



November 2022

Sophie Chatel, MP for Pontiac

News Release

Hello everyone,

This is the November 2022 news release from your federal MP that updates you on programs and funding that may be relevant to members of your community. In this issue we discuss programs:

1. To help low-income people complete their tax returns.
2. To promote work experience in another province.
3. To organize an event or a festival.
4. To encourage the digital shift.
5. To host an intern.
6. To submit your opinion as part of the For a Green and Prosperous Outaouais initiative.

Please share relevant information with members of your communities.

1. To help low-income people complete their tax returns (Canada)

Through the [Community Volunteer Income Tax Program](#) (CVITP), community organizations run **free tax clinics** where volunteers complete tax returns for people with modest incomes and simple tax situations.

[Grant for hosting free tax clinics](#)

Who is it for? Community organizations that want to organize a free tax counter. You can check your eligibility [here](#).

When to apply? **From November 21 to December 31, 2022.**

How to apply? By following the instructions [on this page](#).

[To become a volunteer at a free tax office](#)

Find out everything you need to know about volunteering at a free tax clinic.

[To find a free tax office in your area](#)

There are free in-person or virtual tax clinics across Canada. Find one that meets your needs.

[To verify your eligibility for the services offered at a free tax office](#)

Do you need help completing your tax return? You may be [eligible](#) for the services offered at a free tax clinic if you have a modest income and a simple tax situation.

[For more information click here...](#)

Share the info about this program throughout your network. A low-income person in your life might need it. Think about it!

2. To promote work experience in another province (Canada)

The [Odyssey Language Assistant Program](#) is a bilingual, paid work experience that offers post-secondary candidates the opportunity to travel to another province or territory. Anglophone candidates can work in English in Quebec or New Brunswick. French-speaking candidates can work in French in a province other than their own.

Participants work 25 hours per week and receive a salary of \$25,000 for a nine-month term.

Who is it for? To be eligible, candidates must: **have excellent language skills**, both oral and written (proficiency must be as strong as if it were your first language) **in either English or French; be a Canadian citizen or permanent resident of Canada** (those studying in Canada on a student visa are not eligible); and **have completed, by the start of your work term and within the last 10 years, at least one full year of postsecondary studies. Quebec candidates must have completed two years of college-level studies or one year of university.** For studies outside of Canada, candidates must have completed at least one full year of postsecondary studies and will need to submit a formal assessment of their high school academic credentials as well as a transcript of post-secondary records.

When to apply? **The deadline to apply is March 14, 2023.** Think about applying now if you are interested.

How to apply? Eligible candidates can submit an application online. See the [Apply now](#) link on the Odyssey page for full instructions.

[For more information click here...](#)

If people who are passionate about travel and new experiences are part of your entourage, pass this information on to them.

3. To organize an event or a festival (MRC Vallée-de-la-Gatineau) – Only in French

The [Events and Festivals Support](#), offered through the *Politique de financement pour les événements et les festivals de la MRC Vallée-de-la-Gatineau*, supports events and festivals that will take place on the territory of the Vallée-de-la-Gatineau between January 1 and April 30, 2023.

Who is it for? To incorporated organizations, local municipalities, schools or school service centres, Indigenous communities. Private companies are not eligible.

When to apply? **By November 25, 2022. Please note that there will be two other calls for projects under this policy, in March 2023 and August 2023,** for events and festivals taking place between May 1 and December 31, 2023.

How to apply? Complete the [online request form](#) (in French) and follow the instructions at the bottom of the form.

[For more information click here...](#)

Please share the information on your social networks or send the information directly to eligible applicants in your entourage.

4. To encourage the digital shift (Canada)

The [Canada Digital Adoption Program](#) was created to help small and medium-sized businesses realize their full potential through the adoption of digital technologies. Two components are offered: 1 – [Grow your business online](#) 2 – [Boost your business technology](#). You could receive up to \$2,400 for developing your online business, and up to \$15,000 for improving your business technologies.

Who is it for? For owners of a small or medium-sized business.

When to apply? Now and anytime – there is no deadline at this time, but it is recommended that you submit your application as soon as possible.

How to apply? Check your eligibility and follow the directions [here](#).

[For more information click here...](#)

Take advantage of this opportunity without delay!

5. To host an intern (Canada & Fédération des chambres de commerce du Québec) – Only in French

To address the labour shortage, the [Accueillez un stagiaire](#) program provides wage subsidies and personalized coaching to integrate first-year interns as well as interns from under-represented groups.

Who is it for? Non-profit organizations and private sector companies. Check the [eligibility criteria](#).

When to apply? From September 1st to December 15, 2022 and from January 1st to April 30, 2023.

How to apply? Please contact those in charge of the program at accueillez.un.stagiaire@fccq.qc.ca.

[For more information click here...](#)

Invite businesses and NPOs in your sector to submit an application.

6. To submit your opinion as part of the For a Green and Prosperous Outaouais initiative

As part of the initiative [For a Green and Prosperous Outaouais](#), your federal MP for the riding of Pontiac invites you to submit your opinion on various subjects, in order to propose solutions to create, together, a green and prosperous Outaouais:

- [Housing Strategy](#)
- [Sustainable tourism development](#)

- [Green, public and active transportation](#)
- [Sustainable forestry](#)
- [Green and circular economy](#)
- [Digital economy and new technologies](#)
- [Sustainable agriculture](#)
- [Nature protection](#) (upcoming)

Who is it for? All residents of the Outaouais region who feel concerned and challenged by the future of the region.

How to submit your opinion? By clicking on the links above, depending on the topics that interest you, which will take you to the [Cocoriko](#) consultation platform.

When to submit your opinion? At any time, until the end of the consultations (no specific date yet).

[For more information click here...](#)

If the future of the Outaouais region is important to you, take part in these online consultations without delay. Thank you for your time!