

# AMK dance Academy Student Guidelines during COVID 19

Dear Student, Parents and Guardians

Welcome back to the AMK dance academy. We are delighted to be recommencing face to face classes and can assure you that a warm welcome awaits your return. In advance of re-starting classes the AMK team has worked to ensure that the required government guidelines are in place to help you, our staff and teachers stay safe and COVID-secure. We do however need your support in this effort when you attend our classes. We have created this guide to inform you on how we can work together to do this. It is vital that each and every one of us follow the practices set out in order to protect ourselves and others. Staying safe is very much a joint effort.

There will be some new ways of working and changes to our normal procedures, practices and routines which will require us all to adapt. These changes are outlined below and are based on government guidance and explained in our risk assessment for the activity. It is therefore vital that this information is read carefully before you attend class. If you have any questions please contact us in advance of the term start.

Together, we aim to create the best possible COVID-secure environment for us all so that we continue to enjoy our shared activities.

## **Before attending class**

1. Please ensure you are well and it is safe for you to attend class by the latest government guidance: <https://www.gov.uk/coronavirus>
2. Do not leave home and do not attend class if you or anyone you live with has coronavirus or any of the following symptoms: a high temperature, a new continuous cough, a loss of, or change to, your sense of smell or taste
3. Check with the NHS if you have symptoms: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

## **Before traveling to class**

1. Changing room facilities will not be available at Wetherby Town Hall or Boston Spa Memorial Hall. Students should come dressed for class and ready for their activity, wearing the required dance/activity clothing underneath any additional clothing required to travel in to stay warm.
2. Students should travel home to change/shower after class.

3. Changing rooms will only be accessible for essential needs pre-arranged by AMK dance academy, and for students with disabilities or special needs. In these cases social distancing rules should be maintained and facilities should be used as quickly as possible.
4. Students should come to class ideally carrying only a small bag and arrive with only their required dance shoes and a bottle of water for their consumption only.
5. Always wear clean, freshly washed clothes each day to class to avoid cross contamination from other activities or places where clothes may have been worn previously.
6. Students wear slip on outdoor shoes that are easy to put on and off.
7. If age 11 or older, students must wear face covering / mask when moving around the buildings. Masks are not required to be worn in the dance studio where social distancing will be in place or if the student has a valid exemption not to wear a face covering.

### **On Arrival to Class**

1. Class times and arrival will be staggered and students will be provided with an arrival time and a collection time.
2. Students should not arrive prior to the arrival time given, if students arrive early they will be asked to leave and return at the time given
3. Students should arrive promptly; if students arrive late they may have to wait whilst another group is looked after before a member of staff can assist them
4. On arrival students and parents/guardian (if applicable) will be asked to queue following social distancing measures, standing 2m apart outside.
5. Staff will speak to each student and parent/guardian and carry out entry checks before the student will be able to enter the building (see below for details regarding entry checks)
6. Following the student being granted access to the building, parents/guardians should leave.

### **Collection/leaving .**

1. A collection time will be provided to students under 18 years. Do not arrive early or you will be asked to leave and return at the time given.
2. Please ensure you arrive on time to collect the student to avoid delays.
3. If you do arrive late, please note you may have to wait longer to collect the student as staff may be assisting with other groups.

4. Please note the point of collection or exit for students may differ to the point of arrival/entry.

#### **Entry checks**

1. The student has provided their name and the class they are attending
2. The student declares and confirms that they do not have any symptoms of coronavirus and have their temperature taken. If they have a high temperature or any symptoms they will have to leave immediately and follow government guidelines
4. If 11 years or older, the student is wearing a face covering/mask to walk around the building unless the student has a valid exemption not to wear a face covering.
5. The student has sanitised their hands.
6. Extra hand sanitising and social distancing measures will also apply during class. Please listen closely to your teacher to ensure everyone stays as safe as possible.

#### **Will I / my child be safe at AMK Dance Academy from COVID-19?**

We will do everything we can to ensure that the Academy is a safe environment for all students and staff at all times. However, no organisation can guarantee that students, staff and teachers will be 100% safe from the virus at all times. What we can guarantee is that we are adhering to all government guidance and we ask you to join us in keeping our setting as safe as possible by following the procedures we have put in place.

Every setting is unique and will be making choices and implementing a plan that is best for their users depending on their building and the way in which it operates. It is not possible to compare one setting to another.

There will be more cleaning processes will be increased around the building with frequent cleaning taking place across all areas and frequency will be based on use and rotation of staff and student groups in line with government guidance.