

2022 Kung Fu Summer Camp



Kung Fu Summer Camp is a fast and fun-filled skill building sessions. The emphasis are on building flexibility, strength, corrdination, agility, and confidence.

6 yrs-old & up · Limit to 20 kids



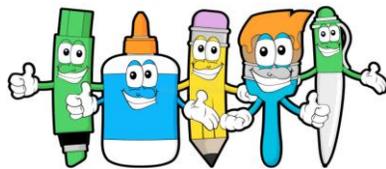
| Daily Activity | |
|----------------|---|
| Time | Activity |
| 8:30-9am | Arrival Time & Game |
| 9am-12pm | Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching etc |
| 12-12:30pm | Lunch |
| 12:30-1pm | Pick-up & Arrical Time & Game |
| 1 - 5pm | Ourdoor activity in Park, Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching etc |
| 5-5:30pm | Art |

| Summer Camp Schedule | | | |
|----------------------|---------------------|---------|-------------|
| Session | Dates | Session | Dates |
| 1 | 6/13 - 6/17 | 5 | 7/11 - 7/15 |
| 2 | 6/20 - 6/24 | 6 | 7/18 - 7/22 |
| 3 | 6/27 - 7/1 | 7 | 7/25 - 7/29 |
| 4 | 7/5 - 7/8 (Prorate) | 8 | 8/1 - 8/5 |

| Full-Day Fee 8:30am-5:30pm | Half-Day Fee 8:30am-12:30pm or 1-5:30pm |
|--|---|
| (Include lunch) \$428 / session Registration Fee \$50 Uniform Set \$75 | (Morning session include lunch) \$268 / session Registration Fee \$50 Uniform Set \$75 |

Sibling Discount: 20% off

Lunch Menus



| Mon | Tue | Wed | Th | Fri |
|----------------------------|-----------------------------------|----------------------------------|--|-----------------------------------|
| A. Cheese Pizza w/ Pepsi | A. Chicken Chow Fun | A. Pot Stickers (pork, 6 pieces) | A. Prawns w/String Bean w/rice | A. Chicken tenden w/ french fries |
| B. Pepperoni Pizza w/Pepsi | B. Pork Fried Rice | B. Chicken Fried Rice | B. Combination Chow Mein (Chicken&Shrimp&Beef) | B. Beef w/string Bean w/rice |
| | C. ToFu Chicken w/ rice | C. Beef w/Broccoli w/rice | C. Orange Chicken / rice | C. ToFu Pork w/ rice |
| Provided by Little Caesars | Provided by Orchard Pavilion Café | | | |



Email: KungFuMasterYan@gmail.com · Call: (415) 832-0118 Master Yan
1532 Webster St. Alameda, CA 94501 · www.internationalchiinstitute.com

