

## 7 matters to consider *before* ending your marriage.



You started your married life together full of dreams and aspirations. Sadly, your marriage isn't as happy as you hoped it would be. You may not be able to pinpoint the exact moment when you fell out of love, but you know that something is wrong when you don't enjoy your spouse's company anymore.

**Instruct the right divorce lawyer** – Invest in the best you can afford because you are investing in your future financial security and happiness. Someone who understands you and your situation.

**Get to grips with your finances** – You need to have a clear idea of what you and your partner's financial situation is now and how the divorce will impact these.

**Understand your rights and responsibilities in relation to your children** – How the children spend their time with each of their parents is one of the first things you and your spouse will have to agree on. Whilst there is no presumption of shared care there is a "presumption of parental involvement".

**Avoid social media** – Don't vent your frustrations on social media because you risk compromising your position or harming your credibility during negotiations or any court proceedings.

**Stay put in the family home** – This will strengthen your negotiating position in the financial discussions and result in a quicker and more favourable settlement.

**Put together your support network** – Assemble a support network of discrete and trustworthy supportive people.

**Act with dignity** – Don't behave badly towards your spouse or in front of your children. Setting a good example for your children and reduce the risk of any long term emotional harm when it comes to their self-worth and how they form their own emotional relationships later in life.

### ***Ready to make the next step?***

If you found this guide helpful and want tailored advice for your situation, would love to hear from you. To book your free clarity call email me at [Sarah@lifeschapters.co.uk](mailto:Sarah@lifeschapters.co.uk)

Let's make sure your next chapter begins with clarity, confidence and control

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