

THE MARATHON GRAND SLAM CLUB™ / Polar Running Adventures®

DATE: 10 MARCH 2025

LIST OF ATHLETES WHO HAVE COMPLETED A MARATHON ON ALL 7 CONTINENTS AND NORTH POLE ICE CAMP (BETWEEN 89 DEGREES NORTH AND 90 DEGREES NORTH)



Please Note: For Antarctica, the first list of 35 women and 121 men is comprised of those who completed a marathon within the Antarctic Circle (66.5 Degrees South) on the mainland continent of Antarctica. The second list includes an additional 10 women and 33 men who completed a marathon within the *Antarctic region*, defined by the Antarctic Treaty as a latitude of 60 Degrees South, thereby including the South Shetland Islands.

*All athletes have travelled with Richard Donovan / Polar Running Adventures to the North Pole. To request corrections / additions, please email polarrunningadventures@gmail.com.

WOMEN

| NAME | COUNTRY | NAME | COUNTRY |
|-----------------------|-----------|-----------------------|---------------|
| Demelza Alderson | (GBR/AUS) | Sarah Ames | (GER) |
| Heather Carr | (USA) | Pushpa Chandra | (CAN) |
| Jennifer Cheung | (HKG) | Emma Clair Dumont | (FRA) |
| Uma Devi Chigurupati | (IND) | Gulzhamal DeFelice | (KAZ/RUS/USA) |
| Eleanor Dorran | (IRL) | Nancy Freeman | (USA) |
| Stephanie Gicquel | (FRA) | Lise Gronskar | (NOR) |
| Heather Hawkins | (AUS) | Adriana Istrate | (ROM) |
| Gloria Lau | (SIN) | Christophe Laurent | (FRA) |
| Vivian Lee | (CHN/USA) | Adjoa Smalls Mantey | (USA) |
| Sha Mao | (CHN) | Stevie Matthews | (GBR) |
| Joanna Medras | (POL) | Fiona Oakes | (GBR) |
| Sarah Oliphant | (USA) | Roxie Paine | (USA) |
| Stefanie Pettersson | (BRA/SWE) | Eleanor Pienaar | (RSA) |
| Lisandra Richardson | (PUR/USA) | Judy Scrine | (GBR) |
| Sasie Smittipatana | (THA) | Catherine Yanfeng Sun | (CHN/HKG) |
| Shona Douglas Thomson | (GBR) | Richelle Turner | (AUS) |
| Anneke Wester | (NED) | Guoping Xie | (CHN) |
| Marianna Zaikova | (FIN) | | |

MEN

| NAME | COUNTRY | NAME | COUNTRY |
|----------------------------|----------------|---------------------|----------------|
| James Alderson | (AUS) | Marcelo Alves | (BRA) |
| Anand Anantharaman | (IND) | Nick Appell | (GBR) |
| Stefann Aumann | (GER) | Michael Baer | (SUI) |
| Brad Beall | (USA) | Havard Bo | (NOR) |
| Frank Bollnow | (GER) | Harry Botha | (RSA) |
| Christopher Bullock | (USA) | Patrick Cande | (TAH) |
| Tommy Chen | (TPE) | Donald Cheung | (CHN) |
| Krishna Prasad Chigurupati | (IND) | Wing Keung Chik | (HKG) |
| Howard Choi | (USA) | Mark Collins | (USA) |
| Victor Consunji | (PHI) | Mark Cooper | (AUS) |
| Miles Cudmore | (GBR) | James Danaher | (GBR) |
| Henri Alain d'Andria | (FRA) | Richard Donovan | (IRL) |
| Duc Do | (AUS/VIE) | Gareth Evans | (GBR/USA) |
| David Field | (AUS) | Sir Ranulph Fiennes | (GBR) |
| Jacques Fox | (LUX) | William Gargiullo | (SUI) |
| Chad Garlock | (USA) | Graham Gillespie | (AUS) |
| Fernando Gonzalez | (ESP) | Evgeniy Gorkov | (RUS) |
| Paul Grealish | (IRL) | Glenn Grossman | (USA) |
| Zhu Han | (CHN) | Cees Hardeman | (NED) |
| Angelo Henry | (ITA/RSA) | Stuart Horsewood | (GBR) |
| Jon Howard | (GBR) | Mohan Iyer | (USA) |
| Ted Jackson | (GBR) | Peter Jensen | (DEN) |
| Christopher Jonns | (GBR) | René Gross Kærskov | (DEN) |
| Alex Kemp | (GBR) | Don Kern | (USA) |
| MJ Kim | (KOR/USA) | David Kuhne | (AUS) |
| Christophe Lebrun | (FRA) | Keith Leung | (CHN) |
| Xiaobai Li | (CHN) | Xiaobo Li | (CHN) |
| Xibei Li | (CHN) | Joseph Lim | (USA) |
| Steve Lo | (HKG) | James Love | (GBR) |
| Masao Maki | (JPN) | Luis Alonso Marcos | (ESP) |
| Peter McGarry | (IRL) | Martin Molsater | (NOR) |
| Djalma Moura | (BRA) | Steve Munson | (USA) |
| Andrew Murray | (GBR) | Joao Netto | (POR) |
| Patrick Ngan | (CHN/HKG) | George Nichols | (USA) |
| Lookpetch Nielsen | (THA) | Arnold Oliphant | (USA) |
| Boon Ong | (SIN) | Phing Ong | (SIN) |
| John O'Regan | (IRL) | Jon O'Shea | (GBR) |
| Daniel Palko | (SVK) | Samir Patel | (USA) |
| Anders Pettersson | (BRA/SWE) | Stephen Pienaar | (RSA) |
| Rob Plijnaar | (NED) | Jaroslav Rajtar | (POL) |
| Larry Rich | (USA) | Philippe Richet | (FRA) |
| Michel Robitaille | (CAN) | Andrei Rosu | (ROM) |
| Joao Bandeira Santos | (POR) | Markus Schramm | (GER) |
| Steven Seaton | (GBR) | Chris Seymour | (AUS/USA) |
| Jingbiao Shan | (CHN) | Ladislav Simek | (CZE) |

