



Quail Call

Published by the Lake San Marcos
Community Association
"BUILDING A BETTER COMMUNITY"

June 2025

The Quail Call is a monthly publication of the Lake San Marcos Community Association

The Quail Call accepts advertisements from local businesses who wish to use a low-cost highly-targeted publication to reach their customers.

Email: quailcall@ismca.com for information.

Copies of the printed Quail Call are mailed to all members of the Association and include articles of past and present activities from local clubs and organizations in addition to the advertisements.

The Community Association also publishes articles of special interest to its members in health, civic activities and learning.

LUAU &

ALOHA

Grab your grass skirt
& join us for a fun
evening of drinks &
bingo hosted by
Lake & Coast!

BINGO & PINEAPPLE DESSERT
COMPETITION

THURSDAY JULY 24 | 4PM - 6PM



\$10 TICKETS

STOP BY OUR OFFICE NEXT TO BRICKMANS!

1750 SAN PABLO DR • SAN MARCOS, 92078



LAKE & COAST
REAL ESTATE

BROKERED BY
exp
REALTY

**SALES. LEASING.
VACATION RENTALS.**

Brokered by eXp Realty of California, Inc. #01878277. If your home is currently listed for sale, this is not meant as a solicitation. Data from Sandicor 05/19/25.

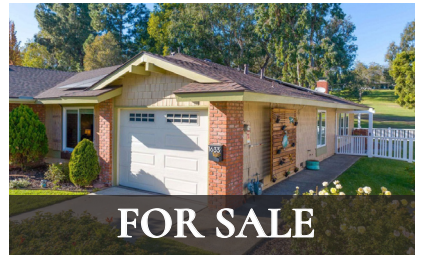


760.591.9008 • LAKEANDCOASTRE.COM



FOR SALE

1648 Via Caminar | Lake San Marcos
Offered at \$835,000



FOR SALE

1633 La Verde Drive | Lake San Marcos
Offered at \$979,000



IN ESCROW

1453 La Plaza Dr | Lake San Marcos
Offered at \$1,450,000



IN ESCROW

1411 Camino Linda | Lake San Marcos
Offered at \$1,195,000



SOLD

1039 San Pablo Dr | Lake San Marcos
Sold at \$1,385,000



NORTH COAST PHYSICAL THERAPY

Guidance and support for optimal health, wellness, and rehabilitation right here in your community.

- | | |
|---------------------------------------|--|
| ⦿ Orthopedic Rehabilitation | ⦿ Craniofacial pain and TMJ Disorders |
| ⦿ Neurologic Rehabilitation | ⦿ Cancer Rehabilitation and Wellness |
| ⦿ Parkinson's Specific Rehabilitation | ⦿ Lymphedema Therapies |
| ⦿ Balance and Dizziness Disorders | ⦿ Sports Injury Rehabilitation |
| ⦿ Headache and Concussion | ⦿ Sports Specific Training for Competitive and Recreational Golf, Pickleball, Tennis, Baseball, Soccer, etc. |
| ⦿ Rehabilitation | ⦿ Aquatic Therapy |
| ⦿ Fall Prevention | ⦿ Custom Foot Orthotics |
| ⦿ Urinary Incontinence Therapies | ⦿ Pilates and Yoga Training |
| ⦿ Pelvic Pain Therapies | |

****NO PRESCRIPTION REQUIRED FOR MOST INSURANCES****

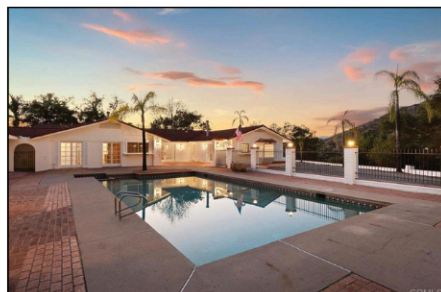
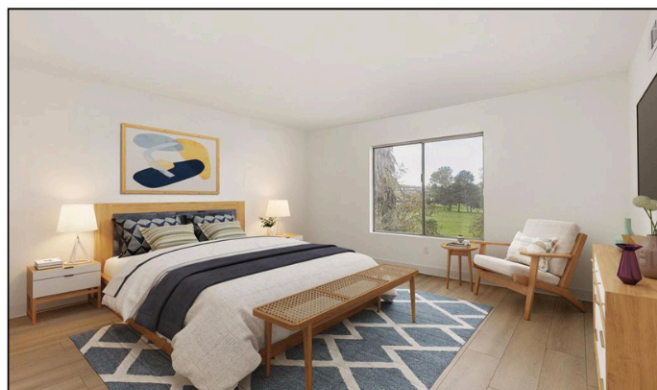
1030 La Bonita Drive, Suite 240, San Marcos, CA 92078
(directly across from Amalfi Restaurant on Lake San Marcos)

