

MANIFESTOR BOOKLET

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"Follow what feels good. Know your worth. Love Who you Are."

Human Design is:

- 1. A cutting edge personality assessment tool that shows you the best path to Health, Wealth, and Relationships that works for all parties involved.
- 2. A guide to your specific talents and inherent gifts and the work you are best suited for.
- 3. Is based on 6 Ancient Esoteric Sciences -Western Astrology, Eastern Astrology, Jewish Kabbalah, I-Ching, the Hindu Chakra System, and Quantum Physics.
- 4. Takes us to the depths of the TRUTH of who we are, how we relate, love and work, and by knowing who we truly are, we are guided to make life choices and decisions that are best for us.
- 5. Living YOUR Human Design makes for an easier more fulfilled life.

The whole Human Design system was transmitted during the harmonic convergence in 1987(Supernova 1987A) to Robert Allen Krakower, (later known as Ra Uru Hu). Mr. Krakower was a regular, and for all intents and purposes, a non-spiritual man who had a very mystical experience that completely changed him. Through his experience in Ibiza, Spain he was seeded with the information that later became Human Design Astrology. During this experience, he heard what he referred to as "the Voice" and was told that he was being given an important tool that would help people make a vital shift in consciousness for the evolution of humanity. Despite not really wanting to be given the information, he spent the next 25 years of his life teaching the system, right up until his death in March 2011. According to the voice the system was first and foremost for the children, who would usher in the new consciousness, but he stated that he would have to teach it to the adults first so they could pass it on to the children in later years. According to "the Voice" all people who were alive in 1987 were seeded with the same information, of course not all people remember, but for those who do, the Human Design system seems uncannily familiar.

There are 2 columns of numbers, black (Personality) or conscious and red (Design) or unconscious. Your design date is a date that works out to be approximately 88 degrees (90 days) prior to your birthday, or what is considered to be the time when your soul enters your body.

Personality Crystal: The Witness - Who you think you are. (mind)

Design Crystal: The Vehicle - What you say, think, do. (body)

Magnetic Monopole (found in the Gate 2): The Attractor - Your Uniqueness.

"The Rave (Human Design) Body Graph is a synthesis. The graph is built of centers derived from the Hindu Brahmin Chakra system, the connections between the centers, known as the channels, are derived from the Sephorith of Kabbalah. The gates at either end of the channels are from the I-Ching. We are a binary consciousness, the totality of the Rave is called the bio-verse, the juxtaposed tension between atomics and dark matter. According to the cosmology, in the beginning there were 2 matter crystals that shattered and dispersed in the Big Bang. The Yin and the Yang expressed through design and personality crystals of consciousness. The emergence of atomics also produced neutrinos, the most abundant of all things. The neutrino ocean of all the living stars is filtered by the crystals of consciousness. Every living thing is endowed with 2 crystals of consciousness, an aspect of the original Yin, the design crystal that transforms the neutrino data into the body and the life and the aspect of the original Yang, the personality crystal that transforms the neutrino data into the potential of self-reflected consciousness. What binds the bio-verse together binds us together, it is the magnetic monopole. The magnetic monopole sits in the G-center and gives us our direction for life. The design crystal sits in the Ajna center and gives the intelligence that maintains and operates the body. The personality crystal sits in the Head Center and in the intelligence, we recognize as who we think we are. The design crystal is the vehicle, the magnetic monopole is the driver and the personality crystal, who we think we are, is the passenger. One of the most profound potentials in Human Design is the awakening of passenger's consciousness." Ra Uru Hu

When you are looking at a human design chart you will see several lines coming off and connecting different shapes (centers). Every line is made up of 2 gates (numbers on either end). The gates have a match, and as humans we are energetically drawn to people who have the matching gate to the ones we carry, this is called electromagnetics. Ultimately it is about getting complete channels that connect to the throat, as this is the center for all manifestation, from the mind into form. There are 4 motors in human design, the Sacral, Solar Plexus, Will and Root. When you have motors connected to the throat it makes manifesting faster, it's like the difference between going somewhere in a car as opposed to going by bike.

