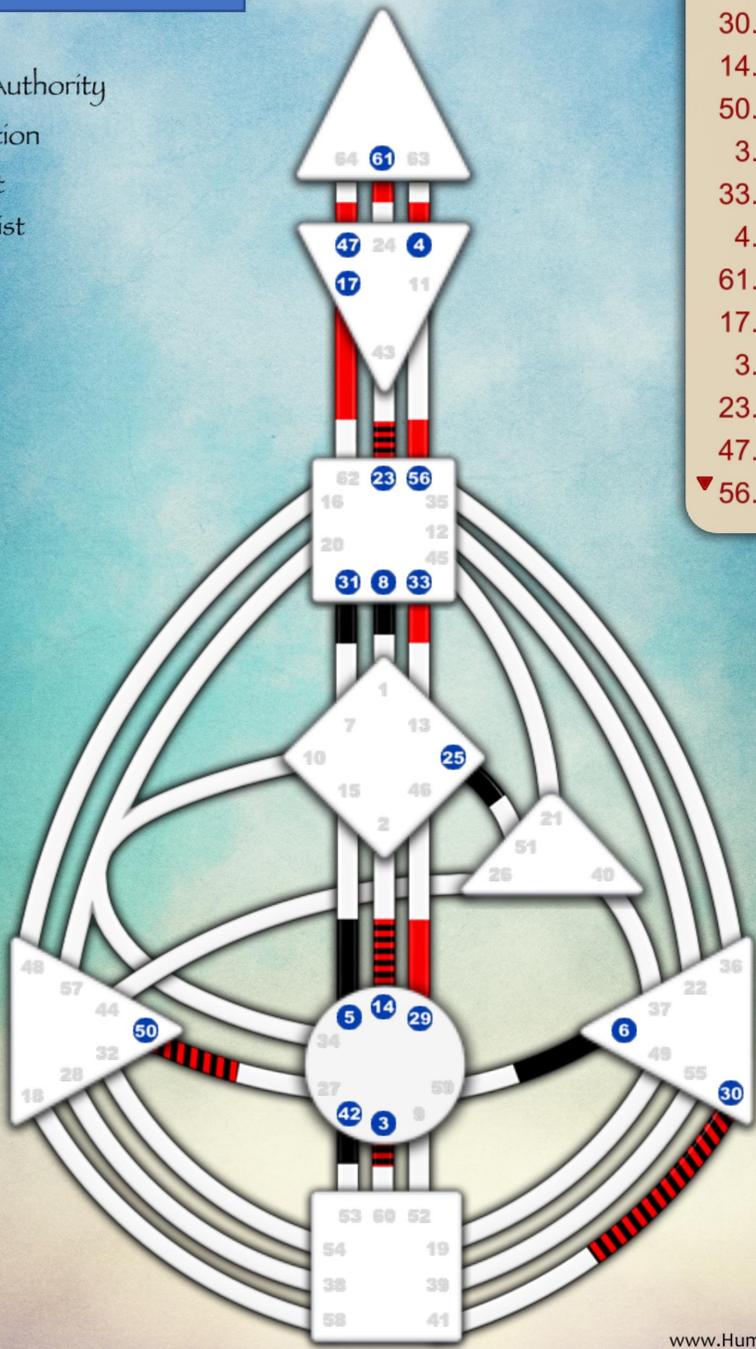


Reflector  
 No Inner Authority  
 No Definition  
 2/4 Hermit  
 Opportunist

29.4	☉	14.2
30.4	⊕	8.2 ▼
14.1	☾	30.1
50.6	♋	50.3
3.6	♌	3.3
33.5	♍	5.3
4.5	♎	5.4
61.4	♏	30.6 ▲
17.5	♐	25.1
3.6	♑	42.6 ▼
23.4	♒	23.1
47.6	♓	6.3 ▲
▼ 56.6	♈	31.1



