

SmartXIDE Tetra

After the SmartXide Tetra

Days 2-7 After

- AM
 - Wash the treatment area with a mild soap or gentle cleanser (Cetaphil) and gently blot dry.
 - Wait ten minutes to apply a zinc oxide-based sunblock.
 - Allow the sunblock to rest, undisturbed for 5 minutes.
 - Apply Aquaphor ointment to the treated areas.
 - The layer should be the thickness of a dime.
 - Reapply every 3-4 hours and as needed to maintain a moist environment.
 - Avoid scrubbing or trauma to the treated area.
 - Avoid sun exposure to reduce the chance of hyperpigmentation.
 - Continue using a zinc oxide-based sunblock with a SPF 30+.
- PM
 - Gently wash the treatment area using the mild cleanser, and gently blot dry.
 - Wait for ten minutes to apply Aquaphor to the treatment areas.
 - The layer should be the thickness of a dime.
- Avoid exercise or any excessive heat for 2 weeks post treatment.
- Change your pillowcase daily and as needed for the first 7 days post treatment.
- Excessive sun must be avoided for 2 months post treatment.

Green Country Surgical Arts
11911 S. Oxford Ave, Suite 200, Tulsa, OK 74137
(918) 600-0026
info@greencountrysurgicalarts.com