

# Healing Haven Residential Care

## Community Living Guidelines

At Healing Haven Residential Care, our goal is to create a peaceful, safe, and supportive space where everyone — from older adults to those in recovery — can heal and grow without fear. These expectations are built to keep our home respectful and balanced across all locations in Georgia, Texas, and North Carolina.

- Treat every resident and staff member with respect. No yelling, name-calling, or bullying will be tolerated. We are all here to get better.
- Keep shared spaces clean. This includes wiping down surfaces after use, doing your part in common areas, and helping maintain a tidy living environment.
- Honor quiet hours. Most residents rest between 10 PM and 7 AM. Please keep noise low, avoid loud music or conversations, and be mindful of others' rest.
- Follow curfew and community agreements. Curfew times will be discussed during intake and must be followed for everyone's safety and consistency.
- No drugs, alcohol, or weapons. This is a sober living environment. Possession or use of these items will result in removal from the program.
- Visitors are only allowed with staff approval. Family, therapists, or outside case workers must be pre-approved for the safety of all residents.
- Participate in group responsibilities. This may include light chores, helping with meals, or attending weekly house check-ins.
- Respect privacy and boundaries. Do not enter other residents' rooms without permission. Personal belongings and space must be honored.
- Report safety concerns immediately. If you see something that doesn't feel right, tell staff right away. Your voice helps keep our home safe.
- Be honest and open. Healing takes honesty. If you're struggling, ask for help. We are here to support you, not punish you.

Healing Haven is a place where second chances are honored and safety is non-negotiable. These guidelines are in place so that every resident, no matter their past or age, has a real chance to move forward in peace.