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|-------------------|-----------|-----------------------|-------|
| Pal Skyrud | (NOR) | Neil Standring | (GBR) |
| Vlado Stareshin | (CRO) | Willy Steinskog | (NOR) |
| Yang Song | (CHN) | Krzysztof Stepień | (POL) |
| Piotr Suchenia | (POL) | Gilbert Summa | (FRA) |
| Greg Swan | (AUS) | Krzysztof Szachna | (POL) |
| William Tan | (SIN) | Alexander Tauchhammer | (AUT) |
| William Thomas | (USA) | Douglas Thompson | (USA) |
| Gary Thornton | (IRL) | Mark Tointon | (GBR) |
| Ahmet Uysal | (TUR) | Petr Vabroušek | (CZE) |
| Patrick Waller | (GBR) | Michael Wardian | (USA) |
| Brent Weigner | (USA) | Dorn Wenninger | (USA) |
| Doug White | (USA) | Luke Wigman | (GBR) |
| Douglas Wilson | (AUS) | Wojciech Wiwatowski | (POL) |
| Pierre Wolksonky | (FRA) | Simon Wrenn | (GBR) |
| Eric Yuesheng Xin | (CHN/HKG) | Song Yang | (CHN) |
| Nick Zafer | (AUS) | | |

ANTARCTIC REGION

WOMEN

| NAME | COUNTRY | NAME | COUNTRY |
|---------------------|---------|------------------------|---------|
| Liubov Bleykh | (RUS) | Leonie Stander Delpont | (RSA) |
| Karen Michelsen | (CAN) | Tuedon Morgan | (NGR) |
| Ivana Pilarova | (CZ) | Mary Ritz | (USA) |
| Sonja Viljoen Stall | (RSA) | Pam Solberg-Tapper | (USA) |
| Mariko Takano | (JPN) | Ginny Turner | (USA) |

MEN

| NAME | COUNTRY | NAME | COUNTRY |
|---------------------------|-----------|---------------------|---------|
| Dani Afionni | (LBN) | Juan Antonio Alegre | (ESP) |
| Luis Vincente Barco | (ARG) | Gary Baron | (GBR) |
| Tom Djurdjevich | (USA) | Miguel Caselles | (ESP) |
| Fernando Gonzales | (ESP) | Mark Duncan | (RSA) |
| Jurgen Heilbock | (GER) | Hans-Wilhelm Hamke | (GER) |
| Wolfgang Kapf | (AUT) | Dave Horsley | (GBR) |
| Juergen Kuhlmeier | (GER) | Janos Kis | (HUN) |
| Jorge Gonzalez de Matauco | (ESP) | Roberto Liano | (MEX) |
| Kym McConnell | (NZL) | Vijay Lingegowda | (USA) |
| Mustapha Mroueh | (LBN) | Mazen Mroueh | (LBN) |
| Marcus Pinsker | (GER) | Seow Kong Ng | (MAY) |
| Chakravarthy Reddy | (USA) | Ziyad Rahim | (PAK) |
| Michel Ribet | (FRA/USA) | Fernando Ribeiro | (LUX) |
| Wolfgang Schwarzaeugl | (AUT) | Paul Ruesch | (USA) |
| Mark Sinclair | (GBR) | Clyde Shank | (USA) |
| Frank Staples | (GBR) | Osy Waye | (GBR) |
| Robert White | (USA) | | |