REFLECTOR  
 BOOKLET/2020  
 Denise Mathew  
 denisemathew.com

*“Follow what feels good. Know your worth. Love Who you Are.”*

***Human Design is:***

- 1. A cutting edge personality assessment tool that shows you the best path to Health, Wealth, and Relationships that works for all parties involved.***
- 2. A guide to your specific talents and inherent gifts and the work you are best suited for.***
- 3. Is based on 6 Ancient Esoteric Sciences -Western Astrology, Eastern Astrology, Jewish Kabbalah, I-Ching, the Hindu Chakra System, and Quantum Physics.***
- 4. Takes us to the depths of the TRUTH of who we are, how we relate, love and work, and by knowing who we truly are, we are guided to make life choices and decisions that are best for us.***
- 5. Living YOUR Human Design makes for an easier more fulfilled life.***

***The whole Human Design system was transmitted during the harmonic convergence in 1987(Supernova 1987A) to Robert Allen Krakower, (later known as Ra Uru Hu). Mr. Krakower was a regular, and for all intents and purposes, a non-spiritual man who had a very mystical experience that completely changed him. Through his experience in Ibiza, Spain he was seeded with the information that later became Human Design Astrology. During this experience, he heard what he referred to as “the Voice” and was told that he was being given an important tool that would help people make a vital shift in consciousness for the evolution of humanity. Despite not really wanting to be given the information, he spent the next 25 years of his life teaching the system, right up until his death in March 2011. According to the voice the system was first and foremost for the children, who would usher in the new consciousness, but he stated that he would have to teach it to the adults first so they could pass it on to the children in later years. According to “the Voice” all people who were alive in 1987 were seeded with the same information, of course not all people remember, but for those who do, the Human Design system seems uncannily familiar.***

***There are 2 columns of numbers, black (Personality) or conscious and red( Design) or unconscious. Your design date is a date that works out to be approximately 88 degrees (90***

*days) prior to your birthday, or what is considered to be the time when your soul enters your body.*

**Personality Crystal:** The Witness - Who you think you are. (mind)

**Design Crystal:** The Vehicle - What you say, think, do. (body)

**Magnetic Monopole (found in the Gate 2):** The Attractor - Your Uniqueness.

*“The Rave (Human Design) Body Graph is a synthesis. The graph is built of centers derived from the Hindu Brahmin Chakra system, the connections between the centers, known as the channels, are derived from the Sephorith of Kabbalah. The gates at either end of the channels are from the I-Ching. We are a binary consciousness, the totality of the Rave is called the bio-verse, the juxtaposed tension between atomics and dark matter. According to the cosmology, in the beginning there were 2 matter crystals that shattered and dispersed in the Big Bang. The Yin and the Yang expressed through design and personality crystals of consciousness. The emergence of atomics also produced neutrinos, the most abundant of all things. The neutrino ocean of all the living stars is filtered by the crystals of consciousness. Every living thing is endowed with 2 crystals of consciousness, an aspect of the original Yin, the design crystal that transforms the neutrino data into the body and the life and the aspect of the original Yang, the personality crystal that transforms the neutrino data into the potential of self-reflected consciousness. What binds the bio-verse together binds us together, it is the magnetic monopole. The magnetic monopole sits in the G-center and gives us our direction for life. The design crystal sits in the Ajna center and gives the intelligence that maintains and operates the body. The personality crystal sits in the Head Center and in the intelligence, we recognize as who we think we are. The design crystal is the vehicle, the magnetic monopole is the driver and the personality crystal, who we think we are, is the passenger. One of the most profound potentials in Human Design is the awakening of passenger’s consciousness.” Ra Uru Hu*

When you are looking at a human design chart you will see several lines coming off and connecting different shapes(centers). Every line is made up of 2 gates (numbers on either end). The gates have a match, and as humans we are energetically drawn to people who have the matching gate to the ones we carry, this is called electromagnetics. Ultimately it is about getting

complete channels that connect to the throat, as this is the center for all manifestation, from the mind into form. There are 4 motors in human design, the Sacral, Solar Plexus, Will and Root. When you have motors connected to the throat it makes manifesting faster, it's like the difference between going somewhere in a car as opposed to going by bike.

