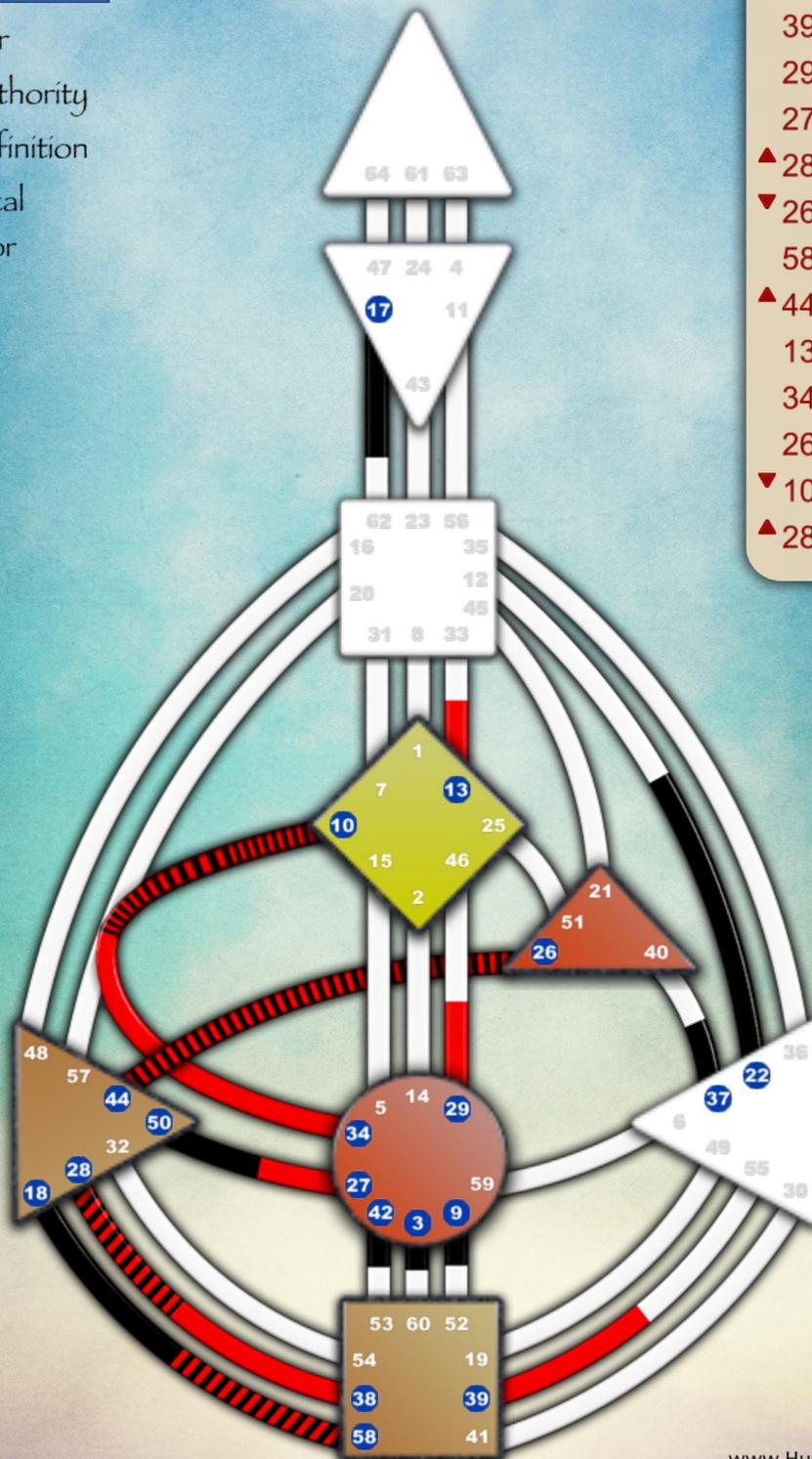




Generator
 Sacral Authority
 Single Definition
 5/1 Heretical
 Investigator



- 38.1 ☉ 17.5
- 39.1 ⊕ 18.5
- 29.3 ☾ 44.5 ♁
- 27.6 ♃ 3.4
- ▲ 28.6 ♃ 50.4
- ▼ 26.6 ♀ 22.2
- 58.2 ♀ 42.4 ▼
- ▲ 44.3 ♂ 10.3
- 13.6 ♃ 37.3 ▲
- 34.6 ♃ 9.5
- 26.3 ♂ 26.6 ▼
- ▼ 10.6 ♀ 58.3
- ▲ 28.6 ♃ 28.6 ▲

GENERATOR
 BOOKLET
 By Denise
 Mathew

“Follow what feels good. Know your worth. Love Who you Are.”