Call now for an appointment (760) 878-4300
Visit our website at: www.northcoastpt.com





1930 Fairway Circle Drive
Lake San Marcos
3 bed / 2 bath - 1,325 sq.ft.
FOR SALE - \$775,000



748 Old Oak Ridge
San Marcos, CA. 92069
6 bed / 7 bath - 5,702 sq. ft.
FOR SALE - \$2,498,000



7519 Gibraltar St,
Carlsbad, CA. 92009
2 bed / 3 bath - 2,304 sq.ft.
FOR SALE - \$1,200,000



17551 Cabela Dr,
San Diego, CA 92127
3 bed / 3 bath - 1,819 sq. ft.
FOR SALE - \$1,230,000



849 Quiet Hills Drive
San Marcos, CA. 92069
4 bed / 2 bath - 1,479 sq.ft.
IN ESCROW
Representing Seller



1986 Fairway Circle Drive
Lake San Marcos
2 bed / 2 bath - 1,150 sq.ft.
LEASED - \$3,000 Per Month



1008 La Sombra Drive
Lake San Marcos
3 bed / 2 bath - 2,203 sq.ft.
SOLD - \$1,340,000
Represented Seller

For more info call: **760.390.0015**

www.TenFoldRE.com

CA DRE# 02014153

CUSTOM KITCHENS & BATHS

FREE IN-HOME
CONSULTATION &
ESTIMATES

SAN DIEGO KITCHEN PROS

- Custom Cabinetry
- Custom Vanities
- Cabinet Refacing
- Countertops
- Tile Backsplash
- Flooring
- Electrical
- Plumbing



120 N. Pacific St. Ste. B2
San Marcos, CA 92069
Showroom Hours:
Mon-Fri 10am-2pm

Summer Special!
\$1,500 off your remodeling project

Minimum contract amount of \$10,000

CONTACT US TODAY AT 760-510-6800

FINANCING AVAILABLE

Lic #1097390





Law Offices of **ARTHUR S. BROWN, APLC.**

ESTATE PLANNING | TRUST ADMINISTRATION
PROBATE ADMINISTRATION | ELDER LAW

Critical 2024 Tax and Law Changes
Protect You and Your Loved Ones by Creating an Estate Plan

Is your Living Trust over 4 Years Old?
Then you need to see me NOW!

Schedule your **FREE** Consultation Now! **(760) 438-5599**



Serving Lake San Marcos
Families for over 36 years

Member of the
Lake San Marcos Kiwanis Club
for 31 years

Estate Planning, Trust and
Probate Law Certified Specialist

State Bar of California of Legal
Specialization

FREE Educational Webinar and Workbook at **WhyProbate.com**

5741 Palmer Way, Suite B, Carsbad, California
WhyProbate.com | (760) 438-5599 | info@whyprobate.com



 **1132 San Marino Dr, Suite 104**
(next to LSM Security Office)
Lake San Marcos or In-home Service

- 24-Hour Access For All Clients
- No Membership Fees
- Senior Fitness Specialist
- Sports Conditioning & Rehabilitation
- Licensed Nutritionist/Weight Loss
- Therapeutic Exercise
- Arthritis Relief
- Joint & Muscle Pain Relief
- Flexibility And Balance
- Improve Strength And Energy
- Specialized Stretching
- Complementary Bottled Water
- 22 Years Of Experience

CALL/TEXT: (760) 681-8362



ERIC SMITH
Owner/Exercise Instructor

Specializing in one-on-one, private and personalized exercise training



PALOMAR AVIATION



Experience the joy of flying!

Always dreamed of becoming a Pilot? Ready to mix it up? Come fly with us at Palomar Aviation, a premier Platinum Cirrus Training Center at Palomar Airport.

Rick & Teresa Mosteller
PalomarAviation.com
833-2FLYNOW



Jacque Baker Real Estate Services

Property Management Services

Specializing in **Unfurnished** and **Furnished** short and long term rentals. I am selective in the properties I manage, qualifying tenants, continually monitoring the home, and inspecting the home for safety and usage activities. Your home receives **hands on care** and attention above and beyond what other Property Managers do. Call me for a complimentary discussion and estimate of rental or sales value.

Your Greatest Asset is My Greatest Concern!

