



International Chi Institute 2023 Kung Fu Summer Camp



Daily Activity	
Time	Activity
8:30-9am	Arrival Time & Game
9am-12pm	Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching, etc.
12-12:30pm	Lunch
12:30-1pm	Pick-up & Arrival Time & Game
1 - 4pm	Outdoor activity in a park, Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching, etc.
4-4:30pm	Art / Craft Activity
Before 6pm (For free)	Campers can stay in the studio until 6pm to wait for pick up

Kung Fu Summer Camp is a fast and fun-filled skill building sessions. The emphasis are on building flexibility, strength, corrdination, agility, and confidence.

6 yrs-old & up - Limit to 25 kids

Summer Camp Schedule			
Session	Dates	Session	Dates
1	6/12 - 6/16	5	7/10 - 7/14
2	6/19 - 6/23	6	7/17 - 7/21
3	6/26 - 6/30	7	7/24 - 7/28
4	7/3 - 7/7 (Pro-rate)	8	7/31 - 8/4

Registration Fee: \$50

Uniform Set: \$75

Special offer :

- Early Bird Discount: register before March 1
- Sibling Discount: 20% off
- Special discounts (register 4 weeks or more):
Additional 5% off & one free set of uniform (T-shirt + pants + shoes)

Full Day Fee	Half Day Fee -morning or afternoon
(Include lunch) \$414/session before or on Feb 28 \$460/session after Feb 28	(Morning session include lunch) \$252/session before or on Feb 28 \$280/session after Feb 28

Refresh lunches are provided by [Orchid Pavillion Cafe](#) and [Alameda Pizza](#)



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