*Testing and Assessment Helpful Information:*

Thank you for choosing Whole Living, LLC for your assessment. Our clinicians are expert testers who are mentors and educators of others in the field of psychometry. We enjoy exploring people’s strengths and weaknesses in order to inform treatment and to provide personal insight. Your assessment was specifically crafted by our team for you.

The following are suggestions and expectations for your testing day:

* Please arrive on time as the clinicians may not be able to complete your testing if they begin later than expected.
* Because people are unique assessment schedules are flexible. While we do our best to complete a full battery in one or two days there are times when we might ask that you return for follow up or test completion.
* It is important to get a good night’s rest before testing.
* It is important to eat breakfast before attending your testing session.
* Please bring snacks, water, and/ or lunch if your testing time is scheduled over a meal time or more than three hour intervals.
* Although we take breaks when possible, several assessments require that portions be administered under tight timing constraints.
* Please provide your tester with parent or caregiver contact information for the testing day. We will try our best to contact parents or caregivers within 30-45 minutes of the assessment conclusion so that they can be available when their child or relative is finished.
* The assessor will provide the caregiver with a packet of material to be distributed to teachers or caregivers and returned to Whole Living, LLC at your earliest convenience. We are bound by ethics mandates that some diagnoses may only be applied if we have appropriate feedback from different sources. Delay in the return of the documents will delay report completion.
* We do not provide assistance with elimination so a parent or caregiver must be present to assist those who are unable to use the restroom independently.
* If a family member would like to remain with the patient during the day of the assessment they may do so in the waiting area. We can provide internet access.
* The assessor may direct you to a certain web site to complete assessments or to distribute URLs to teachers and caregivers so they may complete forms and submit them appropriately.
* Please notify informants (teachers/counselors/ medical doctors) that they will be receiving requests to provide information and that appropriate releases have or will be been obtained.
* You will be required to provide payment for testing on the first day of the assessment.
* If this is court ordered testing or there are custody or guardianship issues please submit court records. We cannot complete assessments on minors unless we have confirmed guardianship.
* We follow HIPAA guidelines so your information will be confidential and only released with your written consent.

ADHD Medication Instructions:

 Do not take your ADHD medication.

 Bring your ADHD medication to the assessment to take a dose later in the day. (Medication must be in pharmacy bottle or accompanied by original medical order with relevant information regarding name, DOB, and administration instructions.)

 Please take your ADHD medication prior to attending your testing session.

Supplemental Documentation:

The following are helpful ancillary documents you may choose to submit:

* Results of last physical exam.
* Results of last academic grading period.
* Fun or interesting facts about the patient.

Therapeutic Feedback Sessions

Unlike other centers, our feedback sessions are specifically designed for patients and family members to gain an understanding of the patient’s strengths and weaknesses and their effects on quality of life, functionality, interpersonal relationships, career and academic choice, and therapy and treatment options. While our reports are state of the art to inform health care teams, we value the information we can provide as a road map to life’s possibilities for our patients. We encourage you to invite persons who are involved with the care of the patient to attend the feedback sessions. If we are testing a minor or a person with limited capacity we will be happy to provide developmentally appropriate information to that individual so that they may understand themselves as best as possible.

Thank you for your assistance!

Dr. Merritt