

Published by the Lake San Marcos Community Association "BUILDING A BETTER COMMUNITY"

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Visit your community Website — www.lsmca.com Volume 16 Issue 8

The Quail Call is a monthly publication of the Lake San Marcos Community Association

The Quail Call accepts advertisements from local businesses who wish to use a low-cost highly-targeted publication to reach their customers.

Email: quailcall@lsmca.com for information.

Copies of the printed Quail Call are mailed to all members of the Association and include articles of past and present activities from local clubs and organizations in addition to the advertisements.

The Community Association also publishes articles of special interest to its members in health, civic activities and learning.



1682 Circa Del Lago #A110 Lake San Marcos 2 bed/2 bath - 962 sq. ft. FOR SALE - \$298,300



1616 Circa Del Lago #C108 Lake San Marcos 1 bed/1 bath - 660 sq. ft. FOR SALE - \$128,300



1622 La Flora Drive Lake San Marcos 2 bed/2 bath - 1,048 sq. ft. IN ESCROW Representing Buyer & Seller



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1063 San Julian Dr Lake San Marcos 3 bed/2 bath - 1,926 sq. ft. IN ESCROW Representing Seller



1023 Via Vera Cruz San Marcos, CA 92078 4 bed/2.5 bath - 2,467 sq. ft. IN ESCROW Representing Seller



1886 Matin Circle #153 San Marcos, CA 92069 4 bed/3.5 bath - 2,132 sq. ft. IN ESCROW Representing Buyer



3150 Avenida Alcor Carlsbad, CA 92009 2 bed/2 bath - 1,409 sq. ft. IN ESCROW Representing Seller



936 Knoll Vista Lake San Marcos 2 bed/2 bath - 1,150 sq. ft. SOLD - \$375,000 Represented Seller



1539 Camino Linda Drive Lake San Marcos 2 bed /2 bath - 1,409 sq. ft. SOLD - \$598,300 Represented Buyer & Seller



1217 Las Vistillas Lake San Marcos 3 bed/2.5 bath - 2,216 sq. ft. SOLD - \$1,014,999 Represented Buyer & Seller



1508 Via Risa Lake San Marcos 2 bed + office/2 bath - 1,222 sq. ft. SOLD - \$545,000 Represented Seller



703 Avenida Amigo San Marcos, CA 92069 4 bed/3 bath - 2,041 sq. ft. SOLD - \$698,000 Represented Seller



5170 Cobalt Way Oceanside, CA 92057 3 bed/2 bath - 1,682 sq. ft. SOLD - \$525,000 Representing Buyer & Seller



201 Woodland Pkwy #147 San Marcos, CA 92069 1 bed/1 bath - 651 sq. ft. SOLD - \$246,000 Represented Seller



1682 Circa Del Lago #A303 Lake San Marcos 2 bed/2 bath - 962 sq. ft. RENTED Represented Owner









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Offered at \$820,000 1515 Via Entrada del Lago

Sunrise Pointe lakefront twin home w boat dock 2 bed 2 bath 1,533sf

NEW ESCROW REPRESENTING BUYER



Offered at \$910,000 1505 Via Brisa del Lago

Amazing remodel! Sunrise Pointe lakefront twin home w boat dock 2 bed 2 bath 1,633sf

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Offered at \$810,000 1060 La Sombra Drive

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Offered at \$695,000 - \$715,000

787 Mockingbird Cir, SE Escondido

Gorgeous home on huge lot w views 3 bed 2.5 bath 1,819sf private & peaceful setting

IN ESCROW REPRESENTING BUYER



Offered at \$1,588,000 1710 Via Allondra

Contemporary custom home with views Over 5,000sf of modern living and the resort style backyard is an entertainers dream!

SOLD REPRESENTING SELLER



Sold for \$820,000 1511 Via Entrada del Lago

Lake views and dock Sunrise Pointe 2 bed w den 2 bath 1,725sf pride of ownership abounds!

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Sold for \$607,000 1187 Los Corderos

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1238 Green Orchard 4 bed/2.5bath Bridgewater in Encinitas. List price \$1,195,000



1710 Via Allondra, Custom 4+4 bed/4.5 bath. Custom home with sweeping views. List price \$1,588,800 Representing the buyer



1060 La Sombra List price \$810,000 3 beds/2 baths Golf Course home

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FOR SALE 2130 Sunset #93 List price \$159,999

Vacation Rentals (30 day minimum rentals)

- · San Pablo Dr twin home on the golf course, 2 bed/2 bath \$2500/ mo
- Fairway Knolls upstairs condo with golf course views 3 bd/2 ba, \$2700/mo
- · La Tierra twin home with views, 2 bed/2 ba \$3200/mo
- · Mall 3 lake view home 2 bd/2 ba, den \$3700/mo
- · La Loma Lakefront Home 3 bd/2 ba, \$4000/mo
- · La Plaza Lakefront Home, 2 bd/2 ba \$4500/mo



