



International Chi Institute

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www.internationalchiinstitute.com

Effective Date: February 1, 2023

Group Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Orange Belt & Up Kung Fu 10:00-10:50am
School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	School Pick Up - 4:50pm Kung Fu Lion Dance Dragon Dance	Child Beginning 6 yrs old & up Kung Fu 1:00-1:50 pm
					Orange Belt & Up Kung Fu 2:00-2:50am
Private Lesson (By appointment)	Child Beginning 6 yrs old & up Kung Fu 5:00-5:50pm	Private Lesson (By appointment)	Private Lesson (By appointment)	Child Beginning 6 yrs old & up Kung Fu 5:00-5:50pm	Child Beginning 6 yrs old & up Kung Fu 4:00-4:50pm
	Child & Teens 8 yrs old & up Self Defense & Physical Training 6:00-6:50 pm	Orange Belt & Up Kung Fu 6:00-6:50pm	Child Beginning 6 yrs old & up Kung Fu 6:00-6:50pm	Orange Belt & Up Kung Fu 6:00-6:50pm	School Team 5:00-6:50pm
	Private Lesson (By appointment)	Private Lesson (By appointment)	Private Lesson (By appointment)	Teens & Adults Self Defense & Physical Training 7:00-7:50 pm	Private Lesson (By appointment)

* Private Lesson: Tailored Form/ Weapon Lesson/Tai Chi/QiGong/Physical Training