**Strategy-** Your strategy comes from your type and is the most important knowledge offered by Human Design. It gives key information about how to operate in the world. It aids you in making the right decisions for yourself and also helps in recognizing when you are on the right path in your life.

In Human Design there are 9 centers, of these 9 centers there are 4 motors that give us the energy we need to be in the world. The most powerful motor is called the Sacral motor as shown by the red square in the chart above.

Gates are the numbered black, red and striped lines on the chart that describe parts of your personality. The gates can talk about personality, but also can point toward areas in your health where you might be predisposed to illness.

**Red-** Unconscious- what others notice about you but you may not notice about yourself, usually you become aware of this part of you when you reach your 40's.

**Black-** Conscious- the parts of your personality that you notice about yourself.

**Striped Red and Black-** Conscious and Unconscious- aware and unaware, usually a bigger theme in your personality and Human Design.

A **Channel** is a complete red, black or striped line that connects 2 centers or shapes in the chart, it is like a bridge that connects the 2 areas.

A **Hanging Gate**, half a channel flavors the energy with the theme of the gate. Our hanging gates are attracted to the other half of the channel and because of this there is a lifetime theme of being more likely to be attracted to people who complete our channels. Hanging gates will also influence life-long themes of meeting the matching energy and would be considered the places where our energy is less balanced because without the full channel the energy doesn't flow. For example, someone with a hanging 62, the gate of practicality, may have a lifelong theme of people with the gate 17 (opinions) being in their lives.

**Defined Centers** (colored) means that the energy in that center is consistent and you have a predictable way of acting in that area (like having an internal battery or way of responding). The defined centers are always the same color:

**Head** (Top yellow triangle)

**Ajna** (Green inverted triangle connected to the Head)

**Throat** (brown square beneath the Ajna) This is the manifesting center of the Human Design system. The whole intention for all energy and the gates is for the energy to be pushed up to the throat so inspiration can lead to manifestation in the real world. As said previously, in Human Design any energy that doesn't make it to the throat or is non-motorized is called projected energy, meaning it needs to be recognized (asked for) and to have right timing to manifest to its greatest potential.

**Identity Center** (Yellow Diamond below the Throat)

**Sacral** (Red square beneath the Identity)

**Root** (Brown square beneath the Sacral)

**Spleen** (Brown triangle on the left side of the Chart)

**Solar Plexus** (Brown triangle on the right side of the Chart)

**Undefined** (any of the above centers that are undefined are **white** in color)

When a center is undefined it means that the energy is inconsistent and comes from people around you (you need to plug into another person's power supply to get energy to that center). Not only do you take in the energy, but you amplify it. The undefined centers are where you are to gain wisdom about the energy, but it also is where there is fluidity and less fixed ways of being.

Human Design talks about the 'Not Self' or when we believe that instead of having fluidity in the expression of our open gates and centers, we instead feel that we have a fixed way of being in those centers/gates. This belief comes from living in other people's energy fields(auras) being conditioned, and also experiencing the energetic wave and the fixed way of being in other centers, and thus believing that it is ours. This practice activates our 'Not Self', making us act in a way that is not authentic to who we truly are. For instance, someone with an open sacral, like a Manifestor or Projector may tap into a Generator's sacral energy when they are in the presence of

that energy, and rather than believing that the energy that they are experiencing is transient they can start to feel it is theirs. This belief that they have a defined sacral energy may make them “Do” more than they are designed to, and eventually over time this misconception can lead to burnout.

