

## Leadership Development That Aligns Teams, Inspires Collaboration, and Delivers Results

CUSTOMIZED WORKSHOPS AND FACILITATION FOR COMPANIES AND NONPROFITS



# THE POWER OF COMING TOGETHER

In today's fast-paced and ever-changing workplace, the ability to bring teams together and foster meaningful collaboration is a competitive advantage. Research consistently demonstrates the value of effective facilitation:

- Organizations with highly engaged employees experience 21% greater profitability. (Gallup)
- Teams that achieve consensus are 50% more likely to meet their goals. (Forbes)
- Facilitated sessions improve collaboration in remote teams by up to 62%. (Deloitte)
- Collaborative teams are significantly more likely to drive innovation and achieve success. (McKinsey, Wrike)

Facilitation creates a neutral, structured environment where every voice is heard, obstacles are transformed into opportunities, and actionable solutions emerge.

It equips your team to align, engage, and succeed—delivering measurable outcomes that can transform your organization.



#### The Results You Can Expect

- Stronger Alignment: Teams gain clarity on goals, roles, and strategies.
- Greater Engagement: Every participant feels valued, fostering trust, collaboration, and rapport.
- Actionable Outcomes: Teams leave sessions with clear priorities, actionable plans, and renewed momentum.
- Enhanced Team Building: Build stronger connections and improve dynamics by working together in a supportive, productive environment.
- Problem-Solving Practice: Develop the skills to come together and tackle challenges effectively, preparing your team for future success.

### ENGAGE, ALIGN, AND BUILD SKILLS WITH TAILORED TRAINING

Our toolbox includes more than 30 done-for-you workshops backed by over 50 proven exercises to ensure participants leave with practical skills they can apply immediately.

#### **Workshops to Fit Your Needs**

- Stand-Alone Options: Choose a single workshop to address specific challenges.
- Integrated Solutions: Build a customized facilitation plan using workshops as building blocks.
- Flexible Formats: Sessions available virtually or in-person, ranging from 60 minutes to fullday retreats.

Does your team need to hone a particular skill? Are you wanting to level up in a specific area? With more than 20 years of curriculum design, we can create workshops to address your team's specific goals and challenges!

#### **Empowerment Workshops**

Boost confidence and inspire action.

- Unleash Your Power! Bold steps toward career success
- DISC for Teams: Unlock communication and collaboration
- Play Your Bigger Game for Teams: Find purpose and make an impact



#### Effectiveness Workshops

Master productivity and strategic thinking.

- Winning the Day: Build focus and momentum
- The 5 Whys: Solve root issues with clarity
- Reclaim Your Time: Manage priorities effectively

#### Intention-Building Workshops

Align team goals with their values for lasting success.

- The Power of Intention: Make your goals stick
- Intuitive Vision Boarding: Create a visual roadmap
- Understanding DISC for Leadership: Elevate leadership impact

#### **Mindfulness Workshops**

Foster creativity, reduce stress, and enhance focus.

- Zentangling Your Zen: Stress relief through creative doodling
- Meditative Mandalas: Create calm and focus through art
- Journey Through The Artist's Way: Unlock creative collaboration
- · Pattern Play: Structured mindfulness through play

## ABOUT JENNESSA DURRANI

Jennessa Durrani is a certified success coach, experienced facilitator, and dynamic speaker with over 20 years of leadership development expertise. She has helped corporate and nonprofit teams align, collaborate, and achieve meaningful outcomes through interactive workshops, retreats, and strategic sessions.

With certifications in DISC & VALUES, Human Design, NLP, and Hypnotherapy, Jennessa brings a unique blend of proven methodologies and personalized approaches to every engagement. Her workshops and facilitation are designed to inspire action, foster trust, and deliver measurable results.

Based in Andover, Massachusetts, Jennessa is ready to help your organization turn challenges into opportunities—virtually or in person.

#### What Clients Are Saying

- "Thank you again for such a wonderful workshop! Everyone felt like they learned something about themselves while enjoying the relaxation the workshop provided."
  Heather Gaspar, Executive Director, Uncommon Goods
- "We had a great day, and the team got so much out of their individual sessions with you. Thank you for your engagement and expertise!" - Colleen, Chief People Officer, International Software Company



Your facilitation truly set the tone for an impactful experience. The exercises and conversations you led created a foundation for success that carried into Day 2.

Edgar, Chief People Officer,
National Facilities Services Company

# LET'S WORK TOGETHER

#### **How It Works**

- Define Your Goals: We start with a <u>discovery</u> <u>call</u> to identify your team's needs, challenges, and goals.
- Create a Proposal: Based on your needs, you will receive a tailored plan using proven tools and strategies that align with your budget.
- 3.**Plan the Session:** We will collaborate on schedules, logistics, and methodology to address team dynamics to prepare.
- 4. **Deliver the Experience:** We will then facilitate engaging sessions, in-person or virtual, that drive actionable outcomes.
- 5. Follow Through: The work continues postsession with a recap where we will finalize your actionable next steps and options for ongoing support.

## Ready to bring your team together and achieve measurable results?

Today's workforce is looking for:

- A healthy workplace culture
- Career development opportunities
- Better work-life balance
- · Purpose-driven work

My programs provide the skills and mindset your team needs to thrive. Let's create a facilitation or workshop experience tailored to your organization.

Schedule your discovery call today to ignite your team's potential!



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