

## Long COVID Webinars and Seminars

This handout includes a curated list of trusted webinars, conferences and educational resources focused on Long COVID and related post-infectious conditions . These organizations and speakers are widely recognized in the research and clinical community and provide reliable, up-to-date information for patients, caregivers and clinicians.

### **3<sup>rd</sup> Long COVID International Conference 2025**

The 3rd edition of the Long COVID International Conference was held in Boston, United States, on 19 - 20 November 2025 as a hybrid conference.

[Link to Videos](#)

### **How Persistent Pathogens Could Accelerate the Aging Process | Amy Proal | TEDxBoston**

From before birth through everyday exposures, we accumulate viral, bacterial, and parasitic pathogens that can persist in our tissues and nerves for decades, quietly manipulating the systems that sustain us.

[Watch on YouTube](#)

### **Keystone Symposium: Long COVID and Other Post-Acute Infection Syndromes**

Global experts address diagnostic and therapeutic challenges and identify potential solutions for achieving a consensus on clinical phenotypes, diagnostic criteria, diagnostic biomarkers, clinical trial design and endpoints, and treatments.

[Link to Panel Discussion](#)

### **Long COVID Alliance Webinars**

Events and webinars featuring leading researchers, clinicians and patient advocates focused on Long COVID.

[Long COVID Alliance Events](#)

### **Long COVID 2025: Symptoms, Diagnosis, Post-COVID Treatments and the Latest Long COVID Research**

Akiko Iwasaki, PhD, discusses new long COVID research, emerging treatments for long haul COVID, and the latest from the Yale Long COVID clinic. American Medical Association CXO Todd Unger hosts.

[Watch on YouTube](#)

### **Long COVID Treatments Webinar: Go-To, Promising, and Experimental Options**

A webinar exploring current and emerging treatment strategies for Long COVID.

[Watch on YouTube](#)

### **Long COVID's Invisible Toll on Public Health (TEDTalk)**

Dr. David Putrino, Director of Rehabilitation Innovation at Mount Sinai, discusses Long COVID's impact on public health and treatment directions.

[Watch on YouTube](#)

### **Long COVID Justice**

Linking patient-led support groups and information sharing, groundbreaking research, grassroots community organizing and mobilization, communications, and policy analysis and advocacy

[Link to Webinars](#)

### **Long COVID Physio**

Long COVID Physio is an international peer support, education and advocacy, patient-led association of Physiotherapists living with Long COVID and allies.

[Education Videos](#)

### **Long COVID Web**

A Canadian network supporting research into the Post-COVID Condition (PCC)

[Link to Webinars](#)

### **Neurovascular dysregulation during exercise in ME/CFS and Long COVID**

Assistant Prof. of Medicine David Systrom, Brigham and Women's Hospital, Harvard Medical School, USA. Recorded at the 2025 Swedish ME Association (RME) and The Swedish Covid Association conference in Stockholm.

[Watch on YouTube](#)

### **Pacing and How to Exercise Safely in Long COVID and ME/CFS**

A fireside chat discussing safe exercise practices and pacing strategies.

[Watch on YouTube](#)

### **PolyBio Presentations**

Research talks and presentations on viral persistence and Long COVID mechanisms.

[PolyBio Presentations](#)

### **Post-Exertional Malaise in ME/CFS - Management and Supports**

A webinar providing insights into managing PEM in ME/CFS.

[Watch on YouTube](#)

### **Project ECHO**

A collaborative network offering expert-led Long COVID webinars for healthcare providers and researchers.

[Project ECHO Webinars](#)

### **RECOVER (NIH) Video Library**

A collection of videos sharing updates from the NIH RECOVER initiative, including patient and research perspectives.

[RECOVER Videos](#)

**RECOVER TLC Webinars**

Webinars advancing Long COVID research through the Transformative Large-Scale Clinical Trials (TLC) program.

[RECOVER TLC Webinars](#)

**Remission Biome Events Calendar**

Upcoming events and webinars from the patient-led Remission Biome project.

[Remission Biome Calendar](#)

**Solve ME/CFS Webinars**

Expert webinars on ME/CFS, Long COVID and related conditions.

[Solve ME/CFS Webinars](#)

**The Long Covid Clinic: What You CAN Do**

The Long Covid Clinic is a channel focused on what you can do if you have the condition.

[Link to Videos](#)

**Unraveling Long COVID Care: Clinical Advances and Future Directions (Recorded)**

This on-demand webinar from Stanford is designed to provide clinicians with cutting-edge insights and strategies for effectively navigating the complex landscape of Long COVID.

[View the Course](#)