**If You are a Reflector Energy type:**

1-2% of the population are Reflectors. To be a Reflector type you have what is called no definition. Being a Reflector means that you have no centers defined or you have all hanging gates with no definition. When you have only hanging gates or half channels it means that electromagnetics and being in the aura of other energy types is important for you to understand. The only way you as a Reflector get definition in your chart is through planetary transits, especially the Moon as well as electromagnetics from other energy types (see above for definition). Reflectors are considered to be barometer for the energy that is all around them or that act as a mirror of the energy for the people who are around them. This means that when you as a Reflector are not happy it’s usually a reflection of the environment that you live in meaning that it is not a happy place, and the opposite is true, when you as a Reflector are happy in your community, the community is healthy and happy. Because Reflectors have no defined centers you can reflect all the auras of all the other energy types that you come in contact with and you can “become” other people, or you may have an ability to see into others energy. This means that you can see all the potential for the people that you are connecting with. Since we as humans have free will many will live below their potential so that means that as a Reflector who can see the potential in everyone and also how it is not expressed. This insight can leave you feeling disappointed with the reality of humanity, **disappointment** can be a theme for Reflectors who are not feeling happy in their community. For this reason, it’s very important for a Reflector to find a stable community to live in, one where they know the energy and feel comfortable. Since Reflectors can feel so much energy you have the potential to love many people and when the energy is good you as a Reflector may want to be around that particular energy all the time. This can look like a clingy type of energy so it’s important for the people in a Reflector’s life to understand this way of being.

As a Reflector type all the energy that comes into your centers is based on the people who you are with. But not only do you absorb the energy but it gets amplified as well and this means that Reflectors by nature will have a tremendous amount of energy that they are constantly being

bombarded with when they are in a public place. When the energy that a Reflector is absorbing is always foreign or from different people it may become overwhelming. For this reason, having a stable and consistent community where you as a Reflector know and understand the energy is a cornerstone for you to be comfortable in the world. Since all the energy that a Reflector absorbs is related to the auras that you are immersed in it means that with certain people you can be more talkative because of a lot of throat energy, more boisterous because of a lot of sacral energy, or more emotional because of a lot of emotional energy around you and so on, so there is potential for someone who is a Reflector to be considered someone with a big personality. This openness means that Reflectors need downtime from people where you can recharge. The best place for you to do that is out in nature, away from people. This alone time in nature can give you the time to discharge all the energy that you have built up and to come back to yourself. When you as a Reflector don't know your energy and how it works you may feel you need or want to be around people even more in the hopes that you might eventually feel better, usually this causes more problems. Another way to discharge the energy that you have absorbed is by having a shower. By being the sensors that they are Reflectors can reveal the unhealthy energy around them and by doing so can give others an insight into the truth so the community can be healed. This is the biggest gift Reflectors can bring to a community and also why you are so important to the world.

