

Fall Protection for the Worker

By law, every worker who works at heights of 3 metres or greater must be protected from potential falls.

Participants will learn how and when they are required to wear fall protection and will be introduced to a variety of solutions that employers can implement to help protect employees who work at heights.

Topics include: hazard recognition, assessment, and control measures, proper inspection, fitting and function of personal protective equipment (PPE), hazards associated with improperly wearing a harness, components of fall arrest and protection, rescue procedures and legal responsibilities of the user. The phenomena of Suspension Trauma - the serious health effects that can be experienced while hanging in a harness - will also be introduced. The session concludes with discussions about rescue planning.



Course Length: 4 Hours

Learning Outcomes:

Upon successful completion of this course, participating supervisors and workers will be able to:

1. Properly inspect and don a fall arrest harness and lanyard
2. Properly identify all components of a personal fall protection system
3. Determine when and where fall protection is required; and
4. Understand methods to reduce or eliminate fall hazards



Evaluation:

- Written quiz
- **Minimum grade of 80%** is required to pass this course.
- Successful graduates will receive a three-year Wallet Card Certification.

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Who Should / Must Attend This Course:

- All Supervisors of workers who work at a height of 3 metres (10 feet) or more
- Workers who must enter confined spaces that present fall hazards or that require rescue systems that include fall protection harnesses to be worn.
- Workers who work at a height of 3 metres (10 feet) or more; and
 - who are unprotected from the guardrails of a moveable platform
 - who work within 2 metres (6 feet) of the edge of a fall hazard (roof edge, pit opening, etc)
 - who work from a forklift-mounted, man basket



Additional Information About This Course:

This course is suitable for **non-construction** applications and is **not** a Ministry of Labour approved *Working at Heights* course for construction.

HASCO Customers of this course were even MORE impressed when they purchased:

1. Aerial Work Platform Operator with Fall Arrest Certification
2. Bucket Truck Operator Certification
3. Mobile Crane Operator Certification
4. Lockout / Tagout Certification
5. Supervisor's Occupational Health & Safety



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