DRE #00698705

760-744-9229

92078Homes.com

JacQueBaker

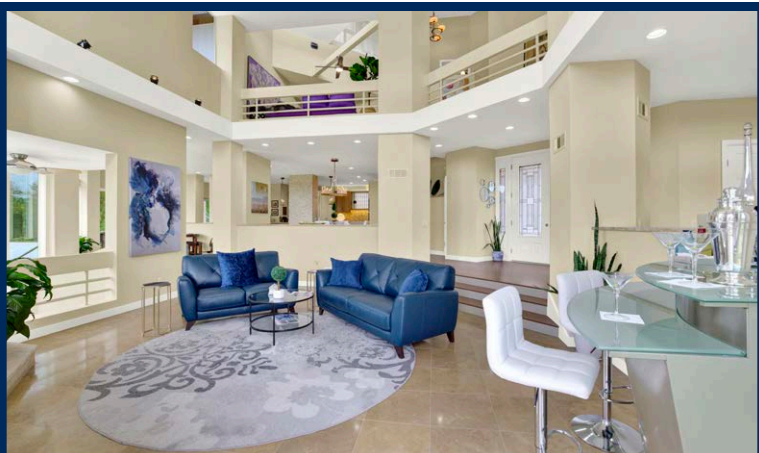
24/7 EMERGENCY SERVICE · CALL ME (760) 815-5600

Sewer Repair So Good, It'll Make Your Pipes Sing!

Locally owned and operated in San Marcos

- **SEWER REPAIR · EPOXY LINER**
- **CAMERA INSPECTIONS**
- **DRAIN CLEANING**
- **PLUMBING**
- **JETTER**
- **OUTSIDE DRAIN CLEANING**

www.idcsandiego.com



NEW ESTATE PROPERTY FOR SALE

1710 Via Allondra | San Marcos

Custom Estate Home. 5,150 SF on 1.41 acres. No HOA FEE!
Sits on the boarder of La Costa and San Marcos. 4 beds,
4.5 bath, office, mancave, gym, pool, spa, 3-car garage,
solar, 2 auto car port. \$3,325,000

REBECCA NEGARD
760.522.2288 | DRE#00766272

Pacific | **Sotheby's**
INTERNATIONAL REALTY

Each office is independently owned and operated. DRE #01767484

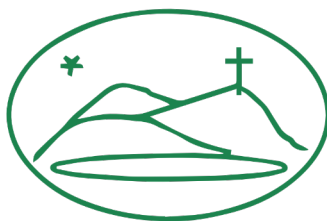
Badeaux
CONSTRUCTION

John Badeaux - Owner
760.583.9404
CSL #858503, Insured

Residential & Commercial
Handyman Services

35 Years of Experience

badeaux.construction@yahoo.com



Wills, Trusts, Estate planning, Probate and Trust Administration

VILLAGE LAW at Lake San Marcos

Call us for a no cost consultation

Committed to serve the community with quality, efficient, and compassionate legal service.

Alicia M. Skow, Attorney at law
1132 San Marino Drive, Suite 201
(The Executive Suites)
760-471-5244



Visit our website: <https://www.villagelawcenter.com>



Balance AcuMed Clinic

**Discover the Healing Power of
Acupuncture at Balance AcuMed Clinic**

LOCATED IN THE HEART OF THE LAKE SAN MARCOS COMMUNITY.

📍 1132 San Marino Dr. Suite 105, San Marcos, CA 92078

📞 760-896-1883

✉ balanceacumedclinic@gmail.com

Medical Acupuncture Treatments for:

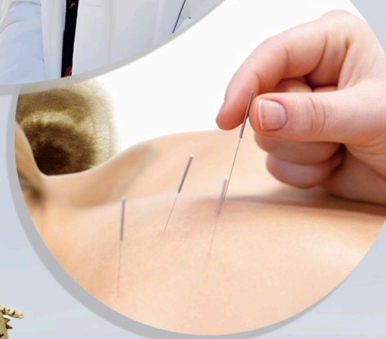
- Pain
- Stress
- Anxiety
- Insomnia
- Women's Health
- Digestive issues
- Neurological issues

Cosmetic Acupuncture and Microneedling: Revitalize Your Skin Without Chemicals or Surgery

- Boosts collagen production
- Reduce fine lines and wrinkles
- Reduces acne and Scar tissue.

Visit our website balanceacumedacupuncture.com for more
information and book your appointment or Call 760-896-1883.

Dr. Tingting Rose, DACM, L.Ac.,
Diplo. OM, is a licensed California
acupuncturist and an NCCAOM
board-certified diplomate of Oriental
Medicine and Chinese Herbalism.





