

CLIENT INTAKE FORMS

Name: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____ Occupation: _____

Email: _____ Referred By: _____

Are you here for Coaching, Reiki Energy or Retreats? _____

Are you ready to begin the transformation process? _____

Which emotions are you wanting to work through: _____

What triggers affect you: _____

What daily stress level are you at (0-10): _____ Do you meditate/practice mindfulness: _____

Positive outlets you engage in: _____

Negative outlets you engage in: _____

What goals are you seeking to achieve through this work: _____

What blocks keep you from moving forward:: _____

Which areas of your life are you looking to elevate? _____

Please list all medical conditions: _____

Please list all prescription medications with reasons: _____

Please list any additional comments regarding your health and well-being: _____

Signature: _____ **Today's Date:** _____

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I acknowledge that integrated energy work is for balancing energy, releasing negativity, relaxation, stress reduction, and higher awareness. I can communicate with Sandra if I need support processing emotions.

Sessions do not replace medical care, and I am responsible for seeking qualified professionals for any mental or physical conditions beyond this scope. I release Sandra Catherine and Bloom Retreats from liability, assuming full responsibility for my health.

Offensive or sexual behavior will result in immediate session termination without a refund, and I will lose the privilege of future services.

If a medical emergency arises, emergency services will be called. I confirm that I have disclosed all medical conditions, medications, and will update any changes. I accept full liability and do not hold Sandra Catherine or Bloom Retreats responsible.

New clients require a complimentary 15-minute phone consultation to ensure alignment of energy and goals.

Appointments are booked online, with payment due at booking unless arranged otherwise in advance. Awakening and Enlightenment Packages offer discounted weekly one-hour sessions; missed sessions cannot be rescheduled at the discounted rate and the difference will be charged to you for immediate payment.

All sessions, including group and retreat settings, are strictly confidential. Respecting the privacy and healing journey of others is essential. Absolutely no audio/visual recordings or use of participant names outside of retreats are acceptable. Please be respectful of others as they will with you.

Print Name: _____ **Date:** _____

Signature: _____

Emergency Contact: _____ **Cell #:** _____

I look forward to working with you!