Human Design is:

- 1. A cutting edge personality assessment tool that shows you the best path to Health, Wealth, and Relationships that work for all parties involved.***
- 2. A guide to your specific talents and inherent gifts and the work you are best suited for.***
- 3. Is based on 6 Ancient Esoteric Sciences -Western Astrology, Eastern Astrology, Jewish Kabbalah, I-Ching, the Hindu Chakra System, and Quantum Physics.***
- 4. Takes us to the depths of the TRUTH of who we are, how we relate, love and work, and by knowing who we truly are, we are guided to make life choices and decisions that are best for us.***
- 5. Living YOUR Human Design makes for an easier more fulfilled life.***

The whole Human Design system was transmitted during the harmonic convergence in 1987(Supernova 1987A) to Robert Allen Krakower, (later known as Ra Uru Hu). Mr. Krakower was a regular, and for all intents and purposes, a non-spiritual man who had a very mystical experience that completely changed him. Through his experience in Ibiza, Spain he was seeded with the information that later became Human Design Astrology. During this experience, he heard what he referred to as “the Voice” and was told that he was being given an important tool that would help people make a vital shift in consciousness for the evolution of humanity. Despite not really wanting to be given the information, he spent the next 25 years of his life teaching the system, right up until his death in March 2011. According to the voice the system was first and foremost for the children, who would usher in the new consciousness, but he stated that he would have to teach it to the adults first so they could pass it on to the children in later years. According to “the Voice” all people who were alive in 1987 were seeded with the same information, of course not all people remember, but for those who do, the Human Design system seems uncannily familiar.

There are 2 columns of numbers, black (Personality) or conscious and red(Design) or unconscious. Your design date is a date that works out to be approximately 88 degrees (90

days) prior to your birthday, or what is considered to be the time when your soul enters your body.

Personality Crystal: The Witness - Who you think you are.(mind)

Design Crystal: The Vehicle - What you say, think, do.(body)

Magnetic Monopole(found in the Gate 2): The Attractor - Your Uniqueness.

“The Rave (Human Design) Body Graph is a synthesis. The graph is built of centers derived from the Hindu Brahmin Chakra system, the connections between the centers, known as the channels are derived from the Sephorith of Kabbalah. The gates at either end of the channels are from the I-Ching. We are a binary consciousness, the totality of the Rave is called the bio-verse, the juxtaposed tension between atomics and dark matter. According to the cosmology, in the beginning there were 2 matter crystals that shattered and dispersed in the Big Bang. The Yin and the Yang expressed through design and personality crystals of consciousness. The emergence of atomics also produced neutrinos, the most abundant of all things. The neutrino ocean of all the living stars is filtered by the crystals of consciousness. Every living thing is endowed with 2 crystals of consciousness, an aspect of the original Yin, the design crystal that transforms the neutrino data into the body and the life and the aspect of the original Yang, the personality crystal that transforms the neutrino data into the potential of self-reflected consciousness. What binds the bio-verse together binds us together, it is the magnetic monopole. The magnetic monopole sits in the G-center and gives us our direction for life. The design crystal sits in the Ajna center and gives the intelligence that maintains and operates the body. The personality crystal sits in the Head Center and in the intelligence we recognize as who we think we are. The design crystal is the vehicle, the magnetic monopole is the driver and the personality crystal, who we think we are, is the passenger. One of the most profound potentials in Human Design is the awakening of passenger’s consciousness. ” Ra Uru Hu

When you are looking at a human design chart you will see several lines coming off and connecting different shapes(centers). Every line is made up of 2 gates (numbers on either end). The gates have a match, and as humans we are energetically drawn to people who have the matching gate to the ones we carry, this is called electromagnetics. Ultimately it is about getting

complete channels that connect to the throat, as this is the center for all manifestation, from the mind into form. There are 4 motors in human design, the Sacral, Solar Plexus, Will and Root. When you have motors connected to the throat it makes manifesting faster, it's like the difference between going somewhere in a car as opposed to going by bike.

Strategy- Your strategy comes from your type and is the most important knowledge offered by Human Design. It gives key information about how to operate in the world. It aids you in making the right decisions for yourself and also helps in recognizing when you are on the right path in your life.

In Human Design there are 9 centers, of these 9 centers there are 4 motors that give us the energy we need to be in the world. The most powerful motor is called the Sacral motor as shown by the red square in the chart above.

Gates are the numbered black, red and striped lines on the chart that describe parts of your personality. The gates can talk about personality, but also can point toward areas in your health where you might be predisposed to illness.