Computer Help
Affordable Repair On Site

Malware Removal Tune-up
 Routers Computer Sales
 Data Backup & Restore

Friendly Instruction



Call Tim Petrie
 2014 Top Tech Exec Awards Nominee
760-805-2991
Brainon Computers
 Tim@BrainonComputers.com
 IT Network Administrator
 20 Years Experience
 MCSE CCNA

Gail Carroll
 Your trusted advisor and San Marcos Realtor®
Fine lake and coastal homes...
Outrageous Service!



DRE # 01458201


Voted "Realtor Award of Excellence for Carlsbad" by fellow agents"

- I'll develop the best strategy to market your home at fair price based on your circumstances and conditions.
 - I'll leave no stone unturned to find your next home that meets all your needs.
 - 2nd generation lake resident; active community volunteer.
 - Helping people is my joy and passion! ❤️

Cell (760) 419-8311 JustMailGail@gmail.com

Van Der Linden Electric
Three generations of ontime integrity

- Ceiling fans / Interior lighting
- Security / Landscape lights
- 24 Hr emergency service
- Free estimates

10 % Discount
 1st Time Clients

Steve Van Der Linden Phone: (760) 845-6308
 E-Mail: vdlelectric@sbcglobal.net CSL#588197 (C-10)

South Coast Painting
 John A McCracken
 Lic # 761965

Free Estimates Bus./ Cell: 760 212-2484
 You Name It, We Paint It!

Email: johnmccracken72@yahoo.com

Beautiful
Lake San Marcos



**RESIDENT DIRECTORY
 2024-2025**

PHOTOGRAPH BY GEOFF JACOBS \$5.00

JUST MOVED TO LAKE SAN MARCOS?
 TO BE IN OUR 2024-2025 DIRECTORY
EMAIL your names, address and phone # to
thelsmdirectory@gmail.com
 It's FREE & we don't sell your information!

Have you discontinued service of your landline phone and now use your cell phone exclusively? Email the Strathairns at thelsmdirectory@gmail.com with your cell phone information so the LSM Directory is up-to-date.

You **CAN** afford
better hearing.

Hearing instruments
now as low as

\$499*

Connect Hearing 
YOUR HEARING PROFESSIONALS

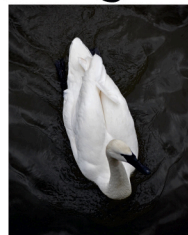
Don't wait! Book your **FREE** evaluation now.

1635 Lake San Marcos Dr., Ste. 108
San Marcos, CA 92078
760-744-1551

ConnectHearing.com

*Not valid with any other discounts, offers or prior purchases. Private pay only (not combinable with insurance or network). Not available at all locations.

Images of Lake San Marcos



- Large Canvas Wall Art
- Gallery Framed Prints
- 5x7" Photo Notecards
- Photo Sessions by the Lake

Kelly Lara (845) 242-5126

www.ImageMakerPhotos.com



ERIC JANSEN (760) 310-6610
Handyman & LSM Neighbor
For Over 10 Years

Appliance-Removal-&-Installation

Drywall-Electrical

Painting-Plumbing-Roofing

Tile-Wood Repair-And More...

Your Neighborhood Honey Do List Eliminator



CA LIC #455993



FULLY INSURED

COMPLETE TREE CARE

Serving North County Since 1983

760-745-7871

Resident of Lake San Marcos

CERTIFIED ARBORIST PAUL RIDER

ISA #WE1087A - LICENSED PEST CONTROL APPLICATOR

- ▶ Tree Pruning & Lacing
- ▶ Removal & Stump Grinding
- ▶ Health & Fertilization
- ▶ Pest & Disease Control
- ▶ Bark Beetle & Borer Treatment



**FREE ESTIMATES
& SENIOR DISCOUNT**



Healing through Somatic Education

10 Movements at 10 AM

**Awaken Your Mind's Control
Over Pain and Stiffness
Change Your Life**

Fridays at 10 27am

May 2, 9, 16, 23, 30

**1105 La Bonita Drive
Conference Center**

Fee \$15

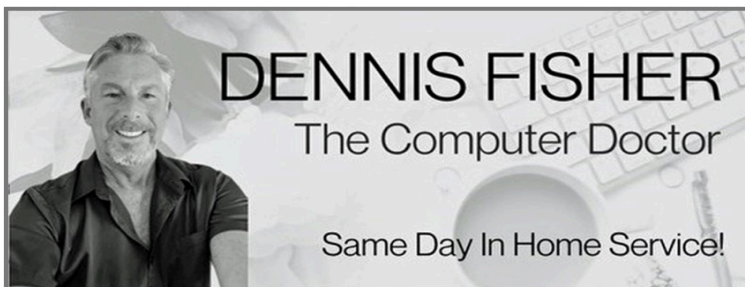
Senior and Military Discount

Bring a Mat & Towel

**Taught by Linda Glance, HSE
Certified Somatic Educator
ACE Certified Instructor-Fitness Trainer**

858-349-9411

**somalinda@gmail.com
somaticlife.com**



DENNIS FISHER

The Computer Doctor

Same Day In Home Service!