**Famous Reflectors: Margaret Atwood, Rob Lowe, Peter Dinklage, Sandra Bullock.**

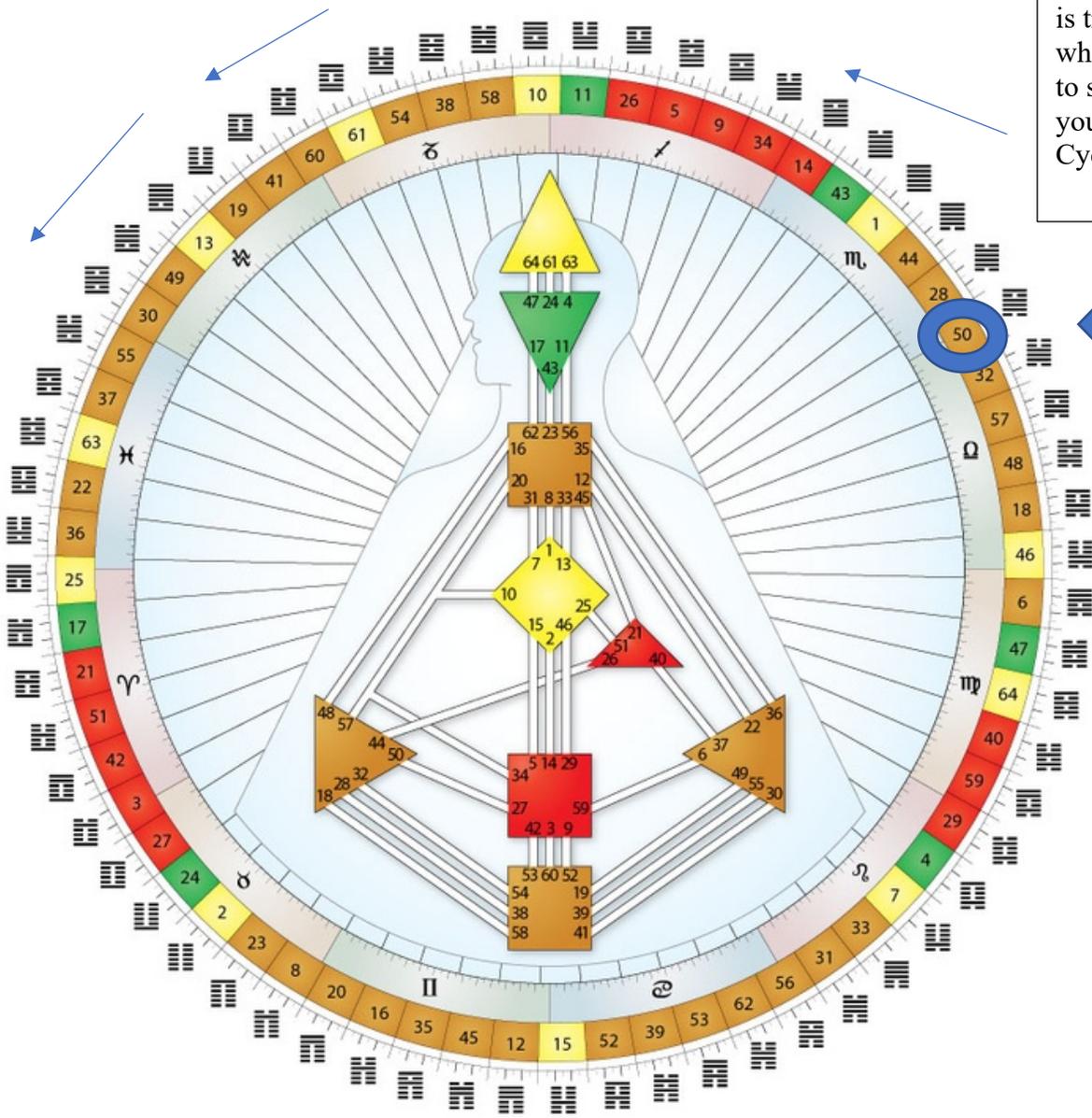
### **Strategy: Wait for A Lunar Cycle:**

Reflectors are considered Lunar beings or are influenced by the Moon and its transits, so the Strategy for Reflectors is to go through one full 28-29 Lunar Cycle to make the big decisions in life. Of course, this is not always possible in the world we live in but at the very least following your Moon Cycle a few times to gain valuable insight into how you operate can be extremely helpful for you to navigate the world.

The Human Design theory is that if the big decision feels good for the whole cycle then it's a good decision for the Reflector, but if it doesn't feel like something that you want to do at some point in your cycle it might be better to let the opportunity go.

The Moon goes around the whole Human Design Mandala is 28- 29 days and transits or connects with all of the 64 gates of the Mandala. The Moon transits through each gate for about 10 hours so the Moon can transit 2-3 gates in one 24-hour period.

Start where you are, or the gate where the moon is transiting when you want to start tracking your Lunar Cycle.



