

# Enhance your event? and bring in the loving energy



BABY BLESSING  
BABY SHOWERS  
GIRLS NIGHT  
BRIDE PROTECTION RITUAL BEFORE  
THE WEDDING  
KIDS PARTIES  
private group cacao, sound, crystal /  
energy healing, breath and or yoga



Layla  
ROSE

CERTIFIED FITNESS • YOGA • WELLNESS COACH



# private group healing ceremonies

sound healing,  
tea ceremony,  
cacao, breath-  
work and/ or  
crystal healing  
all personalized





# BABY BLESSING

I've done many beautiful ceremonies including sound healing, intentional breathwork, cacao/tea ceremonies for baby showers or bump blessings





# KIDS CLASSES AND PARTIES

I've hosted dozens of private and semi private classes for kids of all ages! We're talking fun yoga games, breathwork concealed in fun games, and kids personal favourite learning about crystals and trying the sound instruments! All the fun without the chaotic energy .. just good, fun, calm vibes that set kids up for success... plant the seeds of wellness young!





# Bridal shower

Enhance your energetic protection, loving energy, and bridal experience the right way! Have fun with a card reading, cacao, sound healing, yoga (optional), crystal healing all with a beautiful set up, a flower ceremony can also be included!

I also love including fun little workshops and rituals for the healing of the bride! (hint, art experience, crystal grid making etc.)





# private group healing ✨ ceremonies

Message me your idea and I will  
personalize a beautiful experience or  
healing transformation for you.. for 1:1  
healing book a 1:1 Energy Healing  
Session