical experience in Christ centred Coaching
- Workplace trained coaches, using coaching as a style of management or in leadership, seeking to coach in greater alignment with their faith as well as faith referencing conversational skills

Module 1

‘And let us consider how we might spur each other on towards love and good deeds.... let us encourage one another....’ Hebrews 10:24-25(NIV)

- *Just how scriptural is coaching?*
- *What is the ‘distinctiveness’ of a Christian coach?*
- *Cultivating your distinctiveness as a Coach in Christ*

Module 2

“Take off your sandals for the place where you are standing is holy ground.” Exodus 3:5

- *CROSS® coaching methodology*
- *‘Christ-centred Journey*
- *What is spiritual rapport and how do I develop it?*
- *3 parts of man*
- *Word of God*
- *Holy Spirit*

Module 3

'But we have Christ's mind.' 1 Corinthians 2:26

- *Preparing for a Christ-centred coaching encounter*
- *What can we learn from Spiritual Direction?*
- *How do we hear God?*
- *What kind of mind did Jesus have?*
- *How do I develop it?*

Module 4 & 5:

'So I run straight to the goal with purpose in every step.....' I Cor. 9:26(TLB)

- *'Route'*
- *Desires, Vision and Goals*
- *Goal setting 'InCHRIST'*
- *How can we ask questions like Jesus?*
- *Challenge – What, With, How?*
- *Alignment across the ages*
- *Discovering Spiritual Gifting*

Module 6, & 7

“However, when he the spirit of truth, has come, he will guide you into all truth,” ‘John 16:13

- *'Opening Spiritual Eyes'*
- *Who are you - in Christ?*
- *Drawing on biblical stories, characters, and wisdom*
- *What strengthens and stops Spirit led action?*
- *Overcoming 'Giants'*
- *Word of God and beyond the Why of action*

Module 8

'Choose Life' Deuteronomy 30:19b

- *'Select'*
- *Choosing, moving into and maintaining Spirit led action*
- *Attachments, Distractions and Neuroscience*
- *Spiritual protection*
- *What is Christ-centred accountability?*

Module 9:

"Come now and let us reason together", says Yahweh. 'Isaiah 1:18

- *'Seal in Prayer'*
- *Prayer and the coach*
- *Prayer in coaching*
- *Blessing*
- *Boundaries - when is coaching the right and wrong approach?*

Module 10:

'For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.' Ephesians 2:10 (NIV)

- *Introducing The KingsCompass - A Wheel of Christian Life©*
- *Whole life discipleship*
- *Unique role, potential and your specific calling as a Christ centred Coach*

Module 11

"My sheep hear my voice and they know me, and they follow me." John 10:27

- *What is Discernment?*
- *How do I decide?*
- *Faith in action and action in faith*

Module 12:

'As a prisoner for the Lord, I urge you to live a life worthy of the calling you have received.' Ephesians 4:1(NIV)

- *How might I apply my learning in sacred and secular contexts?*
- *Preparing to coach others: Conversational openings, 1-2-1 Contracting*
- *Safeguarding your journey and ongoing development as a Coach in Christ*
- *Reflective practice and Supervision*
- *Rule of Practice*
- *Review and Action Planning for you journey forward as a coach in Christ*

Note that the order of course content may be varied.

Participants are offered the following learning and development opportunity through the programme:

Learning Experience	Duration per session	Total
Personal study of Module Exercises/application of learning before and after each live learning session <i>including reflection and recording of learning</i>	13 x 3 hours per Module	39 hours
1x live on-line Orientation (introductory) session 12 x live on-line learning sessions	1 x 2 hour 12 x 3 hours	38 hours
Co-coaching for 4-6 sessions of tracked co-coaching towards 1 goal <i>Including reflection and recording of learning</i>	6 x 2 hours coaching + 6 x 2 hours as coachee.	24 hours
TOTAL COACH LEARNING AND DEVELOPMENT HOURS.		101 hours

Submission and peer review of a final programme reflection with evidence of learning across the programme content drawn from attendance of at least 10 live learning sessions (allowing 2 sessions catch up from video recording), Co-coaching, journaling and your learning log, confers the status of KingsCompass Accredited Coach (internal accreditation).

Fees (comprising 13 Modules/Live Sessions (Orientation plus 12 Modules)

Course Setting <i>(reflecting additional admin of organisational contexts)</i>	Fee <i>13 Modules including Orientation</i>	Early Bird
Organisation £5m+ turnover/gross income	£1157 (£89 per session)	£1027 (£79 per module)
Organisation £1m-£5m	£1027 (£79 per module)	£897 (£69per module)
Organisation under £1m Or Open course - self-funding individuals	£897 (£69 per module)	£767 (£59 per module)
<p><i>£59 non-refundable deposit secures your early bird place up to 2 months prior to the Orientation Live Session</i> <i>Fees are invoiced in full once the cohort has formed (8-12 participants) with payment due 1 month prior to the course start date (online orientation session)</i> <i>Payment may be paid in full or 2 parts, 2nd due at the 6th Module point</i> <i>Fees are payable by bank transfer only</i> <i>All deposits refunded in full if KingsCompass cancels the course</i></p>		

We are committed to providing high quality training at an affordable cost. Further bursary support may be possible for self-funding individuals should fees be too stretching and there is good reason for participation.

Registration

1. Complete the Joining form (downloadable from website) and return this to training@kingscompasssthechristiancoachacademy.org
2. The course leader will be in touch to arrange a 60-minute Zoom call to discuss needs, fit and course practicalities
3. Once accepted you may pay the deposit to secure your early bird rate (up to 2 months prior to the start date) or place if the early bird cut-off has passed.

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Testimonials:

“This course has been exceptional in delivery, value for money and course content. I wanted to obtain a deeper authenticity in my coaching delivery, and this course provided the tools and approach. My confidence has been heightened. My God given gift of coaching has been strengthened. Carole is very approachable. She has enthusiasm in her delivery, God minded and willing to share her experience of growing in Christ and ensuring her approach as well

Course Outline Fees Jan 2026/27

as her coachees (course attendees) experience of Christ is deepened in their coaching practise. A thoroughly enjoyable course, that also opens coach networking opportunities." *Janice Gentry*

"This is an excellent course that far exceeded my expectations! It was thorough and included a lot of coach practice. The other participants were great and what I have learned is invaluable. The fundamentals of secular coaching are included, however, the fact that it's scripturally rooted with Christ at the centre adds another dimension. Carole is an experienced and gifted teacher with a real heart for Christian coaching. She is very supporting and approachable." *Sonia Blackett.*

"I loved the interweaving of coaching principles with Scripture. For me, it really brought the Word of God to life in my own life as well as providing inspiring ideas for coaching others. It was more than worth the money!" *Pat McCarry, Independent Professional Coach, Former Director of Professional Development, UK Elite*

"What the Toolbox adds is the dimension I have always felt is missing from secular coaching, that is spiritual insight grounded in scripture.....there has been an enrichment of my secular coaching practice. I will be recommending this five-session course as a personal development tool, or a tool to use in discipleship. I believe that anyone involved in leadership in a Christian context would find these five of the best-spent days of their lives." *Colin Briffa, Probation Service, Knights Meadow Church.*

"Helped my relationship with God and gained a new skill set. The days have been quality time with God..... the course is a real blessing." *Caroline*

Got Questions?: training@kingscompassthechristiancoachacademy.org

Carole Rutherford Milligan

