



# VEGETABLE GARDENING

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## COOL SEASON VEGETABLES

Broccoli  
Brussels sprouts  
Cabbage  
Collard  
Garlic  
Horseradish  
Kale  
Kohlrabi  
Leek  
Onion  
Pea  
Radish  
Rhubarb  
Shallot  
Spinach  
Turnip  
Beet  
Carrot  
Cauliflower  
Celery  
Chard  
Lettuce  
Parsnip

## WARM SEASON VEGETABLES

Beans  
Cantaloupe  
Cucumber  
Eggplant  
Pepper  
Pumpkin  
Squash  
Sweet corn  
Tomato  
Melons  
Basil  
Cilantro  
Potatoes

## FROST FREE DATES

Cedar City averages 135 frost free days. The average last spring frost date is May 20th. The average first fall freeze is October 5th.

## WHEN TO PLANT

**St. Patrick's Day** plant once soil hits 40 degrees (any time after March 15th)

- Cool Season Crops
- Start warm season seed indoors

**Earth Day** plant once soil hits 50 degrees (any time after April 15th)

- Seed Potatoes

**Memorial Day** plant once threat of frost has passed (average last frost date is May 20th)

- Warm Season Crops

## Pioneer Day

- Second round of cool season crops for fall harvest

## Labor Day

- Onions for early spring harvest
- Garlic for June/July harvest

## TIPS & RESOURCES

- Keep a journal
- Take the time to plan your space & prepare your soil
- Install a drip system & purchase a timer so you can water your garden while you're away
- Make weeding a weekly job
- Don't go overboard your first year
- Purchase small plants
- Make sure you rotate your crops
- Use the Extension web site [extension.usu.edu](http://extension.usu.edu)
- Grow extra for the Farmer's Market!
- Enjoy your harvest!!