



# March is Long COVID Awareness Month!



*Please see below for additional information and resources:*

COVID-19 Longhailer Advocacy Project (C19LAP)  
Long COVID Awareness Month - Calendar for March, 2026:  
<https://www.longhailer-advocacy.org/lcamonth2026>

International Long COVID Awareness website:  
<https://www.longcovidawareness.life/calendar>

Long COVID Foundation - Link to demonstrations and advocacy work:  
<https://www.longcfdoundation.org/long-covid-awareness-day-and-month>

Canadian COVID Society:  
<https://covid society.ca/priorities/long-covid/events-lcad-2026/>

Emerge Australia:  
<https://emerge.org.au/what-we-do/campaigns-events-and-causes/international-long-covid-awareness-day-2026/>

Mask Together America - 6 Virtual Q&A sessions:  
<https://masktogetheramerica.org/blog/long-covid-defense-series-iii-featuring-6-virtual-q-a-sessions>

Honor and Recognize People Lost due to Long COVID:  
[https://docs.google.com/forms/d/e/1FAIpQLSdR21hXj4jx-pxlGsrdrj200V\\_TyUDAi-SYgOoE56TgnA4-lg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdR21hXj4jx-pxlGsrdrj200V_TyUDAi-SYgOoE56TgnA4-lg/viewform)

Lit for Long COVID - illuminating landmarks from around the world:  
<https://www.longcfdoundation.org/lit-for-long-covid>

Light it Up Teal in March for Long COVID:  
[https://8e4f927e-6562-45a0-a158-404896b39404.filesusr.com/ugd/2f6d49\\_37c2ef2d46454a78b4efadbcec1adb4e.pdf](https://8e4f927e-6562-45a0-a158-404896b39404.filesusr.com/ugd/2f6d49_37c2ef2d46454a78b4efadbcec1adb4e.pdf)

Add Long COVID Rings to your social media:  
<https://www.longcovidawareness.life/>