Red- Unconscious- what others notice about you but you may not notice about yourself, usually you become aware of this part of you when you reach your 40's.

Black- Conscious- the parts of your personality that you notice about yourself.

Striped Red and Black- Conscious and Unconscious- aware and unaware, usually a bigger theme in your personality and Human Design.

A **Channel** is a complete red, black or striped line that connects 2 centers or shapes in the chart, it is like a bridge that connects the 2 areas.

A **Hanging Gate**, half a channel flavors the energy with the theme of the gate. Our hanging gates are attracted to the other half of the channel and because of this there is a lifetime theme of being more likely to be attracted to people who complete our channels. Hanging gates will also influence life-long themes of meeting the matching energy and would be considered the places where our energy is less balanced because without the full channel the energy doesn't flow. For example, someone with a hanging 62, the gate of practicality, may have a lifelong theme of people with the gate 17 (opinions) being in their lives.

Defined Centers (colored) means that the energy in that center is consistent and you have a predictable way of acting in that area (like having an internal battery or way of responding). The defined centers are always the same color:

Head (Top yellow triangle)

Ajna (Green inverted triangle connected to the Head)

Throat (brown square beneath the Ajna) This is the manifesting center of the Human Design system. The whole intention for all energy and the gates is for the energy to be pushed up to the throat so inspiration can lead to manifestation in the real world. As said previously, in Human Design any energy that doesn't make it to the throat or is non-motorized is called projected energy, meaning it needs to be recognized (asked for) and to have right timing to manifest to its greatest potential.

Identity Center (Yellow Diamond below the Throat)

Sacral (Red square beneath the Identity)

Root (Brown square beneath the Sacral)

Spleen (Brown triangle on the left side of the Chart)

Solar Plexus (Brown triangle on the right side of the Chart)

Undefined (any of the above centers that are undefined are **white** in color)

When a center is undefined it means that the energy is inconsistent and comes from people around you (you need to plug into another person's power supply to get energy to that center). Not only do you take in the energy, but you amplify it. The undefined centers are where you are to gain wisdom about the energy, but it also is where there is fluidity and less fixed ways of being.

Human Design talks about the 'Not Self' or when we believe that instead of having fluidity in the expression of our open gates and centers, we instead feel that we have a fixed way of being in those centers/gates. This belief comes from living in other people's energy fields(auras) being conditioned, and also experiencing the energetic wave and the fixed way of being in other centers, and thus believing that it is ours. This practice activates our 'Not Self', making us act in a way that is not authentic to who we truly are. For instance, someone with an open sacral, like a Manifestor or Projector may tap into a Generator's sacral energy when they are in the presence of

that energy, and rather than believing that the energy that they are experiencing is transient they can start to feel it is theirs. This belief that they have a defined sacral energy may make them “Do” more than they are designed to, and eventually over time this misconception can lead to burnout.

If You are a Pure Generator Type:

All Pure Generator types have a defined Sacral. Having a defined Sacral is like having a fully charged battery every day that needs to be discharged completely to have a good night sleep. When we talk about energy, we are talking about life force energy. Life force energy is for work, sex, child rearing and all the things that we need to do to survive. Generators and Manifesting Generators are the only types who have a consistent supply of sacral energy.

If you have an “open” or “undefined” sacral (Projectors, Manifestors and Reflectors) then the sacral energy that you have is inconsistent, in that it is energy that you “get” from other people. In other words, you are the type of person who needs to be in the aura of other people to get energy to do certain things.

A Pure Generator is someone who doesn't have a motorized throat, or energy that consistently gets to the throat from one of the motors, the Will center, the Sacral, the Root or the Solar Plexus. Generators are here to work to the point of exhaustion and need to burn themselves out. All Generators are the true workers in the world. As I said, to be a Pure Generator you have a defined sacral and no motor to the throat. The sacral is the most powerful motor in the body and is a center for work and life force energy. The sacral is the only motor that has continuous energy that never stops.

Generators are 37% of the population and because of their non-motorized throat need to be invited into conversations. It's not personal and more about energy so waiting to be acknowledged in life can give you much better results in how you are received. Generators can have an Ajna to the throat(I think), a Spleen to the throat(I intuit) and an Identity center (I Am) to the Throat but because none are motors they do not have a motorized throat which means that you do not have your Will Center, Root Center, Solar Plexus or a Sacral center defined to your throat. The strategy for a Generator is to envision, wait for a sign, then respond. This means that you can have an idea (or something inside your mind) but rather than pushing forward with the

idea it's better to wait for your outside reality to give you something to respond to.

For example:

1) **Thought/Idea**- I need a new job.

