



International Chi Institute

1532 Webster Street, Alameda, CA 94501

Master Yan: (415) 832-0118

kungfumasteryan@gmail.com

www.internationalchiinstitute.com

Effective Date: Aug 15, 2022

Group Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Kinder (age 4-5) 8:10-8:50am
					Kinder (age 4-5) 9:00-9:40am
					Orange Belt & Up Kung Fu 10:00-10:50am
School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	Child Beginning 6 yrs old & up Kung Fu 1:00-1:50 pm
					Orange Belt & Up Kung Fu 2:00-2:50am
Private Lesson (By appointment)	Child Beginning 6 yrs old & up Kung Fu 5:00-5:50pm	Private Lesson (By appointment)	Private Lesson (By appointment)	Child Beginning 6 yrs old & up Kung Fu 5:00-5:50pm	Child Beginning 6 yrs old & up Kung Fu 4:00-4:50pm
	Child & Teens 8 yrs old & up Self Defense & Physical Training 6:00-6:50 pm	Orange Belt & Up Kung Fu 6:00-6:50pm	Child Beginning 6 yrs old & up Kung Fu 6:00-6:50pm	Orange Belt & Up Kung Fu 6:00-6:50pm	School Team 5:00-6:50pm
	Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Teens & Adults Self Defense & Physical Training 7:00-7:50 pm	Private Lesson (By appointment)

* Private Lesson: Tailored Form/ Weapon Lesson/Tai Chi/QiGong/Physical Training