Offering over 25 years of extensive experience in mobile customer service throughout San Diego and surrounding counties.

You can count on me to provide excellent service, while receiving the highest level of customer care!

Certified Computer Technician
Offering IT Services
Computer Repair
Home Installation & More!

Call or Text | 760-716-3664

Our Family Takes Care of Your Family... with Personal Care

It doesn't get better than that and we have the awards to prove it.



We offer light housekeeping, cooking, laundry and personal grooming. All you have to do is make memories.



Call for a free in-home consultation, (760) 909-2007.
www.fmihc.com

Family owned since 2002.
Serving San Marcos and Greater San Diego County
HCO #374700381

Rosemary Winn, Broker Associates
DRE #01238621

Lake and Coast Real Estate
eXp Realty, Inc Brokerage
DRE #01878277
760-566-5570



www.HomesSanDiegoNorth.com
Rwinn@HomesSanDiegoNorth.com



Discovery Valley Animal Hospital

Lee A. Young, DVM

565 Grand Avenue Suite 101
San Marcos, CA 92078
Phone: (760) 744-0032

discoveryvalleyrecords@gmail.com

discoveryvalleyvet.com

HANDYMAN LARRY



Larry Faast

1935 LaSubida Way
San Marcos, CA 92078

760-504-5503 (cell)
Lfaast@yahoo.com(email)



1109 Calle Del Baston

Experience effortless living in this ideally located single-level home on a quiet cul-de-sac in the highly sought-after 55+ community of Hunter Valley. This 2-bedroom, 2-bath residence offers an easy open floor plan of 1356 sf, plus an additional 222 sf in a fully enclosed patio—perfect for a sunroom, hobby space, or bonus living area. Enjoy stunning Southeast-facing views that bring in gorgeous natural light throughout the day.

Offered at \$889,000

Willis Allen Real Estate

Tammy Tidmore 858.699.0299

**LOCAL WATER DAMAGE
RESTORATION**



We can restore your home from damage caused by leaks, burst pipes, and water intrusion.

 **(760) 532-3266**

Are You Moving?

The LSMCA reminds members who are moving to notify us so you can continue to receive the Quail Call monthly and receive other important notices from the LSMCA.

To let us know of your change in address, please contact us:

Email: office@lsmca.com

Phone: 760-744-4306

Office Hours

9:00 am to 1:00 pm Tuesday—Friday

1030 La Bonita Drive, Suite 342

San Marcos, CA 92078

LAKE SAN MARCOS COMMUNITY ASSOCIATION
1030 La Bonita Drive, Suite 342, San Marcos, CA 92078
Phone & FAX: 760-744-4306 | Email: office@lsmca.com
lsmca.com | facebook.com/LSMCA2024 |
instagram.com/lake.san.marcos.communityassoc

"BUILDING A BETTER COMMUNITY"



Quail Call

alphagraphics

June 2025 | Volume 21, Issue 6

This Month's Editor



Dan Worrells

Published monthly by Lake San Marcos Community Association.
For advertisement pricing & contract or an article send an Email
to: quailcall@lsmca.com.

Copy must be received by 5 PM on the 19th of the month to be
published in the following month.

Barbara Dove, Editor | Maria Brown, Associate Editor

Dan Worrells, Associate Editor | Sherri Sumner, Team Member

Ken Seals, Team Member

The Lake San Marcos Community Association is a voluntary mutual benefit, non-profit corporation established to protect and promote the interests of residents in Lake San Marcos. For a copy of our objectives, please refer to our website. We publish an informative monthly newsletter, "QUAIL CALL." The Quail Call will not publish deleterious comments or comments of a Religious or Political viewpoint or endorsement, nor publish ads requesting employees for solicitations. The Quail Call reserves the right to refuse advertising.

The LSMCA does not accept responsibility for the accuracy or reliability of the information in articles or advertisements appearing in the Quail Call. If you are quoting another writer's material, please include an attribution in your article.

The Board of Directors meets monthly on the second Thursday at 4:00 PM. Minutes of the Board meetings are posted in the Association office.