

ROSE HEALING *The* ACADEMY

Welcome to our Healing Collective — With Layla Rose

A Community, Healing, Holistic Business and Wellness Portal
with ***Layla Rose Roche: Author, Psychology Major, Crystal expert, 300HR
Trauma-Informed Yoga Teacher, Certified Fitness Coach, Retreat Host,
and Energy Healer***

About Me: 5 + years teaching yoga, published author, international retreat facilitator, 1:1 healing for dozens of people and YTT, 2+ years hosting healing events for hundreds of people.

I have also created and hosted the Ancient Intuitive course with Layla Rose, a course on Ancient Healing which was completely filled up. This course affirmed to me that there is a DEEP NEED for community, deeper healing, health, learning and mentorship.



ROSE HEALING *The* ACADEMY

What's Different Here?

- **It is a full experience:** you will actually feel the benefits of weekly yoga, fitness, meditation, breathwork, somatic movement, energy healing, nutrition and more
- **Personalized one to one healing and ongoing mentorship** directly with Layla - no other studios, classes, courses etc at this investment offer this
- **A compact version** of what I've learned over 5 years of wellness trainings and hundreds of HOURS of experience all at your fingertips
- **New Science +Ancient Spirituality-** this is not “new age” it's from real trainings I've done, backed by real studies, and from my professional experience
- **Gain powerful knowledge and tools** not just for your own healing but to start your own business, start listening to your soul's path and ignite your gifts



ROSE HEALING *The* ACADEMY

Welcome to our Healing Collective — a space where we grow, heal, create and connect together.

- What is the SKOOL digital platform with live and on-demand trainings?
- Monthly **Masterclasses and Courses** (Full Chakra Expert, Nutrition, Breathwork, Gut Health, Kundalini, Self Worth, Expanding your reach for Healers or Creators, Womb Healing, Manifestation, Herbal Remedies) in one place with progress tracking. (Second Weds).
- **Weekly Classes:** Yoga, Pilates Program, Breath work, Sound Bath, Kundalini, Womb-Healing or Gut Focused Yoga, Somatic Movement Classes etc - in-person or online with me and other certified instructors (live and on-demand classes) Skool also has it's own calendar.
- **1:1 Sacred Purpose Session** with Layla - what is your sacred purpose, your legacy, what do you want to create? What's the cost if you don't scale this. We uncover the layers to this... and make a game plan together.
- **MONTHLY HEALING EVENTS!** keep reading....



The ROSE HEALING ACADEMY

The Monthly IN-PERSON Event (option to join online)

ONLY free for the Healing Academy Family:

- Cacao ceremonies and Sound Baths
- Crystal Healing and Yoga Night
- Yoga and Breathwork Events
- Full moon/ new moon gatherings
- Guest features and collaborations
- Discounts to large scale events, healing sessions and more as we grow



ROSE HEALING *The* ACADEMY

Community Challenges

Daily meditation challenge - to increase self-trust and feel deeper clarity of mind. This is your foundation.

The Cleanse challenge- dopamine detoxes for the busy human (and how to increase natural dopamine)

The expression over depression challenge- this is what helped me write my book, and create my own meditations, movement classes and events

The Academy is *co-created by the concerns of the community* what questions do you have, what do you want to change or create in your life, where are your challenges?



The ROSE HEALING ACADEMY

Example of One of The Mastery Workshops:






The Ultimate Manifestation Workshop

- Using Key Insights from Modern and Ancient Manifestation Practices
- Experience the benefits of these practices. From feeling overwhelmed and doubtful to feeling experienced and confident.
- Learn and experience breathwork, scripting, psychosomatic practices, and the energy work keys to unlocking manifestation
- Going deeper into our subconscious and unlocking new levels of self-worth through merging science and spirituality



The ROSE HEALING ACADEMY

SKOOL Community Categories (Feed Sections)

-  Introductions & Wins – Meet the community, share milestones.
-  Daily Practices – Post your journaling, meditations, or reflections.
-  Q&A + Support – Ask questions, receive guidance.
-  Resources & Shares – Books, podcasts, and healing tools.
-  Integration Journeys – Share how you're applying what you learned
- Creation- MOST OF ALL: re-igniting our spark through support, sharing ideas and CREATIVE COLLABORATION
- This is about mental, physical, spiritual and professional development



The ROSE HEALING ACADEMY

Our Portal Through SKOOL On-Demand Library:

- **Library of Classes and Courses (that means if you miss a course or a class it's no big deal!)**
- **Bonus On-Demand Classes and Power Classes May Be Uploaded Throughout the Month! (not just yoga but pilates, sculpt, kundalini, meditations, breathwork)**
- **Everything is organized and all in one portal! Plus you can communicate with other members, network and truly connect and collaborate.**



If you want to be part of this community of souls who want to create their best mind, body, health, healing practices, nutrition, and more learning from experts in wellness and

- + experience the BEST multi-modal In-Person/ Online healing events every month
- + learn the KEYS the Ancient healing and health at your own pace
- + find yoga, meditation, somatic movement, sound healing, breathwork classes you can do anytime or LIVE/ in person
- + find REAL support, network, 1:1 mentorship, lean on community, and collaborate/create success together

This is only \$55/month usual is \$85 (if you break that down we spend WAY more on Netflix, clothes, nails, a weekly coffee and other things that don't serve our growth).

MESSAGE LAYLA TO APPLY BEFORE THE WINTER PROMO is gone.

We have dozens of women who are excited to be in this portal, community and transformation

