

## PRIVATE PERSONAL TRAINING

|                               |                                                 |                                                 |                                                 |                |
|-------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|----------------|
| 1-ON-1<br>\$85<br>PER SESSION | 2 PEOPLE<br>\$75<br>PER SESSION<br>(PER PERSON) | 3 PEOPLE<br>\$65<br>PER SESSION<br>(PER PERSON) | 4 PEOPLE<br>\$55<br>PER SESSION<br>(PER PERSON) | 30<br>SESSIONS |
| 1-ON-1<br>\$90<br>PER SESSION | 2 PEOPLE<br>\$80<br>PER SESSION<br>(PER PERSON) | 3 PEOPLE<br>\$70<br>PER SESSION<br>(PER PERSON) | 4 PEOPLE<br>\$60<br>PER SESSION<br>(PER PERSON) | 20<br>SESSIONS |
| 1-ON-1<br>\$95<br>PER SESSION | 2 PEOPLE<br>\$85<br>PER SESSION<br>(PER PERSON) | 3 PEOPLE<br>\$75<br>PER SESSION<br>(PER PERSON) | 4 PEOPLE<br>\$65<br>PER SESSION<br>(PER PERSON) | 10<br>SESSIONS |

\*ANY 10-30 SESSION PACKAGES INCLUDE FULL APP ACCESS & NUTRITION COACHING FOR THE DURATION OF YOUR CONTRACT

## SMALL GROUP TRAINING - PRICED BY SESSION

|                                  |                                   |                                    |                                    |                                    |
|----------------------------------|-----------------------------------|------------------------------------|------------------------------------|------------------------------------|
| 1 SESSION<br>\$50<br>PER SESSION | 5 SESSIONS<br>\$48<br>PER SESSION | 10 SESSIONS<br>\$45<br>PER SESSION | 20 SESSIONS<br>\$40<br>PER SESSION | 30 SESSIONS<br>\$35<br>PER SESSION |
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## SMALL GROUP TRAINING MEMBERSHIPS

|                                            |                                                          |                                                          |
|--------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
| 1 MONTH CONTRACT<br>\$320<br>FOR ONE MONTH | 2 MONTH CONTRACT<br>\$300<br>PER MONTH<br>(FOR 2 MONTHS) | 3 MONTH CONTRACT<br>\$280<br>PER MONTH<br>(FOR 3 MONTHS) |
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## REFORMER

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| 10 SESSIONS<br>\$95<br>PER SESSION |
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