



# Preston South Primary School

## Lunch Order List

Orders need to be sent to the office by 9:30am Thursday morning and lunches will be delivered on Friday.

Preston South Primary School outsources its Canteen service to **CJ Cafe**, 151 Plenty Rd Preston (Tel: 03 9484 9699).  
We promote healthy eating and have categorised all items into a food guide table.

### SANDWICHES (WHITE OR BROWN \$2)

### ROLL / WRAP (WHITE OR BROWN \$2.50)

Guide	Item	Plus
Green	Virginian Ham	\$2.00
Green	Salami	\$2.00
Green	Grilled Chicken	\$4.00
Green	Tuna	\$2.00
Green	Tasty Cheese	\$1.00
Green	Avocado	\$1.00
Green	Tomato	\$1.00
Green	Carrot	\$1.00
Green	Cucumber	\$1.00
Green	Egg	\$1.00
Yellow	Bacon	\$3.00
Green	Lettuce	\$1.00
Green	Chicken Schnitzel	\$2.50
Yellow	Mayonnaise	\$0.50



### HOT FOOD

Guide	Item	Price
Green	Vegetarian Fried Rice or Fried Noodle	\$6.00
Green	Chicken Fried Rice or Fried Noodle	\$7.00
Green	Beef Fried Rice or Fried Noodle	\$7.00
Green	Lemongrass Pork Chop (with Fried Rice or Fried Noodle)	\$7.00
Green	Traditional Vietnamese Grill Chicken (with Fried Rice or Fried Noodle)	\$7.00

Healthy Eating Guide:

Everyday

Select Carefully

Occasionally

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## HOT FOOD

Guide	Item	Price
Red	Pie	\$4.00
Red	Sausage Roll	\$4.00
Red	Party Pie	\$1.00
Red	Hot Dog	\$4.00
Red	Krensky in a Roll	\$4.00
Red	Chicken Nuggets	\$1.00
Red	Chicken/Beef Dim Sim	\$1.50



## FRUIT

Guide	Item	Price
Green	Apple	\$1.00
Green	Orange	\$1.00
Green	Banana	\$1.00
Green	Fruit Salad	\$4.50

## DRINKS

Guide	Item	Price
Green	Spring Water	\$2.00
Yellow	Up & Go (Chocolate, Strawberry, Vanilla)	\$2.00
Yellow	Apple/Orange Juice	\$2.00

## CAKES

Guide	Item	Price
Red	Carrot / Banana Cake	\$2.50
Red	Muffins	\$2.50