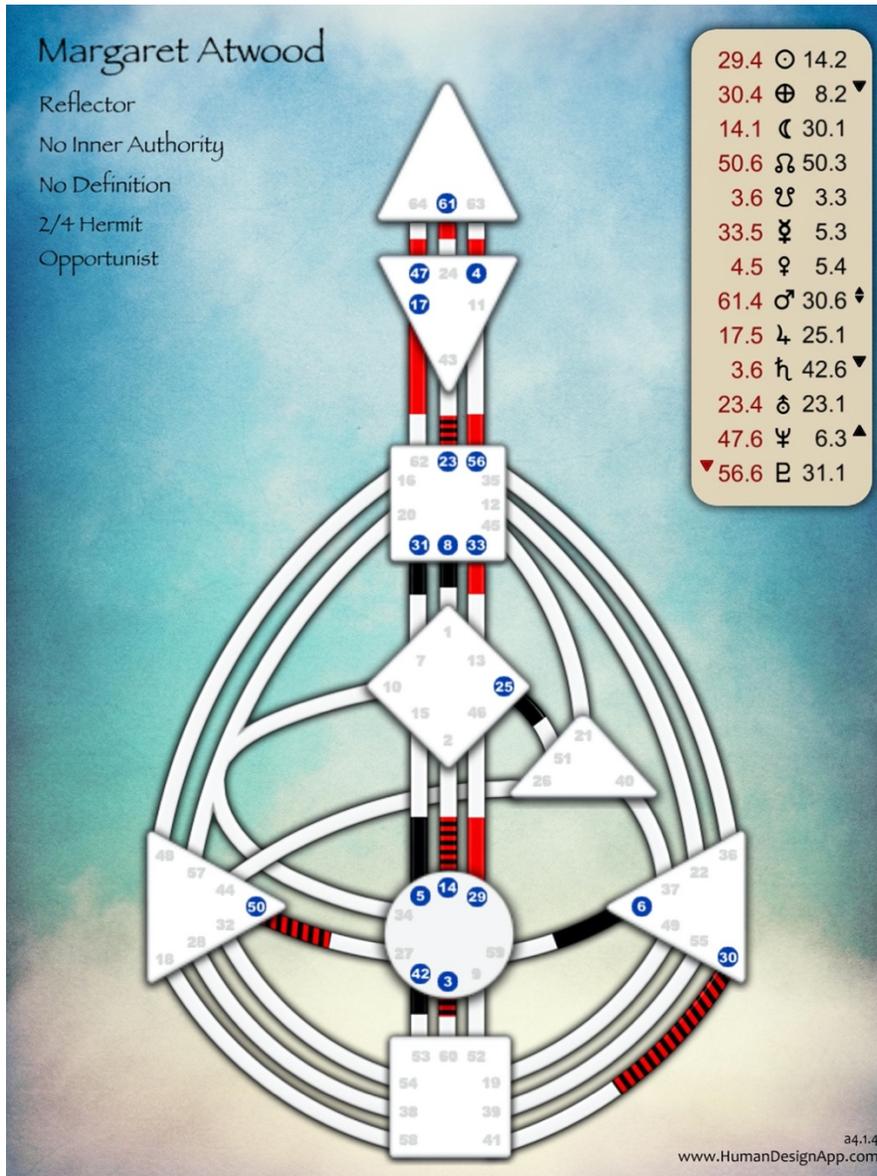
You as a Reflector can start tracking your Lunar Cycle for clarity for a big decision whenever you want to. All that matters is that the Moon transits all the 64 gates, and after it has, that is when a decision can be made. As a Reflector it's a good idea to go through your Moon cycle to check in on your energy since when certain centers are defined in your chart it might be a better time to do certain things. For instance when you have Sacral definition it might be a good time to go out and get all your errands done because it's a time when you will have more physical energy, and when your Spleen has definition it might be a good time to check in on your health and wellbeing.

When you begin your Moon cycle you can start wherever the Moon is transiting.

Jovianarchives.com have a Just Now chart that can show you where the Moon is transiting. The Human Design App (a paid app) will show the transits of the Planets for a few days in advance.

denisemathew.com

After you know where the Moon is you can start to track it. Keep in mind that only the gates that



matter to you are the ones that interact/activate with your chart. So if we look at Margaret Atwood's chart we can see that she has the gate 50 defined, the matching gate that will make a full channel is the gate 27, so when the Moon Transits the gate 27 she will have a complete channel for about 10 hours and it will give her definition in her Spleen(Health and Intuition) and her Sacral(Workforce and Physical energy). When that happens, it may be a good time for her to get her errands done as well as checking in on her health or how she is feeling health wise. As I said before the most important part of tracking your Lunar Cycle is to track the Moon until it has

made one full revolution around the Mandala. The important gates for you will always be the same and will be transited by the Moon every 28-29 days in the same order so as soon as you know the important gates for you and how you feel with the transits then you will have valuable information that can give you one more dimension about you. For more information on how to track your moon cycle you can check out my video on HD With Denise Mathew on You tube called “How Reflectors Can Learn to Navigate Their Moon Cycle in Human Design.”