1511 Via Entrada Del Lago. 3 bed/2 bath, Lakefront Twinhome. Sales price \$794,000



3522 Lone Pine, San Marcos, Sales price \$650,000 3beds/3 baths Represented the buyer



2bed/2 bath Sales price \$579,000



1158 San Julian Drive. 2 bed/2 bath Golf Course home. List price \$649,000





renovated home List price \$724,900



1508 Circa Del Lago #B211. 2 bed/2 bath Chateau view home. Sales price \$296,500 Represented the buyer



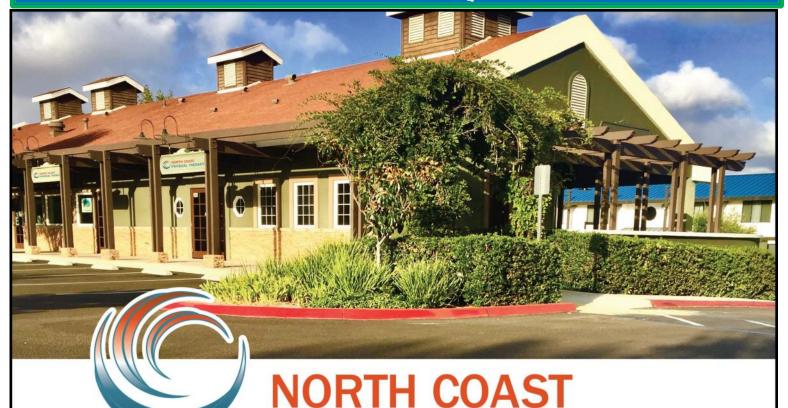






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The Power Hidden Behind Your Masks



Did you know you are actually better looking when you smile? You are viewed as more attractive, sincere, relaxed and reliable. In fact, people treat you differently when you smile. Smiling is a natural antidepressant and mood lifter.

Journals in Neuropsychology have published studies have shown that seeing a smiling face activates the orbitofrontal cortex of the brain. This is the part of the brain the processes sensory rewards; so, when you see someone smiling, you feel rewarded. For the wearer of the smile, smiling releases dopamine, serotonin and endorphins — our feel-good neurotransmitters. When these neuropeptides are elevated, we feel less stress, our body relaxes. This lowers our levels of depression and stress which have a wide span of deleterious effects on our lives., and our mood lifts. Every time two people smile at each other, they are creating a symbolic relationship that allows both to releaser feel - good brain chemicals and activate the brain's reward centers, make you appear more attractive and more confident.

As a dentist, we witness the power behind a smile daily. If there is something you don't like about your smile, the options to improve it are almost endless and it's never too late to get that confident smile ready to come out from behind that mask! The simple act of smiling can transform our appearance and the world around us. These days, when we are all covering our faces with masks for almost all social interactions – not just when performing dental procedures- it's no wonder many of us are feeling down. Not being able to show or share a smile because we are all hiding behind a mask just makes it harder to connect with each other during a time when we especially need to feel connected. We can still reap the benefits of being the one to smile from behind our masks – that way, the people around us can still see and feel the benefits of our smile. See if you can make that contagious!

Let's make smiling the new pandemic because the world is a better place when people are smiling, so let's do our part to brighten these dark times.

By: Pamela Marzban, DDS, FAGD, LVIF





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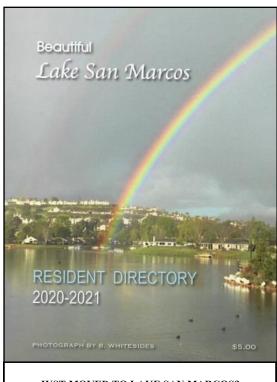




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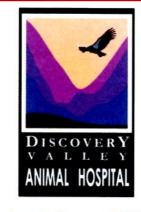
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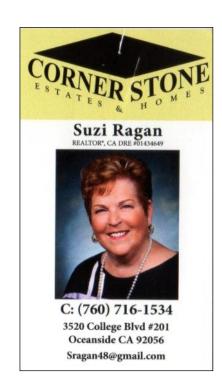
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"BUILDING A BETTER COMMUNITY"



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For advertisement pricing & contract or an article send an Email to: ${\tt quailcall@lsmca.com}$

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Dan Worrells, Editor—Adela Franco, Associate Editor—Barbara Dove—Associate Editor

This Months Editor: Barb Dove

AUGUST 2020

The Lake San Marcos Community Association is a mutual benefit, non-profit corporation, established to protect and promote the interests of residents in Lake San Marcos. Our Goal: (1) To study, evaluate, inform and represent the residents in matters of regulatory control of our area with the County of San Diego...(Land Planning, Storm Drainage, Streets, Water Quality, Fire Protection), Vallecitos Water District, S. D. County Sheriff, City of San Marcos and in matters affecting the quality of life of residents with Citizens Development Corporation-"CDC". (2) To administer compliance of Architectural Controls, CC&Rs and standards under our control. (3) To publish an informative monthly newsletter, "QUALL CALL".

The Quail Call will not publish deleterious comments or comments of a Religious or Political viewpoint or endorsement, nor publish ads requesting employees for solicitation.