2) **Sign in Outer Reality** – a general email comes into your in box about jobs that are currently available.

3) **Respond, or Not if it doesn't feel correct.** If any of these jobs are suitable or something that might interest you, you might inquire about the details about the job or apply for the job.

When Generators are pushing, initiating and not waiting for something to respond to, and listening to the inspiration in their mind instead of waiting for signs in their outer reality, they will feel **frustrated** when things are not happening as they expect them to.

As a Generator you can sometimes “fake” your way through initiating and get something to happen, but it usually falls short of what you expected or hoped for. There is potential that you will wait for a breakthrough but usually it doesn't happen. As a Generator you are made to “**dance**” with the world but without a “**partner**” something to respond to, you are dancing by yourself instead of being in the flow of life where manifestation happens.

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2 Goals of a Generator

1) **Responding to the “Right” work.** A Generator can do any job they want because they have the energy, but if the work is not “correct” the Generator will be bored, burnt out, exhausted and unhappy in their work. When a Generator is in the “correct” work the sacral energy gets turned on and turned up, and they have an enormous amount of energy and all the maladies of the wrong work dissipate. They feel alive, excited and they don't want to stop working because they love their work. Energetically Generators are here to work to the point of exhaustion and need to burn themselves out to sleep well. If you, as a Generator, are having sleep issues you might need more activity to burn your motor out for the day.

2) **The second goal of a Generator is to be a Master in their Work.** The way you become masters in your work is by work coming to you. As a Generator you are the magnet (magnetic monopole) and all you need to do is to wait for something to respond to, and then respond if it feels correct.

For a Generator to get a true answer on their direction in life the response must be a “sacral”

response. The sacral is an internal compass that will put you on the correct path if you let it. The sacral response is like when you are writing a test or exam and you come to a question and you have an initial “gut” response pointing at a particular answer, but then you doubt your original response and allow your “head” to get into the mix, and when you do, you might change the first response to something that the head has given you. Later, you may discover that the original “gut” answer was correct. This analogy shows a Generator what is correct for them. When it comes to responding to things that you feel are correct for you, a true sacral response is more of a “gut” response than a head response. When you allow the “head” to get involved in the response you are bypassing your internal compass and making decisions based on thoughts that may be conditioned by people and society, not what is correct for you as an individual.

Generators need a simple “yes or no” question to respond to so they can get a true answer and an immediate “yes” or “no” answer. This response is not a calculated response but more of a burst of energy. This rapid response is considered a navigating tool for a Generator to go in the right life direction. This response will guide you to the right work, the right relationships, the right opportunities, and will tell you where you need to be, what you need to do, and when you need to do it. This will not be from your head. This “gut” response is the source of your truth because the sacral can’t lie, because of this sometimes an answer to a question may be different from what you “thought” it would be.

WAITING A LITTLE LONGER

If you’re not sure whether or not you are responding to an internal prompting, or something in the real world wait a little longer.

SOMETHING TANGIBLE

Be very careful, especially in the beginning, that something comes to you in a very clear way for you to respond to, before you take action. As you practice living your design you gradually become better able to distinguish between responding and initiating.

TRUSTING YOUR GUT

So, what is the nature of responding? Well, theoretically responding means answering a yes/no question with an “uh-huh/un-un” or “yes/no” type answer. In real terms, however, it means trusting

your gut, whether or not you have a specific question to respond to at a particular moment or not.

TRUSTING THAT YOU WILL GET SOMETHING TO RESPOND TO

Most Generators become fearful that if they don't initiate, they will not receive opportunities to respond to, and therefore will never accomplish anything in their lives. Life is simple geometry. All you have to do as a Generator is to allow the geometry of your destiny to come to you. Wait, and you will get something to respond to.

Frustration and the Stair Step Learning Curve for Mastery: When a Generator responds to learning something, they continue to make progress until they reach a point at which they are not advancing or getting better. When a Generator's learning curve flattens and they are not making advancements no matter how hard they try, they may feel stuck and want to quit and start something new. This is exactly when perseverance is required because at this point, they are usually ready to reach a new plateau and when they do, their learning curve will return, and they will continue to develop their mastery. Achieving the next level of mastery can often times happen without much work on the Generator's part. If they abandon their learning when they feel stuck, they will never attain mastery. Repetition is the key to mastery. This can also happen in jobs, a Generator may feel as if they want a promotion, yet it doesn't come fast enough, and instead of waiting they might quit and then they lose their opportunity to gain mastery. If, however they are quitting because they no longer enjoy the learning or don't like the job, then this is a correct choice. If you have an open solar plexus then you can respond in the moment to your sacral response.