Strategy- Your strategy comes from your type and is the most important knowledge offered by Human Design. It gives key information about how to operate in the world. It aids you in making the right decisions for yourself and also helps in recognizing when you are on the right path in your life.

In Human Design there are 9 centers, of these 9 centers there are 4 motors that give us the energy we need to be in the world. The most powerful motor is called the Sacral motor as shown by the red square in the chart above.

Gates are the numbered black, red and striped lines on the chart that describe parts of your personality. The gates can talk about personality, but also can point toward areas in your health where you might be predisposed to illness.

<u>Red</u>- Unconscious- what others notice about you but you may not notice about yourself, usually you become aware of this part of you when you reach your 40's.

<u>Black</u>- Conscious- the parts of your personality that you notice about yourself.

<u>Striped Red and Black</u>- Conscious and Unconscious- aware and unaware, usually a bigger theme in your personality and Human Design.

A <u>Channel</u> is a complete red, black or striped line that connects 2 centers or shapes in the chart, it is like a bridge that connects the 2 areas.

A **Hanging Gate**, half a channel flavors the energy with the theme of the gate. Our hanging gates are attracted to the other half of the channel and because of this there is a lifetime

theme of being more likely to be attracted to people who complete our channels. Hanging gates will also influence life-long themes of meeting the matching energy and would be considered the places where our energy is less balanced because without the full channel the energy doesn't flow. For example, someone with a hanging 62, the gate of practicality, may have a lifelong theme of people with the gate 17 (opinions) being in their lives.

Defined Centers (colored) means that the energy in that center is consistent and you have a predictable way of acting in that area (like having an internal battery or way of responding). The defined centers are always the same color:

Head (Top yellow triangle)

Ajna (Green inverted triangle connected to the Head)

Throat (brown square beneath the Ajna) This is the manifesting center of the Human Design system. The whole intention for all energy and the gates is for the energy to be pushed up to the throat so inspiration can lead to manifestation in the real world. As said previously, in Human Design any energy that doesn't make it to the throat or is non-motorized is called projected energy, meaning it needs to be recognized (asked for) and to have right timing to manifest to its greatest potential.

Identity Center (Yellow Diamond below the Throat)

Sacral (Red square beneath the Identity)

Root (Brown square beneath the Sacral)

Spleen (Brown triangle on the left side of the Chart)

Solar Plexus (Brown triangle on the right side of the Chart)

Undefined (any of the above centers that are undefined are **white** in color)

When a center is undefined it means that the energy is inconsistent and comes from people around you (you need to plug into another person's power supply to get energy to that center). Not only do you take in the energy, but you amplify it. The undefined centers are where you are to gain wisdom about the energy, but it also is where there is fluidity and less fixed ways of being.

Human Design talks about the 'Not Self' or when we believe that instead of having fluidity

in the expression of our open gates and centers, we instead feel that we have a fixed way of being in those centers/gates. This belief comes from living in other people's energy fields(auras) being conditioned, and also experiencing the energetic wave and the fixed way of being in other centers, and thus believing that it is ours. This practice activates our 'Not Self', making us act in a way that is not authentic to who we truly are. For instance, someone with an open sacral, like a Manifestor or Projector may tap into a Generators sacral energy when they are in the presence of that energy, and rather than believing that the energy that they are experiencing is transient they can start to feel it is theirs. This belief that they have a defined sacral energy may make them "Do" more than they are designed to, and eventually over time this misconception can lead to burnout.

