



Preston South Primary School Lunch Order List

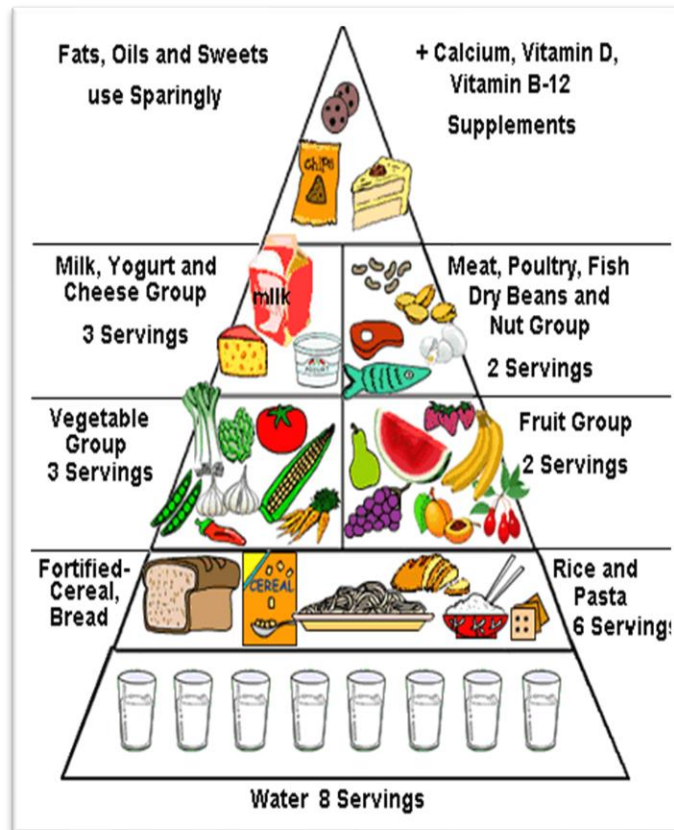
Orders need to be sent to the office by 9:30am Thursday morning and lunches will be delivered on Friday.

Preston South Primary School outsources its Canteen service to **CJ Cafe**, 151 Plenty Rd Preston (Tel: 03 9484 9699).
We promote healthy eating and have categorised all items into a food guide table.

SANDWICHES (WHITE OR BROWN \$2)

ROLL / WRAP (WHITE OR BROWN \$2.50)

Guide	Item	Plus
●	Virginian Ham	\$2.00
●	Salami	\$2.00
●	Grilled Chicken	\$4.00
●	Tuna	\$2.00
●	Tasty Cheese	\$1.00
●	Avocado	\$1.00
●	Tomato	\$1.00
●	Carrot	\$1.00
●	Cucumber	\$1.00
●	Egg	\$1.00
●	Bacon	\$3.00
●	Lettuce	\$1.00
●	Chicken Schnitzel	\$2.50
●	Mayonnaise	\$0.50



COMFORT FOOD

Guide	Item	Price
●	Vegetarian Fried Rice or Fried Noodle	\$5.00
●	Chicken Fried Rice or Fried Noodle	\$6.00
●	Beef Fried Rice or Fried Noodle	\$6.00
●	Lemongrass Pork Chop (with Fried Rice or Fried Noodle)	\$6.00
●	Traditional Vietnamese Grill Chicken (with Fried Rice or Fried Noodle)	\$6.00







HOT FOOD

Guide	Item	Price
	Pie	\$4.00
	Sausage Roll	\$4.00
	Party Pie	\$1.00
	Hot Dog	\$3.50
	Krensky in a Roll	\$4.00
	Chicken Nuggets	\$1.00
	Chicken/Beef Dim Sim	\$1.50





Sauce is supplied at no charge.

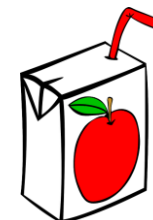
FRUIT

Guide	Item	Price
	Apple	\$1.00
	Orange	\$1.00
	Banana	\$1.00
	Fruit Salad	\$4.50



DRINKS

Guide	Item	Price
	Nippy's Chocolate / Strawberries / Vanilla	\$4.00
	Spring Water	\$2.00
	Up & Go (Chocolate, Strawberry, Vanilla)	\$1.50
	Apple/Orange Juice	\$1.50



CAKES

Guide	Item	Price
	Carrot / Banana Cake	\$2.50
	Muffins	\$2.00

NOTE: It is recommended that the occasional foods should be limited to two occasions per term.

