



International Chi Institute

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Effective Date: Jan 1, 2022

Group Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Reminder
Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Kinder (age 4-5) 8:10-8:50am	*Maximum 12 students for each class. *Please inform us if you need to reshcdule your missing class in advance.
					Kinder (age 4-5) 9:00-9:40am	
					Orange Belt & Up Kung Fu 10:00-10:50am	
					Child Beginning 6 yrs old & up Kung Fu 1:00-1:50 pm	
					Private Lesson (By appointment)	
	Child Beginning 6 yrs old & up Kung Fu 4:00-4:50pm					
Child & Teens 8 yrs old & up Self Defense & Physical Training 6:00-6:50 pm	Orange Belt & Up Kung Fu 6:00-6:50pm	Child Beginning 6 yrs old & up Kung Fu 6:00-6:50pm	Orange Belt & Up Kung Fu 6:00-6:50pm	School Team 5:00-6:50pm		
Private Lesson (By appointment)	Private Lesson (By appointment)	Adult QiGong 7:00-8:00 pm	Teens & Adults Self Defense & Physical Training 7:00-7:50 pm	Private Lesson (By appointment)		

* Private Lesson: Tailored Form/ Weapon Lesson/Tai Chi/QiGong/Physical Training