If You Are a Manifestor Type:

8% of the population are Manifestors. They are doers by nature, their HD strategy is to inform the people affected (impact field) by their actions then initiate. Informing is an unnatural act for the Manifestor but this is essential to have the best creative energy and drive. The only time a Manifestor needs to wait before acting is if they have a defined Emotional Center, then they need to wait to go through their whole emotional wave before initiating action to ensure that they have a positive feeling about the potential action for the full wave. If there is negative energy attached to the action at any point in the wave it probably isn't correct action for the Manifestor. Manifestors always have a motor to the throat and an undefined sacral(red square in the middle of the chart). Manifestors have the ability to initiate action and conversation and as long as they inform they do not have to stop their actions. They are the only type who can "Just Do it". Manifestors who don't live out their strategy because people who try to stop them or block their creative energy can shut down their initiating energy and feel like they are Projectors. Manifestors are not supposed to be told what to do and usually don't need help. They are not here to work like the Generator types and are here instead to "get the ball rolling" for all the other types then move on to the next project. When Manifestors are living their strategy they inform before they act. By informing the Manifestors prevent miscommunications that can occur and everything runs more smoothly. Many times Manifestors don't know if their actions are correct until the receive the feedback after the have initiated. A deeper connection with a universal

power that is bigger than them can help with clarity about what is correct to initiate. Manifestors move quickly and when they are doing they get in their personal flow and when they are moving at this "light speed" finding the words to answer questions that people might ask them tugs them out of the flow and can leave them angry for having to stop "doing". Manifestors do no like to be told what to do as when they are living their strategy they "know" what needs to be done.

Manifestors who try to act like Generator types can burn themselves out and usually between 40 and 50 they can health issues that force them out of the work that they are not designed for. Because Manifestors do not have defined sacrals the workforce energy is inconsistent and therefore they don't know when enough is enough. With an open sacral, Manifestors should be in bed before they are exhausted, lying down to dispel the energy so they can have a good sleep. If they wait too long to go to bed the quality of the sleep goes down. It is better for Manifestors to sleep alone and away from sacral defined beings to get the best sleep.

Manifestor Children

Most Manifestors will have stories of running away and living in the woods for a day or so they could get away from controlling parents. They are designed to be safe when they are "doing". There is a need for parents to set good boundaries and keep them safe without shutting down their creative energy. For parents rearing a Manifestors they should save "no" for the big things. Manifestors will want to push against what is possible in the world, punishment and extreme control will only break a Manifestor. Always inform a Manifestor as you tell them to inform. Manifestor children can be independent and will become angry when they are stopped from doing what they planned. For this reason, they may become secretive about their plans and will hide away when they are doing. Over-protective parents who are trying to protect young Manifestors can inadvertently shut down that drive and push for initiation.

Manifestors make up 8% of the population and are identified by a motorized throat and an undefined sacral. Manifestors are the only types who can initiate action without waiting. They are the "just do it" type. They are energy beings that possess tremendous initiating power but they have to use their power carefully or risk angering others. Their purpose in life is initiating action but not necessarily finishing what they initiate. The start the ball rolling and the workers

(Generators and Manifesting Generators) will continue on with the projects.

Manifestors move quickly and can become angry when things are not moving fast enough. When they are in their flow they don't like to be stopped. They move so quickly that distractions like people asking questions or even offering help pulls them out of their vibe and they have to try to reconfigure to get back into the flow. Manifestors are meant to be in the flow as this is a desired and confortable state so it makes sense that they become angry with too many helping hands, because it truth they don't need a lot of help and can do most thing on their own. Manifestors strategy is to DO but if they are emotionally defined then they should wait for their full emotional wave before they initiate action.

Manifestors are born with a lot of lively energy and because they don't like to take orders and move to the beat of their own drum, parents may have concern for their wellbeing and safety. Manifestors are designed to do things by themselves and are thus protected yet most parents do not see this perspective and may inadvertently stymie their creative power. For this reason many Manifestors become secretive and do not inform others about their plans. In this way Manifestors can be deeply conditioned to wait when they do not need to wait. This can cause relationship issues as the people that are in relationship with the Manifestors may feel out of the loop and ignored.

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