

Youth Team 2022/2023

Session 1	Team A,B,C	Team A,B,C	Team D, E
Week	Monday 5:00-7:00	Thursday 7:00-9:00	Thursday 5:00-7:00
1	Sept 12 2022	Sept 15 2022	Sept 15 2022
2	Sept 19 2022	Sept 22 2022	Sept 22 2022
3	Sept 26 2022	Sept 29 2022	Sept 29 2022
4	Oct 03 2022	Oct 06 2022	Oct 06 2022
5	Oct 17 2022	Oct 13 2022	Oct 13 2022
6	Oct 24 2022	Oct 20 2022	Oct 20 2022
7	Oct 31 2022	Oct 27 2022	Oct 27 2022
8	Nov 07 2022	Nov 03 2022	Nov 03 2022
9	Nov 14 2022	Nov 10 2022	Nov 10 2022
10	Nov 21 2022	Nov 17 2022	Nov 17 2022
11	Nov 28 2022	Nov 24 2022	Nov 24 2022
12	Dec 05 2022	Dec 01 2022	Dec 01 2022
13	Dec 12 2022	Dec 08 2022	Dec 08 2022

Session 2	Team A,B,C	Team A,B,C	Team D, E
Week	Monday 5:00-7:00	Thursday 7:00-9:00	Thursday 5:00-7:00
1	Jan 19 2023	Dec 15 2022	Dec 15 2022
2	Jan 16 2023	Dec 22 2022	Dec 22 2022
3	Jan 23 2023	Jan 12 2023	Jan 12 2023
4	Jan 30 2023	Jan 19 2023	Jan 19 2023
5	Feb 06 2023	Jan 26 2023	Jan 26 2023
6	Feb 13 2023	Feb 02 2023	Feb 02 2023
7	Feb 27 2023	Feb 09 2023	Feb 09 2023
8	Mar 06 2023	Feb 16 2023	Feb 16 2023
9	Mar 20 2023	Feb 23 2023	Feb 23 2023
10	Mar 27 2023	Mar 01 2023	Mar 01 2023
11	Apr 03 2023	Mar 09 2023	Mar 09 2023
12	Apr 15 2023	Mar 23 2023	Mar 23 2023
13	Apr 24 2023	Mar 30 2023	Mar 30 2023

Session 3	Team A,B,C	Team A,B,C	Team D, E
Week	Monday 5:00-7:00	Thursday 7:00-9:00	Thursday 5:00-7:00
1	May 01 2023	Apr 06 2023	Apr 06 2023
2	May 08 2023	Apr 13 2023	Apr 13 2023
3	May 15 2023	Apr 20 2023	Apr 20 2023
4	May 29 2023	Apr 27 2023	Apr 27 2023
5	June 05 2023	May 04 2023	May 04 2023
6	June 12 2023	May 11 2023	May 11 2023
7	June 19 2023	May 18 2023	May 18 2023
8	June 26 2023	May 25 2023	May 25 2023
9		June 01 2023	June 01 2023
10		June 08 2023	June 08 2023
11		June 15 2023	June 15 2023
12		June 22 2023	June 22 2023
13		June 29 2023	June 29 2023