



Quail Call

**Published by the Lake San Marcos
Community Association**

"BUILDING A BETTER COMMUNITY"

August/September 2026

The Quail Call is a monthly publication of the Lake San Marcos Community Association

The Quail Call accepts advertisements from local businesses who wish to use a low-cost highly-targeted publication to reach their customers.

Email: quailcall@ismca.com for information.

Copies of the printed Quail Call are mailed to all members of the Association and include articles of past and present activities from local clubs and organizations in addition to the advertisements.

The Community Association also publishes articles of special interest to its members in health, civic activities and learning.



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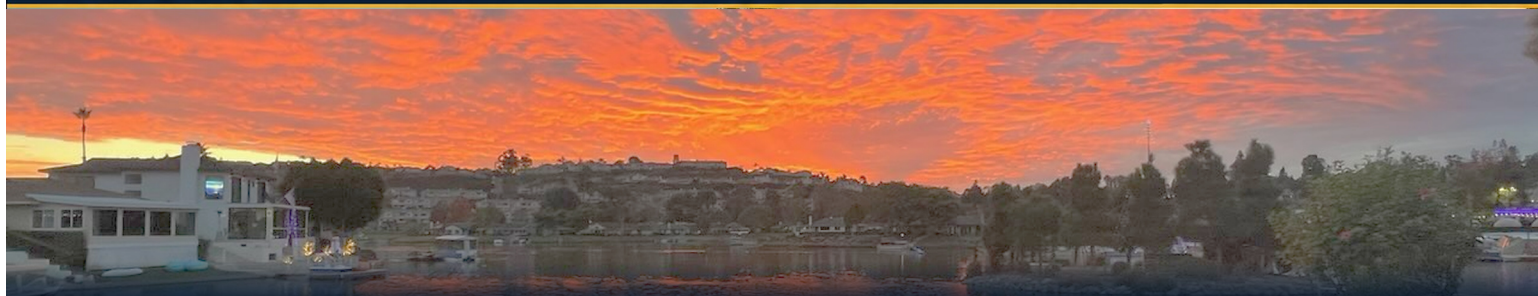
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As the new school year approaches, don't forget to add a dental checkup to your family's back-to-school checklist. A healthy smile helps children stay comfortable, confident, and ready to learn.

Why Schedule a Back-to-School Dental Visit?

Routine dental exams help identify small concerns before they become bigger problems. During your child's visit, we will:

- Check for cavities and tooth decay
- Evaluate teeth and gum health
- Monitor oral development
- Review brushing and flossing habits
- Assess whether orthodontic treatment may be beneficial
- Provide a professional dental cleaning

Healthy Habits for a Healthy Smile

Set your child up for success by encouraging healthy dental habits throughout the school year:

- Brush twice daily with fluoride toothpaste for two minutes.
- Floss every day.
- Choose tooth-friendly snacks like cheese, yogurt, fruits, and vegetables.
- Drink plenty of water instead of sugary beverages.
- Wear a custom mouthguard during sports to help protect teeth from injury.

Schedule Before the School Rush

Appointments fill quickly once school begins. Scheduling your child's dental visit now helps prevent unexpected dental problems and keeps their smile healthy all year long.

At **Lake View Dental**, we're committed to providing compassionate, high-quality dental care for the entire family. Whether your child needs a routine exam, cleaning, or treatment, our team is here to help.

SOURCES:

- American Dental Association (ADA): <https://adanews.ada.org/huddles/why-back-to-school-prep-should-include-dental-visits/>
- Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/oral-health/prevention/oral-health-tips-for-children.html>

Start the school year with a healthy, confident smile! Contact Lake View Dental today to schedule your family's appointment.





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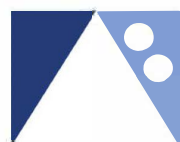


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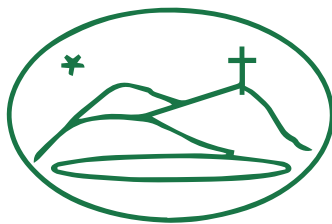


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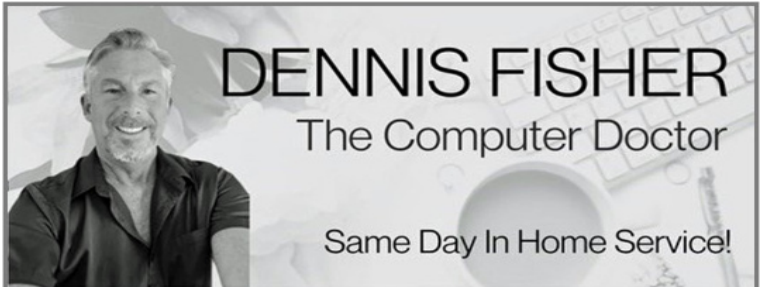
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"BUILDING A BETTER COMMUNITY"



Quail Call

alphagraphics

August/September 2026 | Volume 22, Issue 7

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Ken Seals, Team Member & Photography
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This Month's Editors



Barb Dove and Dan Worrells

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