

SmartXIDE Tetra

Prior to the SmartXide Tetra

7-28 days prior to treatment (to hydrate your skin and optimize treatment results):

- Hydrate and protect:
 - Moisturize skin at least 2x a day (AM/PM)
 - Increase water intake to 8 glasses of water (8oz) or more per day
 - Avoid prolonged exposure to the sun
 - If exposure is unavoidable, use a zinc oxide-based sunscreen of at least SPF 30+

3-7 days before your treatment:

- Prepare your skin:
 - Stop any topical retinoid therapy (3-4 days prior to treatment)
 - If you have a history of fever blisters, ask your provider about starting an antiviral prophylaxis 3-7 days before the treatment.

Day of Treatment:

- You will be asked to thoroughly cleanse the skin in the area to be treated. Remove all hairspray, makeup, gels, ointments, lotions, self tanning products & perfumes.
- Pre-treatment photos will be taken.
- Topical numbing will likely be applied and removed prior to the treatment.

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