

Blended eLearning Course Outline & Certification Process

Online At Your Own Pace and In-Class within 30-Days

First aid has traditionally been taught entirely within the classroom but people learn in different ways and at different speeds. This approved Blended eLearning **Standard First Aid with CPR & AED** course has been designed so that you can complete it at your own pace, in your own time. Not only will you learn more effectively but you will also have fun learning.

This course has two components:

- a) **Part 1:** An online first aid theory component
- b) **Part 2:** A classroom based first aid practical skills component



The online component covers all relevant theory you need to complete before taking the practical training session. Each module will be thoroughly explained with minimal technical terminology and include a helpful review section. The theory component may take up to eight hours to complete, depending on your knowledge base but note that you do not have to finish all of the theory in one sitting (*one module a day is the recommended pace to maximize learning*). You can log into and out of the course as you please. If you are interrupted, just log out and log back in when you have more time and your place in the course will be maintained.

You **must complete the online theory before** you can participate in the **classroom practical** training session. We recommend that you aim to finish the online theory at least one week before your practical training session. The whole course, including the online and in class components, must be **completed within 30 days**.

Once you have completed your theory course you're ready for practical training

HASCO Health & Safety Canada will assist you to book the Practical Training session and then thirty (30) days prior, on-line access codes will be issued to you.

At the practical training session, an accredited instructor will be able to answer any questions that you have because of the theory course, and will then demonstrate a number of first aid techniques including *emergency scene management, and treatment for shock, unconsciousness, fainting, adult choking, severe bleeding* and much *more*. Participants attending the practical training session, will be given a **Part 1 Recap Quiz** to review everything that was covered online, and only those with a passing mark will be able to participate in the practical training session. The minimum **passing mark is 50 percent**.

Course Topics

Participants will gain knowledge in the following areas:

- ❖ Legalities
- ❖ Disease management & biohazards
- ❖ The Emergency Medical Services System
- ❖ Scene management
- ❖ Head, spine and pelvic Injuries
- ❖ Bleeding management and shock
- ❖ Cardiovascular emergencies
- ❖ Sudden medical conditions
- ❖ Airway and breathing emergencies
- ❖ CPR (Cardiopulmonary Resuscitation)
- ❖ AED training
- ❖ Secondary survey
- ❖ Musculoskeletal injuries
- ❖ Burns
- ❖ Poisons, substance abuse and misuse; and
- ❖ Environmental injuries and illnesses

Certification Requirements

- 1) Complete the applicable online session

*Participants must **present their online certificate to the classroom instructor**. Achieve a mark of at least 80 percent on the online theory quiz.

- 2) Achieve a mark of at least **50%** on the **Part 1 Recap Quiz**
- 3) Attend and participate in the practice training session
- 4) Demonstrate competency in all required skills
- 5) Achieve a mark of at least **80%** on the **Part 2 Final Quiz**



Certificate of Completion

Participants who successfully complete the Blended Learning course will receive a **Standard First Aid, CPR & AED Certificate**.

This blended Learning First Aid certification is **valid for three (3) years**

Course Length:

- **Part 1:** On-line Session: approximately 4 - 5 hours
- **Part 2:** Practical Training Session: approximately 4 - 6 hours

Pricing:

Standard First Aid with CPR and AED = \$120 per person + Taxes

Note: *Enroll 10+ and our certified trainer will bring the training to you!*



Approved By these Provincial bodies -

- ❖ WSIB of Ontario (Regulations 1101)
- ❖ WorkSafe Alberta
- ❖ OHS Manitoba
- ❖ WHSCC New Brunswick
- ❖ OHS Nova Scotia and
- ❖ WCB PEI

Blended Learning Day 2 Training Locations in Ontario Include:

- Markham (H/O)
- Monte Carlo Inn – Brampton
- Best Western – St. Catharines

Contact Information:

Toll Free: 1-855-HASCO-ca

Technical Help: 1-866-416-1660 or Help@BISTrainer.com



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Part 2: Practical Training Session presented by **Rescue 7**

HASCO Health & Safety Canada is an *Authorized Training Provider*