

# Calming Comfort™

— WEIGHTED BLANKET —

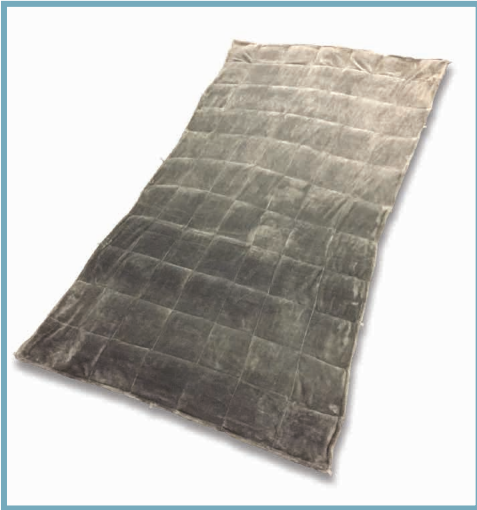
## DUVET INSTRUCTION MANUAL

For more tips and instructional videos, visit: [www.CalmingComfortTips.com](http://www.CalmingComfortTips.com)

### IN THE BOX

- (1) Calming Comfort™ Weighted Blanket Duvet

### DUVET SETUP



**1.** Lay the Calming Comfort™ Weighted Blanket flat on the floor or on your bed.



**2.** Take the Duvet and turn inside-out.



**3.** Once the duvet is inside-out, lay it flat on top of the Weighted Blanket, with the open end of the duvet cover near you.

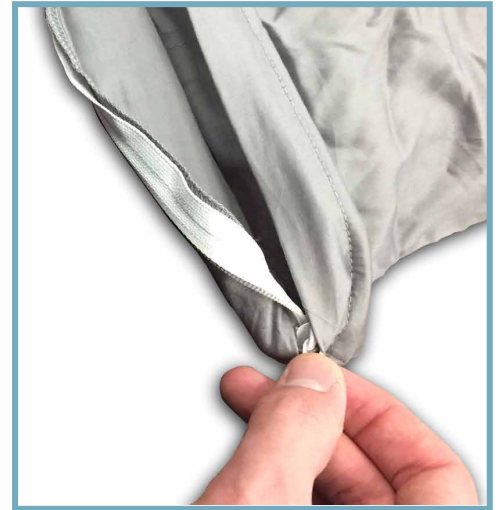


**4.** Starting with a corner of the blanket, begin tying each lace on the duvet to its matching loop on the blanket.

\*Be sure not to apply a permanent knot, so that for future use, they can be undone for washing\*



**5.** Once all 12 loops are tied, carefully turn the duvet/blanket inside-out.



**6.** Close the duvet by pulling the zipper closed across the opening.

**Washing:** Machine Wash Cold – Do Not Bleach – Tumble Dry Low – Low Iron

**Duvet Material:** 100% Cotton