



International Chi Institute

President's Week Kung Fu Camp

Daily Activity	
Time	Activity
8:30-9am	Arrival Time & Game
9am-12pm	Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching, etc.
12-12:30pm	Lunch
12:30-1pm	Pick-up & Arrival Time & Game
1 - 4pm	Outdoor activity in a park, Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching, etc.
4-4:30pm	Art / Craft Activity
Before 6pm (For free)	Campers can stay in the studio until 6pm to wait for pick up

Kung Fu Camp is a fast and fun-filled skill building session. The emphasis are on building flexibility, strength, coordination, agility, and confidence.
6 yrs-old & up / Class size limit: 30

Day	Date
#1	Feb 20, 2024 (Tuesday)
#2	Feb 21, 2024 (Wednesday)
#3	Feb 22, 2024 (Thursday)
#4	Feb 23, 2024 (Friday)

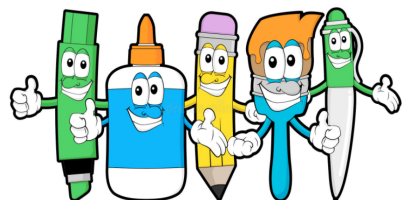
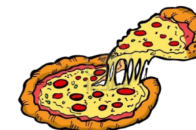
Cost: \$100/day or \$380 (Feb 20-23)

Lunches: Free lunches are optional

Registration Fee: Waive

Sibling Discount: 20% off

Uniform: School T-shirt (\$20) is required for new students in this camp



1532 Webster St. Alameda, CA 94501 · www.internationalchiinstitute.com

Email: KungFuMasterYan@gmail.com Call: (415) 832-0118